

OBSERVER ON SATURDAY

June 4, 2016

REVIVED, RELIABLE AND READ

E4.60 (VAT inclusive)



YOUR MAJESTY: His Majesty King Mswati III meeting one of the delegates of the SADC Parliamentary Forum at Lozitha Palace on Thursday evening. The forum was in the country for the 39th Plenary Assembly Session. (Pic: Simon Shabangu)

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MISS PHOTOGENIC MODEL 2017

ONE LIKE IS A VOTE

It is the time of the year when we have to select the Swazi Miss Photogenic Model. We have to select a woman who is not only beautiful but also a role model. We want to see a woman who is a Swazi Miss Photogenic Model. The vote you cast will be counted towards the 2017 Top Photogenic Model. (Photo: Mthembu)

L&E PULLOUT

SCANDAL: MTN EMPLOYEE LEAKS CUSTOMER DATA

● Company dealing with matter internally

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**COPS STILL
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**10 YEARS
FOR EXPOSING
PROTECTED
WITNESSES**

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By Bodwa Mbingo

SHANMUGA MAY BE TRIED FROM HIS HOME COUNTRY

...This follows local law that is being crafted to allow suspects and witnesses to attend local court proceedings from anywhere in the world

To avoid costs from being incurred by the State by indicting former Salgaocar Boss Shanmuga Rethenam, who is wanted by the country for a string of crimes including fraud and tax evasion, the Malaysian could be tried for the crimes by the country's High Court from his home country.

Shan, who is also wanted for theft of close to E1 billion, last month saw the Director of Public Prosecutions (DPP) Nkosinathi Maseko charge him with 14 counts including fraud, money laundering, cheating public revenue and theft. He also charged him with contravening the Income Tax Order. Following the move by the DPP, Shan was expected to be served with the charges by the State in his home country and called to appear before the High Court on June 30, 2016 to prepare for a trial.

However, a new law that seeks to allow accused persons and witnesses to attend court proceedings locally even if outside the country may ease the burden on the State. This will be once it comes into full effect after being passed into an Act of Parliament. The law comes with the use of Audio-Visual Links (AVL) that will allow the accused or witness to be part of the court proceeding even if he/she is not present in person for the trial.

AVL in relation to the appearance of a participant at any proceeding means facilities that enable both audio and visual communication between participants when some or all of them are not physically present at the place of hearing the proceeding. The use of AVL in court proceedings is provided for in the Courts (Remote Participation) Bill, 2016 crafted by Minister of Justice and Constitutional Affairs and is expected to be enacted to law by His Majesty King Mswati III once passed by parliament.

Section 2 of the Bill provides that a participant in such an arrangement to be determined by a Judicial Officer



TO BE TRIED AT HOME: Former Salgaocar Boss Shanmuga Rethenam.

presiding over the case could be a party to the proceeding, the accused person, counsel, amicus curiae, a witness and a member of the bench such as but not limited to court assessor. Others include the registrar, assistant registrar or clerk, a judicial officer who is presiding over the proceedings or any other person who has a direct interest in the matter or who the judicial officer considers appropriate. Section 11 (1) states that a participant who appears at a proceeding by the use of AVL is regarded as being present in the place of hearing at the proceeding. Subsection (2) proceeds to state that such applies whether or not that participant is in

Swaziland.

Section 14 state that; "For the avoidance of doubt, a judicial officer presiding in a proceeding in which AVL is used shall have all the powers that judicial officer would have if the participant appeared in person".

It is further stated in Section 5 of the Bill that: "A judicial officer shall also consider, in making a determination in this Act, whether or not to allow the use of AVL for the appearance of any participant in a criminal proceeding, the potential impact of the use of the technology on the effective maintenance of the right of the accused person to a fair trial, and on the accused person's right associ-

ated with the hearing and, in particular –

- (a) The ability of the accused person –
- (i) To comprehend the proceedings;
- (ii) To participate effectively in the conduct of their defence;
- (iii) To consult and instruct counsel privately;
- (iv) To access relevant evidence; and
- (v) To examine the witnesses for the prosecution;
- (b) The level of contact the accused person has with other participants; and
- (c) Any adverse impression that may arise through the accused person or any participant appearing by means of AVL, and whether that adverse impression may be mitigated.

Meanwhile, Shan has still not pleaded to the charges, which were allegedly committed between 2011 and 2015, before the local iron ore mine was liquidated after plunging into deep financial quandary. Shan is the president and founding director of Salgaocar Resources Africa Limited, a company operating in Singapore and an executive chairman of SG Iron Ore Mining, which was formerly known as Salgaocar Swaziland. Salgaocar Resources Africa limited allegedly held 50% shares at SG Iron Ore Mining. The other two directors for SG Iron Ore Mining were King's Office Director of Administration

Sihle Dlamini and Secretary to Cabinet Mbuso Dlamini, who held 25% shares each on behalf of the King in trust of the Swazi nation and government, respectively.

The accused are charged with three counts of fraud. Shan and Salgaocar Resources Africa Limited are alleged to have committed US\$25 million fraud between June and September 2012. They allegedly misrepresented that the directors of SG Iron Ore Mining had resolved and signed loan agreements with Salgaocar Resources Africa Limited. The figure amounts to E377.5 million when converted using yesterday's lilangeni US dollar exchange rate of 15.1.

"When the accused executed the aforesaid resolutions they well knew and ought to have reasonably known that the quorum for convening a meeting of the board of directors shall at all material times include Sihle F Dlamini and Mbuso C Dlamini," read the charge.

The DPP's summary of the evidence alleged that Shan's alleged dual role created a heavy conflict of interest in the financial and administrative affairs of SG Iron Ore mining.

"This enabled him to manipulate the administrative functions of Salgaocar Swaziland (SG Iron Ore) and thereby creating a conveyor belt of flow of funds from the bank account of Salgaocar Swaziland into the standard bank Dubai account of Salgaocar Resources Africa Limited," it was alleged.

10 years for blowing cover of protected witness

Stories by Bodwa Mbingo

Blowing the cover of a protected person who is a witness in a serious offence and is therefore under extreme threat will soon come with serious consequences to offenders.

That is because any person that will be found to have blown the cover of that protected witness as provided for by the Witness Protection Bill of 2016 will be convicted and jailed for 10 years. That person also faces a fine not exceeding E15 000 or both. Some of the serious offences in respect of which a witness or related person may be placed under protection include offences relating to the dealing in or smuggling of ammunition, firearms, explosives or armament or the possession of an automatic or semi-automatic firearm explosives or armament or any offence under the Prevention of Organised Crime Act. The new Witness Protection Bill, 2016 that has already been published in a government gazette seeks, for the first time, to establish a witness protection programme in the country by making provision for the protection of witnesses in serious offences

...The new Witness Protection Bill, 2016 that has already been published in a government gazette seeks for the first time to establish a witness protection programme in the country by making provision for the protection of witnesses in serious offences who are under threat

who are under threat. It also seeks to encourage members of the public to come forward to give evidence as witnesses in criminal cases by offering effective protection to them and also outline the procedure to be followed for a witness to be placed under such protection.

With all that provided for, there shall also be appointed a Director for the witness protection programme and witness protection officers to carry out the provisions of the Act once it comes into force on a date to be appointed by the Minister of Justice and Constitutional Affairs by notice in the Gazette.

Section 26 (1) of the Bill, which comes with the penalties attached to the above offence refers to any person who wilfully or negligently allows any unauthorised person to gain access to any protected person or wilfully or negligently discloses the identity of the protected person, information that a particular pro-

tection person is under protection, the place of safety or location where any person is under protection or has been relocated to in terms of the Act. The offenders will also be convicted for disclosing any information which could lead to the identification of a protected person or any place of safety, any information which undermines or compromises the integrity of a witness protection programme in terms of the Act, any information relating to the relocation or change of identity of a protected person or wilfully or negligently discloses any information which that person has acquired in the exercise of powers, performance of the functions or carrying out the duties conferred upon, assigned to or imposed by the Act.

Section 26 (2) further reads that: "Any person who wilfully interferes with, or hinders or obstructs the Director or any other member of the Office in the exercise, performance or carrying out of any of the

powers, functions and duties contemplated in the Act; or with intent to gain for himself or for any other person protection in terms of the Act, makes a false statement or furnishes information that is untrue or misleading shall be guilty of an offence and on conviction be liable to a fine not exceeding E7 500 or to imprisonment for a period not exceeding five years or both".

The other offences in respect of which a witness or related person may be placed under protection include treason, sedition, murder, rape, public violence, robbery, kidnapping, defeating the ends of justice, perjury and any sexual offence against child or a person who is mentally disabled. They also include any offence under the Medicines and Related Substances Act, 2016, any offence under the Opium and Habit Forming Drugs Act, 1992 and the Pharmacy Act, 1929 and any other offences that may be prescribed by the Minister of Justice.

Witnesses may be hidden in other countries

The Witness Protection Bill of 2016 provides that in some cases of witnesses to serious offences who are under threat the country government may enter into an agreement to place them in witness protection programmes outside the country. Section 24 (1) of the Bill dictates that: "The Minister (of Justice and Constitutional Affairs) may enter into an agreement, either in general or on specific terms and conditions, with any international body, institution, organisation or foreign country in order to place a person who is being protected under a witness protection programme administered by that body, institution, organisation or country, under protection in terms of the Act; or admit a protected person to a witness protection programme administered in terms of any law applicable to that body, institution or organisation in that country."

The Bill also provides that the Director for the witness protection programme shall before placing a witness or related person under protection enter into a written protection agreement with the witness; and where applicable, enter into a separate written protection agreement with each related person, setting out the obligations of the Director and the witness or related person in respect of the placement of the witness or related person under protection.

Scandal: MTN employee leaks customer data

COVER STORY

By Bodwa Mbingo

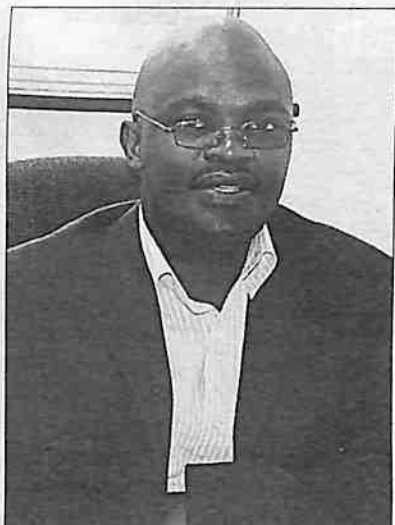
In what could be termed as a gross breach of confidentiality on its customers, a snitch has been caught leaking confidential personal data to the public within mobile phone network service provider, MTN Swaziland.

The spy, it turns out, is an employee of MTN Swaziland, a subsidiary of MTN Group.

In reaction to the shocking incident, that has literally dragged the name of the local company through the mud and placed the general public's confidence in the company in keeping their private data in strict confidence, MTN has moved swiftly to suspend the employee, pending a full investigation into the matter and a possible disciplinary hearing.

Information gathered by the Observer on Saturday, can reveal that the MTN employee made public confidential information about how much the company's customers had in their Mobile Money accounts.

This has therefore raised eyebrows amongst a huge number of MTN customers about the confidentiality of data that is within the possession of the company. Observers, on the sidelines, feel there is nothing that could hold the employee from further disclosing more confidential information, such as conversations amongst customers during phone calls made, as well as SMSes that are passed around, if such information is at their fingertips and can be passed around willy-nilly. "This means that even the whereabouts of a customer can be relayed to any other person, as the company probably has a way of determining the location of where a phone call is made from. It also means that conversations amongst customers can be assessed and passed on to other people," decried a concerned customer.



CONFIRMED: MTN Corporate Affairs Manager Mandla Luphondvo.

It took a decision by one of the aggrieved customers to report the culprit to the company that action was eventually taken against the employee.

MTN Corporate Affairs Manager, Mandla Luphondvo, (when reached on the matter) confirmed that such an incident had been reported to the company.

"We are aware of the incident reported, where there was an alleged breach of confidentiality. This matter is being investigated, and will be dealt with in accordance with company policy. Swazi MTN takes confidentiality of customer information very seriously. We remain determined to uphold the highest levels of confidentiality of customer information," said Luphondvo when referring to questions from this publication. The incident has since been viewed by observers as one that breaches confidentiality, that jeopardizes the company's relationship with its customers. It has been seen as one that can put customers in danger if information about their account balances are easily accessed and disclosed,

especially with the maximum amounts that can be kept in the Mobile Money account having been increased to E25 000.

It all started with the said employee being involved in a Ponzi scheme, that has hijacked MTN's Mobile Money service, making it its conduit to move monies between depositors who are part of their membership. Members of the Ponzi scheme in question, have a Whatsapp group where they convey messages of their various transactions made through the Mobile Money service. It was through the group that the employee divulged such confidential information of the various customers' Mobile Money accounts' balances.

Reached

The affected customers had reached a point when they were no longer paying back money owed to the other Ponzi scheme members, claiming they were broke hence could not make the transfers. The only logical thing, that the employee felt was appropriate, was to expose them by assessing their accounts to check how much they had before publishing such information on the Whatsapp group to force them to pay.

"After this had gone on for some time, with the members' accounts balances being disclosed within the group, one of the affected members decided enough was enough. That is when the employee was reported to the company and appropriate action was taken," disclosed our source. Several Ponzi schemes have mushroomed in recent months in the country, touting their members to make deposits through mobile money instead of commercial banks, where deposits and withdrawals are otherwise easily traced by the watchdog; the Central Bank of Swaziland (CBS) in cases where they suspect Ponzi schemes activity is ongoing. These schemes promise as much as 50% interest, with some as much as 100% (depending on the period taken before receiving the investment return).

Matsapha traffic: headaches in, out of Manzini today and tomorrow

By Ackel Zwane

Motorists and the public are advised that, due to the ongoing road rehabilitation works taking place between Manzini and Matsapha, there will be traffic disturbances for vehicles coming in and out of Manzini city today and tomorrow.

The municipality's Public Relations Officer, Mathokoza Thwala (in a statement issued yesterday) said one lane would be open to traffic in and around the KaKhoza traffic, intersection, from nine this morning to late in the evening tomorrow. He said the lanes

would be closed about 200 metres from the traffic lights (for the Matsapha-Manzini direction) and 200 metres after the traffic lights (for the Manzini-Matsapha direction).

"The disturbance is necessitated by rehabilitation works that the contractor, Kukhanya (PTY) Ltd, will be carrying out at the KaKhoza cross junction. Members of the public are advised to properly plan for their trips and leave home earlier than usual, so that they arrive at their destinations on time. Alternatively, they are advised to use alternative routes, into and out of Manzini city, over the weekend."

He assured that traffic police would be on site to monitor and ensure a smooth flow of traffic. Motorists are also urged to observe the traffic signage that will be put on the road, as well as exercise patience when using the road.

"Council and the Ministry of Public Works and Transport are appreciative of the tolerance that has been exhibited by motorists and the general members of the public ever since the rehabilitation of the road started. The patience will certainly pay off as there is no doubt that after the construction works, motorists will enjoy an excellent driving experience into and out of the city."

Cops probing themselves in magician's death

By Sandile Nkambule

Following the brutal death of well known Mbabane Magician Mduzuzi Gama allegedly at the hands of the police, the Police are investigating themselves.

This comes after an eyewitness saw two police officers, fully clad in uniform, dump the deceased in the middle of the road, near Mvakwelitje, where he later died minutes after their departure.

Information gathered from well placed sources, is that the police car, the two suspected police officers were using, has been found but the two are still missing, as they vanished into thin air immediately after the incident.

Obtained

The names of the two could however not be obtained, as the police are still investigating the incident that has sparked 'fireworks' in the country. Both the family of the deceased and members of the public are demanding answers on what really happened. Although the names of the two officers are still not known, the police have stated, they will leave no stone unturned in making sure that the suspects are brought to justice.

Chief Police Information and Communications Officer (CPICO) Superintendent, Khulani Mamba, when called for comment yesterday said, so far there has been nothing concrete to state that the police are investigating themselves, as fingers point at some of their own. "So far police are investigating the matter, but we have not yet come up with something concrete, since it is too

early, we are using the information we have and have launched internal investigations of our own. We are aware that the family of the deceased and members of the public (at large) want answers of what transpired. We would like to assure that we will leave no stone unturned in getting to the bottom of the matter," Mamba said. He said, they have been running from pillar to post trying to fix the puzzle, as no one has owned up, but they will definite update members of the public.

Gama died in the early hours of Thursday morning after allegedly being dumped, by the two uniformed police officers, near the shopping complex at Mvakwelitje. The shocking incident was witnessed by a female vendor who was preparing her wares for the day's business. According to the eyewitness, the two police officers allegedly drove to the scene and dropped off the deceased, who was by that time still alive since they hastily assisted him off the police vehicle and gave him his belongings before driving off. He died immediately.

The eye witness said, she arrived at her vending business area (just before 5am) with the police vehicle arriving about five minutes later, with the deceased being left in the middle of the road and was found writhing in pain, before two security guards, who were passing by, assisted in removing him of the main road, before succumbing to death.

The police officers who are alleged to have dropped off Gama are said to have disappeared into thin air after the news that he later died at Mvakwelitje.

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Robber accidentally kills accomplice

PRETORIA - Things ended badly for two robbers after one of them accidentally killed the other during a shootout with security officers.

The robber was unintentionally killed by his alleged accomplice in a shootout with a security firm during a robbery in the east of Pretoria.

Police spokesperson Sergeant Asnath Malatsi said two robbers entered business premises on the corner of Wekker Road and De Villebois Mareuil Drive in Moreleta Park at about 3:40am, Rekord East reported.

"They must have triggered an alarm that summoned a security firm," she said.

Reacted

Brinant security reacted to the robbery and shots were exchanged. Malatsi said the robbers opened fire and one of them accidentally shot the other in the head during the rapid shootout with the security firm.

"A security officer was also caught in the crossfire and was later transported to hospital," she said.

Netcare911 spokesperson Athlenda Mathe said medics responded to a call about a man shot in Moreleta Park.

One of the robbers was declared dead on scene by medics.

"The other man was moderately injured, after he was shot multiple times. He was stabilised on scene before he was transported to a nearby hospital," she said.

citizen

Civil servant claims E74 000 medical expenses from govt

By Mbono Mdluli

The Public Accounts Committee (PAC) has expressed its disgruntlement over the way in which people are reimbursed their medical bills each time they get treatment in hospitals outside the country.

They have said this after it was revealed that there was a civil servant that was reimbursed money that amounted to E75 000.

This was yesterday during the appearance of the ministry of finance before the PAC. The PAC members wanted to know what procedures were followed in order for people to be reimbursed after getting medical treatment.

This prompted Mafutseni Member of Parliament Christopher Gamedze to ask what the function of Phalala Fund was. "This then tells me that this particular civil servant did not deserve to be catered for in Phalala Fund because the fact that he or she was able to pay for the medical expenses meant that she or he could afford to pay," Gamedze said.

Acting Accountant General Elizabeth Matsebula explained that there were two of the schemes that catered for patients who needed treatment outside the country. "There is Phalala Fund and the Civil Servants Medical Aid Scheme.

Phalala Fund was meant to help ordinary Swazis, especially those who cannot afford to pay because they have no source of income.



ASKED: Mafutseni Members of Parliament (MP) Christopher Gamedze and PAC Chairperson Thuli Dladla.



The civil servants scheme was meant for government employees and their children," Matsebula said.

She went on to explain that it happened a few years ago, government did not have money to pay for such medical expense. She said when a person under the civil servant scheme had to be treated out of the country, the government would have challenges in paying for the civil servant.

The civil servants would then find other means to pay for themselves and come back to claim a reimbursement from the ministry of health.

The PAC was not satisfied with this explanation, stating that they wanted to know who authorised the ministry of health to do the reimbursements. The members of the com-

mittee also pointed out that there was no clear criteria that was followed to fork out the reimbursements. They called for stringent measures to be adopted when this exercise was implemented.

PAC Chairperson Thuli Dladla stated that as it was, the money for reimbursing the patients could be open to abuse. "A patient can go to a place like Nhlazatje in South Africa and tell a doctor to sign a document that confirms that the patient has been treated by that doctor, with the medical expenses shooting up to E50 000," Dladla said. She said such a person can then use the money to do anything.

It was then said that the right answers will be sourced from the ministry of health when it appears again before the PAC.

Broke Swazi TV outsources licences revenue collection

By Bodwa Mbingo

Embattled and broke local state television broadcaster, the Swaziland Television Authority (STVA) otherwise known as Swazi TV is now outsourcing the collection of revenue from television licenses around the country.

Currently, a television license costs E180 a year.

The station is currently involved in a forensic audit into the alleged looting of funds at the public television broadcaster. Preliminary investigations have already uncovered that actually the money whose trace has to be investigated is over E50 million as opposed to the sum of about E40 million that was previously revealed.

The official in charge of the audit comes with great repute and secondment by government after successfully uncovering rot in the embezzlement of funds at public garage, the Central Transport Organisation (CTO) leading to the arrest and conviction of former Director Polycarp Dlamini, who is currently serving jail time at the Sidwashini Correctional Services.

In a latest move to try and raise as many funds as possible, the station has since invited interested revenue collection agency firms with automated systems to apply to provide the service of collection of revenue on its behalf.

The interested companies have been called upon to demonstrate an ability to enhance customer database expansion while indicating revenue collection projection and costs of doing business.

Swazi TV's Public Relations Officer Nomcebo Malinga said the obligation of the



STATION'S MOUTHPIECE: Swazi TV Public Relations Officer Nomcebo Malinga.

station was to ensure that revenue from licenses holders is collected countrywide. She said such would help in ensuring that they have enough money to improve content in the station's programmes.

"Swazi TV is a national broadcaster and we pride ourselves in that. We therefore need to maximise in the collection of revenue and the collection of TV licenses revenue is also essential.

We need to boost the way the money is collected and every Swazi needs to respond to our drive," she said.

She also highlighted that this year alone they have been impressed with the response coming from the public ever since they made some public awareness campaigns. She said so far the licenses are payable at the station at the Hospital Hill in Mbabane and in various post offices around the country.



NOTICE TO ALL MEMBERS OF THE GENERAL PUBLIC ON GLOBAL FOREX INSTITUTE

The Financial Services Regulatory Authority (FSRA) has noted with concern that the Global Forex Institute has launched a branch in the country and invited Swazis to register for courses on forex trading to transact without authorization by the FSRA as an Investment Adviser or Financial Services Provider, contrary to the provisions of Section 35 of the FSRA Act, 2010 and Section 28 of the Securities Act, 2010.

The provisions of both Acts prohibit a person to provide or hold himself or herself out as being able or authorized to provide financial services in Swaziland unless that person is licensed under the legislations.

Global Forex Institute is not authorized to carry on business in Swaziland and poses a real threat to the general public in the form of misleading and confusing them.

The FSRA hereby notifies all members of the general public to cease from any dealings and association with Global Forex Institute and to refrain from dealing with unregistered financial service providers who pose as authorized financial service providers only to disappear and not honor obligations in terms of the FSRA laws.

FINANCIAL SERVICES REGULATORY AUTHORITY

NEDBANK warns clients on phishing scams

By Sandile Nkambule

Following recent reports of people that have allegedly lost thousands of Emalangeni to fraudsters through phishing, NedBank Swaziland has warned its clients to be extra careful.

Phishing scams is when fraudsters trick someone into providing bank or credit card information by sending fraudulent emails or SMS purporting to be from one's bank or appearing to be from legitimate enterprises in the form of universities, or other service providers.

Generated

These messages that are generated by crime syndicates usually direct one to fraudulent websites or get one to provide confidential information, which when obtained will be used to commit fraudulent transactions.

Although the bank states that a text message currently circulating 'To all people using NedBank, please do not confirm any banking details on call, people are receiving calls, messages from individuals who claim to be working for the bank, they will confirm all your details including your card number

- Bank makes it happen by warning of fraudulent text messages
- Unsuspecting bank customers getting fraudulent emails tricking them into providing bank, credit card information
- Police also warn against giving information to anyone except bank employees when requested to



BE WARNED: NEDBANK alerts customers of fraudulent emails tricking them into revealing their banking information.

and will tell you have won money, be careful guys please spread the word,' as part of the message, does not originate from the bank,

NedBank however has come out to warn members of the public against phishing.

In a statement issued by the bank

yesterday, Management stated that the bank will never ask for any confidential information or bank account details over the phone or email.

Further clients according to the bank should never divulge personal or banking details of any nature over the phone either by SMS or call.

Customers have been advised to visit the bank's branches or speak to the bank's relationship manager when suspecting anomalies, and further use protected websites and ensure passwords are secured.

The bank has also advised that customers must ensure that they confirm any change of banking details with someone they usually deal with in the organisation before making any changes to beneficiary accounts as beneficiary scam usually directed to corporates involves a fraudster contacting you by fax or email, requesting that one changes to beneficiary accounts.

"Do not publish your bank account details on the internet or any other public platforms, since this

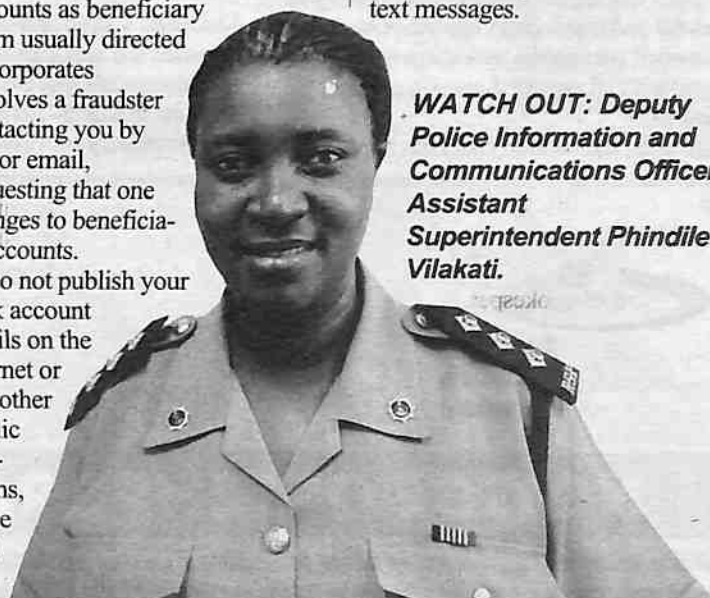
confidential information can be used fraudulently to trick customers into making payments into fraudulent accounts," reads part of the statement.

Meanwhile the Police have also sent warnings to members of the public to be on the alert about such scams further making mention of 'get rich quick' schemes.

Deputy Police Information and Communications Officer (DPICO) Assistant Superintendent Phindile Vilakati warned that people should not respond to such messages as they may fall victim of such scams.

According to Vilakati, the only way that people make money is to work for it not to be fooled into believing that they will be rich by joining 'get rich quick' schemes and responding to such fraudulent text messages.

WATCH OUT: Deputy Police Information and Communications Officer Assistant Superintendent Phindile Vilakati.



TSC investigating itself against corruption

Stories by Mbono Mdluli

If there is an officer that is corrupt at the Teaching Service Commission (TSC), it would be wise to stay away from such bad practices urgently because there are intense investigations that are aimed at uprooting such bad practices within the commission.

TSC Chairman Simanga Mamba assured everyone who was concerned about such allegations that they would soon be looking into such. He appreciated the fact that members of the public, especially the teachers, were complaining about the manner in which they were treated by the officers of the TSC.

"We do not want to defend ourselves in this matter because the concerns might be true. We had a meeting with the secretariat and we talked to the officers to find out where the corruption allegations are coming from," Mamba said. Mamba, however, did not state what came out of that meeting they had with the secretariat. He also did not state if they found anything from the officers or not. However, he did state that they were working on cleaning out any cor-

rupt practice within the TSC. He asked for patience from the principals and all affected people. He urged members of the public, especially the principals to guard against corrupt practices that could come from them to the officials of the TSC.

"Tips are only offered in restaurants, not within the TSC. If there is any official that tells you to offer any tip in order to give an executive member, you must then inform that member, telling him or her that you have left the parcel with that official," Mamba said.

He noted that at times, such allegations would rise from the fact that there were so many teachers around the country. He said there were 15 000 teachers, who wanted services from TSC officers who were less than 20. That would cause such inefficiencies, but, according to Mamba, that was not to justify the harsh treatment that teachers are said to be receiving from some TSC officials. He said they were working at normalising such issues. Mamba encouraged principals to report bully TSC officials to them so that they could be able to deal with them.

Principals to fry for keeping ghost teachers

Principals who do not report ghost employees in their schools to the ministry of education and training will be charged for doing such.

This was said by TSC Executive Secretary Mduduzi Nkambule. This was after some principals raised a concern over the availability of teachers who were not known in their schools yet they were paid using post in their schools. Nkambule said the obligation to report such rested with the principals themselves.

"If a teacher is paid at your school yet you have never seen him or her, you have to report that teacher.

If you do not do that, you will surely be charged for that," Nkambule said.

He said that was done to avoid situations whereby government money would be used to pay a person who was not even working for that money. He also urged his human resources

personnel in the TSC to make sure that before transferring a teacher, they should make sure that his or her post was available in that school to which he or she was transferred. He also urged principals to tell them if their schools were overstaffed.

He said some schools were short of teachers yet some were in schools where they were doing nothing. Nkambule was making a first public address since he resumed his duties as TSC Executive Secretary. He started working on Friday last week after he was suspended on corruption allegations. He was eventually acquitted on those charges by High Court Judge Titus Mlangeni. When he first took to the podium, he greeted the teachers with a smile written on his face. The principals responded with a huge round of applause, showing that they were happy for him. At that time, he was introducing the TSC Chairman Simanga Mamba.

NOTICE TO CUSTOMERS

TEMPORAL CLOSURE OF BHUNU MALL TELECENTRE AND INTERNET CAFÉ

Our valued customers and the public are notified that the Bhunu Mall Telecentre and Internet Café will be closed from the 4th June to 13 August 2016, due to renovations.

For any services, customers are requested to use the Riverstone Mall Telecentre and Internet Café.

We apologise for any inconvenience our customers and stakeholders may experience during this period and would like to reassure all our customers of our continued commitment to service excellence.

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Nganono is a serial offender - Mhlongo

By Linda Jele

The Chief Executive Officer of the Municipal Council of Mbabane Gideon Mhlongo has labelled Mahwalala Councillor Sabelo Nganono Manyatsi as a serial offender.

He has described Manyatsi's conduct, as a councillor unbecoming, judging from alleged several disciplinary proceedings instituted by the council against the former member of the Swaziland Umbutfo Defence Force (USDF).

This is contained in Mhlongo's affidavit on behalf of the council which was responding to Manyatsi's application to review and set aside his suspension for two months for insulting the CEO in a text message.

Manyatsi has argued that the suspension was unlawful and were ultra vires the powers of the council because he was suspended for an alleged act that occurred outside council meetings.

However, the council CEO has argued that



TROUBLESOME?: Nganono Manyatsi.

Manyatsi's argument was not true and has opposed the application.

Mhlongo has said prior to Manyatsi's suspension in March 2016, there were a number of disciplinary processes the council had

instituted against him.

"His conduct in general is unbecoming of a councillor. Whilst the disciplinary process in respect of the offences was on going, the applicant (Manyatsi) in typical fashion, committed further acts of misconduct, which related to the violation of Article 4.1 (b), (c), (k) and (l) and Article 13.1 (a), (b), (c) and (d) of the code of conduct," Mhlongo said.

He quashed Manyatsi's argument that the standing orders under which he was charged were not binding to the current council because they were not adopted by the councillors upon taking office.

He said the standing orders had been put in place by the minister of housing and urban development, therefore, were operational. He said they could only be set aside by the minister or a court of law.

Mhlongo submitted that Manyatsi was charged by his fellow councillors.

"It is applicant's peers who were of the view that he had committed misconduct and

had violated the standing orders and the code of conduct," he said.

He said the sub committee comprising three elected councillors made recommendations to the mayor who then issued a ruling to suspend him for two months.

He said the sub-committee had applied its mind when it ruled that it had powers to discipline Manyatsi on an act that had occurred outside of council meetings.

He said the court could not review the decision because the review on its own, was aimed at the decision making process as opposed to the outcome. He also argued that the committee had not committed an error of law in relation to the finding on jurisdiction.

He stated that Manyatsi was once again found guilty by his peers, to have unlawfully diverted a truck to dump soil in an undesignated area in Mahwalala.

He was again suspended and a recommendation to remove him as councillor was made to the minister of housing and urban development.

"The applicant (Manyatsi) has persistently acted in total disregard of all rules and procedures governing the conduct of councillors to the detriment of the Municipal Council of Mbabane's integrity," Mhlongo said.

Robinson Bertram Attorneys appear on behalf of the council in the matter and it is pending before court.



Swaziland
Electricity
Company



NOTICE OF TEMPORARY ROAD CLOSURE

Notice is hereby published in terms of Section 71 (1) of the Urban Government Act No. 8 of 1989 that there will be a temporary day closure of streets to traffic on Sunday the 05th June 2016 between 8a.m. and 4p.m. as per the attached diagram below.

This is to facilitate the installation of underground cables by the Swaziland Electricity Company (SEC), for road rehabilitation towards the new MVA Building along Mhilibhi Street.

The following streets will be affected;

- Corner Somhlolo Road and Mhilibhi Street
- Corner of Mhilibhi street and King Moshoeshe Street

This project entails the cutting of the road and pavements on the listed streets by Mornond Electrical to lay electricity cables. The public is encouraged to use alternative routes where possible.

We apologise for any inconvenience that may be caused during this period.



KEY CLOSED PORTION

CONTACTS: Simanga Dlamini
Regional Engineer
76351820

Mvimbi Zubuko
Grant Superintendent
76024502

Had I not been suspended there would be a new mayor - Nganono

Nganono Manyatsi says the Municipal Council of Mbabane would be having a new Mayor had he not been suspended.

The council, in April 2016, conducted mayoral elections where-in Benito Jones retained his post. However, the elections were conducted in the absence of Manyatsi who was serving a two months suspension for allegedly insulting CEO Gideon Mhlongo via a text message.

The suspension is expected to lapse on June 13, 2016 where upon he will serve another suspension imposed by the council after he was found guilty of having diverted a truck to dump debris in an area not designated, without lawful authority.

Manyatsi, in his papers, has alleged that the suspension was unlawful and was deliberately imposed so that he could not participate in council meetings.

He said one of such meetings he was prevented from partaking in, were the mayoral elections.

"If I had not been unlawfully, suspended from attending council meetings, the Municipal Council of Mbabane would be having a different mayor at the present moment," he said.

He never mentioned who the new mayor could have been, had he been present in the elections.

He argued that the suspensions were imposed on him after he was unlawfully charged for issues that fell outside council meetings and sub-committees.

He is represented by lawyer Bongani Dlamini of BS Dlamini and Associates in the matter.

Mkhitsini couple get E100 000 bail for dagga

By Linda Jele

A couple from Mkhitsini has been granted to E100 000 bail after they were found in possession of 280kg of dagga.

This is the collective value of the amount the couple, Doctor and Thobile Kunene, aged 60 years and 50 years, respectively, were nabbed by Nhlanguano Police carrying the substance on May 27, 2016 in Mkhitsini. They were arrested and kept at the Nhlanguano Remand Centre after appearing at the Nhlanguano Magistrates Court.

Yesterday they filed an urgent application through their lawyer Siphon Mnisi of SS Mnisi Attorneys. The matter appeared before High Court Judge Qinisile Mabuza and the crown was represented by Senior Crown Counsel Stanley Dlamini. Dlamini had initially said the crown could only accept E10 000 cash for each of the accused as bail. He said this was because the amount of dagga they were nabbed carrying was too high.

However, their lawyer, argued to the court that the amount was too high and after intense arguments, it was fixed at E50 000 and they were ordered to pay E5 000 and provide surety to the value of E45 000 each.



In separate affidavits, filed by their attorney, they submitted that they were desirous of being admitted to bail and undertook that they would not abscond trial. They claimed that they intended to plead not guilty to the charges against them. They submitted that they had a good defence to the charges.

They also promised to abide by all bail conditions.

"I am advised and verily believe that my trial is unlikely to be concluded within the next 12 months. I humbly submit that I support myself and children who depend on me for a living. If I remain in prison, while awaiting trial, my dependants will suffer immensely. Currently, there is no one at home taking care of my children," Doctor said.

They submitted that if granted bail they would reside at the parental home at Nkoneni.

They also submitted that they were sickly and their cold temperatures would worsen their sicknesses if they were to be continually kept in prison. They submitted that the police had concluded their investigations and undertook not to interfere with crown witnesses.

They were directed to report to the Nhlanguano Police Station on a monthly basis and to report to court whenever called. They were also directed to hand over their travel documents to the police and to never leave the country pending finalisation of their trial.

Ministry recovers over E70 000

By Mbono Mdluli

The Public Accounts Committee (PAC) was joyful, yesterday in Parliament, to hear that the ministry of finance was able to recover at least E70 480 in the past financial year as per the recommendations of the PAC.

This was after Minister of Finance Principal Secretary (PS) Bheki Bhembe. The money recovered was owed by various people who had been working, or are still working for government.

Bhembe mentioned that there was an officer that was owing government E32 000 in respect of salary overpayments and rent arrears.

Bhembe could not mention names of the officers in Parliament.

He stated that the officers were, in most instances, cooperative in paying back the money belonging to the state.

Other money that was recovered by the ministry was E26 000 from another officer. However, it was not clear why that money had to be cleared from the officer.

The ministry also recovered E12 480 from an officer who was illegally occupying a government house.

The officer was staying in the government house while he had retired.

Bhembe also told the committee that there were monies that had to be recovered and were to be taken back to the coffers of the state.

He said some other cases of this nature were referred for further investigation by the police and some were taken care of by the attorney general.

He said some of those, with the attorney general, were to be determined by the court of law in the country.

Another problem that government had been facing was the loss of money because of late payment of her debts.

To deal with this unfortunate situation, Bhembe stated that government had installed a system that would tell government of payments that had to be made.

The debts department was also established in the ministry of finance to deal with the payment of government debts.

The PS said the office was made of four officers.

This, according to Bhembe, has even led government to decrease the money accumulated from late payment. The money dropped from about E59 000 to about E24 000.

Do not fire us for looting funds - Principals

By Mbono Mdluli

School principals have called for the ministry of education not to be quick in pulling the trigger by firing them when the ministry finds out that the principals have looted funds.

This was said on Thursday by Swaziland Principals Association (SWAPA) Vice President Welcome Mhlanga. This was during the workshop that was hosted by SWAPA at Esibayeni Lodge in Matsapha. He said this addressing Minister for Education and Training Phineas Magagula.

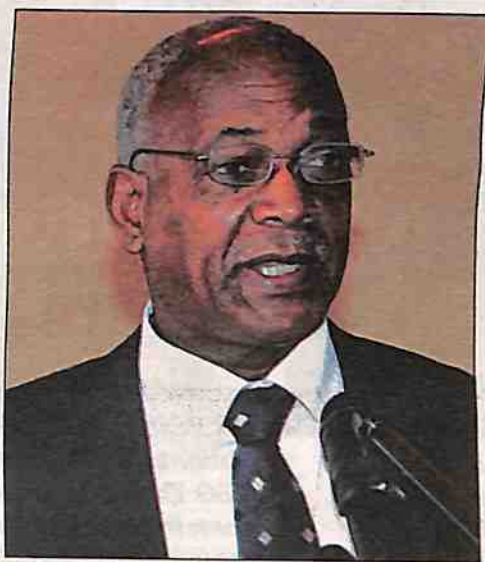
He reminded Magagula, a former principal himself, that a good teacher would not always beat a pupil who would not understand what he or she was teaching.

"What would a good teacher do if his or her pupils do not understand what she or he is teaching, even after beating them as a way of disciplining them? It would not be wise for the teacher to keep beating the children, but the teacher should change their way of delivering the content to the children," Mhlanga said. What he said was welcomed with a huge round of applause from the scores of principals who attended the event, who seemingly understood what Mhlanga was saying.

Mhlanga went on to urge the ministry of education to cultivate the culture of positive discipline.

He was of the view that firing or suspending teachers, just after discovering that they had embezzled funds, was not the solution to fight the problem.

He said the solution was for the concerned individuals and organisations to meet and discuss the problems that were pressuring the principals to commit such crimes. He said this was the only way to find solutions to the problems and doing so would help in getting rid of the problems.



PARDON: Minister for Education and Training Phineas Magagula.

In response, Minister for Education and Training Phineas Magagula told Mhlanga and the whole gathering, that he was a firm believer in positive discipline.

"I am a believer in positive discipline. I have three children and one adopted. I do not remember beating my boys, except for the girl, whom I once gave a hiding for some reason. Whenever there are problems, I sit down with my children and discuss the problem with an intention of finding out the solutions," Magagula said.

He encouraged the teachers to adopt the same strategy in their schools and the results would show.

He said it would be wise for all of the principals, teachers and the ministry to discuss these problems. He praised SWAPA for coming up with such an initiative.

He said such gatherings were a step in the right direction in fighting the problems of financial maladministration in schools.



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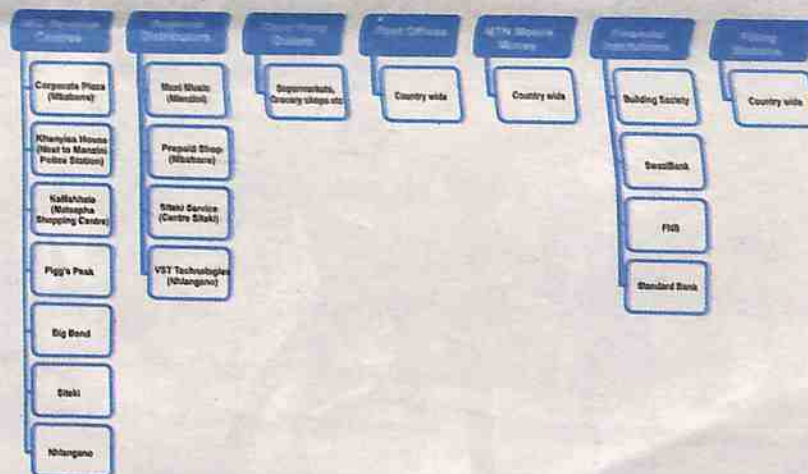
WEEKEND REVENUE OFFICES CLOSURE

SEC has over the years adequately improved access to electricity unit sales through third-party outlets, regional distributors, retailshops, post offices, banks and 24-hour filling stations.

As a result, our revenue offices will now be closed on weekends, starting from 11 June 2016. The affected revenue offices are in Hluthi, Malkerns, The Gables Shopping Complex, Bhunu Mall, Sithobela, Madlangemphisi, Matata and Mhlume.

Normal service will still be available on weekends in our strategically-located service centres countrywide, namely; Corporate Place in Mbabane, Khanyisa House in Manzini, KaMahlala in Matsapha, Pigg's Peak, Big Bend, Siteki and Nhlanguano.

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Commemoration Of 2016 World Environment Day

Thandeka Ndlangamandla

The country stands at 4.6 percent of its entire land areas under wild life protection and the number is said to be increased with the support from the Global Environment Fund to 10 percent.

This was revealed by Minister of Tourism and Environmental Affairs Jabulani Mabuza during the commemoration of the 2016 World Environment Day held at Mantenga Cultural Village. World Environment Day is tomorrow.

The minister said this was a crucial element of life's system, to go wild because wild life is a complex system that needs a balance if not so, life becomes hard. This was after he had announced the theme for the day which says 'Go Wild for life' where he stated that the theme brought one to think hard about wild life.

"In a balanced ecosystem, wildlife becomes food for the system, in a manner that life continues and no life systems will stop to exist. We therefore remain challenged as to how do we "go wild for life", he said. He said it was therefore everyone's duty to protect those threatened systems and control those that tend to over burden other systems for a balanced ecosystem. Adding he stated that the United Nations realising the need for global

action in protection of wild life and sustainable conservation and had made a call to all nations to make efforts towards strengthening their responsibility to protect species under threat, as well as ensuring conservation of all wild life species.

"The country has acceded to a number of multilateral agreements on wild life, conservation and protection of the ecosystem, thanks to his Majesty's government for its commitment," he asserted. Mabuza said protected areas were increasingly isolated as they were like islands completely surrounded by economic and non-economic activities that tended to change the balance of scale between wildlife conservation and socio economic development, adding that the country has been making tireless efforts in making sure that they restore this balance by enacting a number of legislations for the wildlife protection and conservation of natural heritage as well as designation of certain land for protection sites and game sanctuaries. He said the government

had further established public enterprises specifically to monitor the protection and conservation of the ecosystem and as well as enforcing agreed mitigation measures.

Encouraged

Moreover Swaziland Environmental Authority CEO Stephen Zuke said the theme for this year encouraged one to celebrate all those species under threat and for one to help safeguard them for future generations. He said this could be about animals or plants that are threatened within their local areas as well as at the national or global level.

"Many local extinctions will eventually add up to global extinction, whoever you are and where ever you live show zero tolerance for the illegal trade in wildlife in word and deed and make a difference. Lets go wild and report these crimes to save the lives of these wild animals and plants," he appealed. Zuke said this year's world environmental day celebrations were hosted by Angola, a country seeking to restore its elephant herds, conserve



GO WILD: Minister of Tourism and Environmental Affairs Jabulani Mabuza addressing the gathering during the commemoration of the World Environmental Day with the theme "Go Wild for Life" held at Mantenga Cultural Village yesterday. (Pics: Thandeka Ndlangamandla)

Africa's biodiversity-rich wildlife and safe guard the environment as it con-

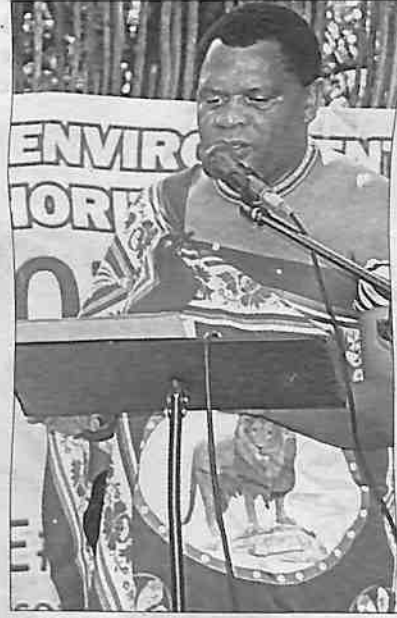
tinues to rebuild after more than a quarter century of civil war.



INYANDZALEYO: Chakalaka performing a song specially composed for the day.



TAKE ACTION: Swaziland Environmental Authority CEO Stephan Zuke making his remarks.



MY POINT: Swaziland National Trust Commission CEO Titus Dlamini also had a something to say about the protection of wild life.



WILD LIFE AND AGRICULTURE: SWADE acting CEO Zinhle Motsa making her speech.



ATTENTIVE: Some of those who came for the commomeration listening to the speeches.



GUESTS: Some of the dignitaries invited for the event listening attentively.

FURORE OVER DIVIDENDS AT SATELLITE SECURITY

...However management says those are sour grapes since the aggrieved were dismissed after they were employed by the same company

Stories by Bodwa Mbingo

Satellite Investments, a company formed in 2005 by former Ubombo Sugar employees to provide security services to the sugar producing company has been accused by some of its shareholders of having become a milking cow for some and failing to meet its obligations to the shareholders over the years.

Top management within the company is being fingered as the only chosen few shareholders and employees that are benefitting from the company's profits. There are claims that there is a 'Big Three' that is untouchable and has been accused of turning the company into a milking cow. They are accused of having the final say in everything and failing to consult with the general shareholders and amongst other things engage in ultimate planning and hiring of top management.

Satellite Investments was initially formed by a total of 55 members who all became shareholders after each injecting a startup capital of E3 000. The shareholders were all employed by the company.

Dividends

It all started well with each shareholder getting their dividends at the end of each year depending on the profit the company had made. According to the aggrieved shareholders things changed as years went by and by 2009 they were no longer getting their desired dividends as per expectations. It has further been alleged that some of the shareholders that have passed away never received anything from the company and furthermore their widows and children have been left to suffer and fend for themselves with the company allegedly caring less about their plight.

"Presumably, or should I say procedurally, once a shareholder passed away then the shares were expected to be transferred either to their widows or children.

However, what is happening now leaves a lot to be desired as just like us who are some of those that were present when the company was started are getting nothing from what their husbands and fathers built for their future," said our source who is also a shareholder. The source added that nepotism was rife in the company alleging that only friends of the 'Big Three' within the company are being employed with children of deceased former shareholders



being ignored in the process. The source further disclosed that what was coming to them after the company stopped paying them their dividends was only salaries as per the agreement with Ubombo Sugar that they would continue to be paid the amount they were paid while still employed by Ubombo and before the service was outsourced.

The Observer on Saturday got hold of the company's Managing Director (MD) Thoko Mavis Ginindza who refuted all the above claims and dismissed them as just a smear campaign by some former employees who were sacked by the

company for serious misconduct. "Like any company, we have had incidents of employees who have been dismissed for serious misconducts, who are disgruntled and we have no doubt that your undisclosed source is one of such employees. It will be interesting for you to investigate the reasons and circumstances of determination of these individual services," said Ginindza.

However, our sources insisted that all is not well within the company and indeed a few widows came out to state that their families are no longer benefiting anything from their deceased husbands' shares.

It's all a lie – Satellite MD

Satellite Investments Managing Director (MD) Thoko Mavis Ginindza has rebuffed all the claims against the company as inaccurate.

She came out to state that like every company the availability of dividends is effected after the company is audited by an independent auditor on an annual basis. She said their audited reports which they share with all their shareholders are made available annually.

"Since 2008 they revealed that the company has not made any profits in those years. However notwithstanding, dividends were distributed in the financial years, 2009-10, 2010-11 and 2013-14. Profit margins in the security industry are generally none to be relatively seen and considering the history of the company and emphasis on retaining employees, former employees of Ubombo Sugar, who were retrenched in 2005, as a policy

we will rather retain employees and avoid restructuring purely to enhance profit, when this may endanger jobs," she clarified.

She also pointed out that given the financial constraints already explained, where dividends are paid, but they are also paid out to the estate of the former employees. She said when no dividends are declared likewise those Estates will not receive dividends.

"In the circumstances it is false that such families receive no benefits. If you give us the name of the deceased, you are referring to and the concern of their surviving families we will be happy to release information to you. Furthermore priority in new employment where positions are available is given to family members of those whose parents have retired or deceased, where they qualify. You will understand that we cannot continue to pay salaries to deceased employees," she added.

Company's contract with Ubombo Sugar comes to an end

It has been disclosed that the long standing contract the company has had with Ubombo Sugar to provide security services in the company will finally come to an end at the end of the current year.

The Big Bend based company has always provided the service to Ubombo Sugar ever since its establishment in 2005, but information gathered by this publication can reveal that such will come to an end at the end of the year. This is after they were given an extension in their contract that should end this

year. It has been disclosed that such has already been communicated to the company by Ubombo Sugar.

The company MD Thoko Mavis Ginindza when reached on the matter asked not to reveal contents of their agreements with Ubombo. "We cannot discuss the company's future prospects and intentions before they are discussed with the shareholders and resolved by the board. We are currently working with our client to agree on future relationships," she said.

Material from Inkhundla disappears in company's care

Material that was obtained from the Nklongo Inkhundla under government's Poverty Reduction Fund to assist the company in its project ended up disappearing while in the care of the company.

The company was given the building material by the Inkhundla in 2010. The disappearance of this material raised some eyebrows amongst some shareholders who continue to wonder what actually happened to the material.

MD Thoko Mavis Ginindza confirmed that indeed the materi-

al was stolen while in their care.

"The material was intended to assist us in constructing chicken sheds for an income generating project to be run by the company. The material was stolen from a storage facility where it was kept.

Reported

The matter was reported to the local police and is still under investigation," she said.

She added that a decision was made at board level to pay for the lost material because it was in their custody and that even though it was not paid from profits, but was an unforeseen expense of doing business.

'There's no 'Big Three', all salaries approved by Board'

With acute accusations that there is an untouchable 'Big Three' coming from top management that is helping itself to the company's finances, the company's MD has come to clarify the stand of the company pertaining to such claims.

There were further claims that the 'Big Three' was well off as shown by the schools where they send their children as opposed to other shareholders and employees who are not benefiting

as much from the company. However, Ginindza said herself and all employees receive salaries approved by the board. "No other emoluments are paid out to the board members and even sitting allowances are paid to the board members on an annual basis. All members of staff receive a small allowance when they have to attend meetings off site and the rate is the same for all employees regardless of seniority. In the cooperate environment the CEO following internal pro-

cedures and standards appoints management team and not the Board, who merely set the policies and approve criteria. The MD has only made one senior appointment after the death of a senior manager in accordance with the requirement of the position. The main requirement was that the candidate had to be a former police officer and candidate chosen was the most qualified," she explained.

When asked on the veracity of the allegations that the widows and chil-

dren of the deceased former shareholders of the company are not benefitting anything from the hard work of their husbands and fathers as they are also ignored when it comes to employing new staff members within the company, Ginindza responded thus: "All shareholders are from the original group of former company employees, who were retrenched by Ubombo Sugar in 2005. Only two members are not from the group, but who assisted in the formation of the

company became shareholders in 2005, by consensus of all shareholders and we are not aware of any complaints in this regards," she said.

She further denied that nepotism is practised in the company stating that regular executive meetings are held where any of the five members are present and no such issue has ever been raised. She added that they hold Annual General Meetings (AGM)'s now and again and that no such issue has been raised. She insisted that the shareholders remain 55 including the family members of the deceased initial shareholders.

KING MEETS SADC PARLIAMENTARY FORUM



BAYETHE: His Majesty King Mswati III addressing members of the SADC Parliamentary Forum who are in the country for the 39th Plenary Assembly Session at Royal Swazi Spa in Ezulwini. They paid a courtesy call to His Majesty on Thursday evening at Lozitha Royal Palace. (Pics: Simon Shabangu)



FOR THE LOVE OF OUR KING: Local members of Parliamentary Forum joined by some of the delegates as they pose with the King.



ROYALTY: Senator Princess Phumelele and Prince Masitsela were also there.



ZIM CONNECTION: Speaker of Zimbabwean Parliament Advocate Jacob Francis sharing a light moment with His Majesty.



STYLE NETWORK: Chief of Protocol in the Ministry of Foreign Affairs Melusi Masuku and King's Office Chief Officer Dr Vincent Mhlanga sharing a light moment after the proceedings.



ROSE AMONG THORNS: Tasneem Motara from the South African Parliament flanked by MP Jomo Dlamini and Prince Majaha.



DELIGHTED: His Majesty in a conversation with the Acting Prime Minister Paul Dlamini.



CHI CHAT: Prince Masitsela in conversation with some of the delegates.



MEETING THE KING: One of the delegates who got a handshake from His Majesty.



ALL EYES: Emazinyane also came through to be part of the meeting.



FOLLOWING PROCEEDINGS: Some of the local Forum members who also came through for the meeting with the King.

GARGOYLES HIT SD'S BEAUTIFUL MANSIONS

- Fish Eagle now common on roof tops
- Some home owners use them as status symbols
- Others use them to scare off, protect themselves from evil or harmful spirits

Stories by Sandile Nkambule

In architecture, a gargoyle is a grotesque carved stone with a spout designed to convey water from a roof and away from the side of a building.

Preventing rainwater from running down masonry walls is important because running water erodes the mortar between the stone blocks of a house or building.

Although not designed to drain water and therefore technically not gargoyles, the grotesques on modern structures are still considered by most people to be gargoyles, as they are of the belief that they scare off and protect from any evil or harmful spirits.

Coming in a form of different animals, these sculptures are now becoming fast common in Swaziland as a number of home owners erect them on their roof tops both in the sub-urban, and rural areas.

Home

A number of homesteads with concrete sculptures placed on their roof tops have been spotted in some parts of the country, and of note, is that the eagle is the most common type of animal used as a gargoyle by some home owners.

While others use the large concrete eagle as a status symbol, it has been gathered that some use the concrete eagle to scare off and protect them from evil or harmful spirits that may attack their homes.

At least two large fish eagles were spotted at different homesteads so far, with one at Nhlambeni near Inkhundla along the Yithabantu highway and the other at Langeni along the old Langeni-Lozitha road.

It has been gathered that grotesques were used as decorations during the 19th- and early 20th-century buildings in cities such as New York (where the Chrysler Building's stainless steel gargoyles are celebrated), Minneapolis, and Chicago. Gargoyles can also be found on many churches and other buildings.

Report

A pastor is reported to have landed himself in trouble after using sculptures of a lion and an elephant, which he placed on top of the main gate to his homestead at Ezulwini near the SPTC Satellite.

Since these two animals which



EAGLE'S NEST: One of the mensions along the Manzini/Mbabane highway has the gargoyle of a eagle.

are amongst the big five, are used as a coat of arms and also resembles His Majesty and Indlovikazi, the pastor has been accused of emulating royalty, a thing which he was allegedly once warned about by some concerned residents.

Such sculptures are increasingly becoming common with some locals having taken the trend from foreign counties while others marry such symbols with certain church beliefs.

In the past people are said to have used multiple gargoyles on buildings to divide the flow of rainwater off the roof to minimize the potential damage from a rainstorm.

Water

A trough is cut in the back of the gargoyle and rainwater typically exits through the open mouth. Gargoyles are usually an elongated fantastic animal because the length of the gargoyle determines how far water is thrown from the wall. When Gothic flying buttresses were used, aqueducts were sometimes cut into the buttress to divert water over the aisle walls.

According to information sourced from the internet, the term gargoyle originates from the French *gargouille*, originally "throat" or "gullet" Latin *gurgulio*, *gula*, *gargula* ("gullet" or "throat") and similar words derived from the root *gar*, "to swallow", which represented the gurgling sound of water (e.g., Spanish *garganta*, "throat"; Spanish *girgola*, "gargoyle"). It is also connected to the French verb *gargariser*, which means "to gargle." The Italian word for gargoyle is *doccione o gronda sporgente*, an architecturally precise phrase which means "pro-

truding gutter." The German word for gargoyle is *Wasserspeier*, which means "water spewer." The Dutch word for gargoyle is *water spuwer*, which means "water spitter" or "water vomiter." A building that has gargoyles on it is "gargoyled."

A grotesque figure is a sculpture that does not work as a waterspout and serves only an ornamental or artistic function. These are also usually called gargoyles in layman's terminology, although the field of architecture usually preserves the distinction between gargoyles (functional waterspouts) and non-waterspout grotesques.

The 20th Century collegiate form of the Gothic Revival produced many modern gargoyles, notably at Princeton University, Washington University in St. Louis, Duke University, and the University of Chicago.

A powerful bird who was said

to be able to slay dragons. Eagles were respected for their ability to see far away objects, and were also said to renew themselves by looking into the sun (accounting for the glint always seen in the eagle's eye in paintings).

These were protectors of the buildings, particularly against dragons as it was said that they were one of the few animals capable of destroying a winged serpent.

They were also highly respected for the vision (which was again used as a metaphor and seen as foresight) and legend has it they had Phoenix like qualities.

They were, it was said, able to heal themselves by looking directly into the sun which itself is an ancient symbol of deity.

Gargoyles were viewed two ways by the church throughout history. Often gargoyles were used to assist the Church in conveying messages to the common people.

Due to literacy being uncommon, images were the best way to constantly convey ideas.

Gargoyles were used as a representation of evil.

It is thought that they were used to scare people into coming to church, reminding them that the end of days is near. It is also thought that their presence assured congregants that evil is kept outside of the church's walls. However, some medieval clergy viewed gargoyles as a form of idolatry. In the 12th century a church leader named St. Bernard of Clairvaux was famous for speaking out against gargoyles as he wondered what these fantastic monsters were doing on roof tops.

About animal gargoyles

The ancient Egyptians, Greeks, Etruscans and Romans all used animal-shaped waterspouts. During the 12th century, when gargoyles appeared in Europe, the Roman Catholic Church was growing stronger and converting many new people.

Most of the population at this time were illiterate, and therefore images were very important to convey ideas. In the medieval world many creatures had mystical powers attributed to them. Also, human qualities were sometimes ascribed to spe-

cific animals - that is, the animals were anthropomorphized.

This was especially common for pagans, and using these ideas helped conversion to Catholicism.

Some animals (such as the rhinoceros and the hippopotamus) were unknown in western Europe during the Middle Ages so gargoyles of these species (such as the ones at Laon Cathedral) are modern gargoyles and therefore did not have symbolic meaning in Medieval times.

Shoe bribery, senior officer issues immigration stamps to foreigners

A Senior south African Home Affairs official has been arrested for corruption related charges as he is alleged to have taken bribes from foreign nationals, including Swazis, in order to allow them to stay in South Africa by issuing immigration stamps.

The deputy director in the ministry of home Affairs (in Beit Bridge) is said to have been arrested together with 12 other officials, two immigrations officials and a police officer for the alleged crimes, which include amongst others issuing business visas to the foreign nationals.

Beit Bridge is the port of entry that links South Africa and Zimbabwe and according to recent reports published by the Observer on Saturday, Dubai car thieves who stoles cars from Swaziland cross over to South Africa through Zimbabwe and Mozambique.

According to a recent statement issued by the Directorate of Priority Crimes Investigation known as the HAWKS, from the South African Police Service (SAPS), the deputy director is alleged to have demanded and received two pairs of shoes, worth E3000 each, so that he could stamp a brand new passport of a foreign national without any supporting documents.

Stamps

The other officials including a teacher are said Tom have demanded and received monies ranging from R2000 to R7200 in order to attach temporary resident permits and apply entry and departure stamps on 21 passports without the proper documentation.

"The Deputy Director demanded and received two pairs of shoes, worth R3 000 each, so that he could stamp a brand new passport belonging to a foreign national without any supporting documentation. The police officer on the other hand issued a false affidavit to a foreign national in the absence of the recipient, for a fee of R1 200," stated Brigadier Hangwani Mulaudzi in the statement. Arrested were the Deputy Director at the Department of Home Affairs in Beit Bridge, Musina, a practising advocate and a police Warrant Officer stationed at Vehicle Investigation Section (VIS) in Beit Bridge and 12 other officials, two immigration officers, four clearing agents, a teacher, a SARS custom official, a former Administration Clerk at Musina police station, a Home Affairs Inspectorate, a Musina businessman and a Pan Africanist Congress (PAC) councillor, who all have been charged for fraud and corruption.

Money

The advocate is said to have demanded and received R23 000 for his services of issuing business visas to foreign nationals, while clearing agents were arrested for demanding and receiving between R5 000 and R9 000 for issuing fraudulent SARS Goods Export Permits without goods being presented.

The teacher at Musina Secondary School is in the dock for demanding and receiving R2 000 per passport so that he could attach Temporary Residents Permit and apply entry and departure stamps on 21 passports, without any documentation supporting the foreign nationals' stay in the country, while the PAC Councillor demanded and received R7 200 for issuing false immigration stamps to foreign nationals who either overstayed or needed more days to stay in the country.

All 15 suspects will appear before the Musina Magistrate court.

'DUBAI' CAR DEALER IN ODOMETER FRAUD

- Manzini based car dealer allegedly tempers with odometer to reverse mileage
- Unsuspecting car buyers have fallen victims to fraud as they hit the road thinking cars are relatively new
- Other car dealers also alleged to be involved in scam

Stories by Sandile Nkambule

In the latest shocking revelation, interested buyers of imported cars popularly referred to as 'Dubais' will be disappointed to learn that some imported car dealers are involved in odometer fraud.

These car dealers temper with the vehicles' car odometer in order to turn back the mileage giving an impression to interested car buyers that the cars are actually relatively new, yet they have done thousands, if not millions of miles on the road.

Odometer fraud, also referred to as 'busting miles' or 'clocking', is the illegal practice of rolling back odometers to make it appear that vehicles have lower mileage than they actually do. Odometer fraud occurs when the seller of a vehicle falsely represents the actual mileage of a vehicle to the buyer.

An import car dealer based within Swaziland's hub, is alleged to be involved in such a practice and it has been reliably gathered that some other dealers practice same as unsuspecting members of the public have fallen victim with some eventually noticing while others do not.

Investigations carried out by the Observer on Saturday, unearthed that this one particular imported car dealer based in Manzini actually tempers with the odometers of the vehicles immediately they arrive either from the Durban sea port or after being delivered through Swaziland Railway.

Sources

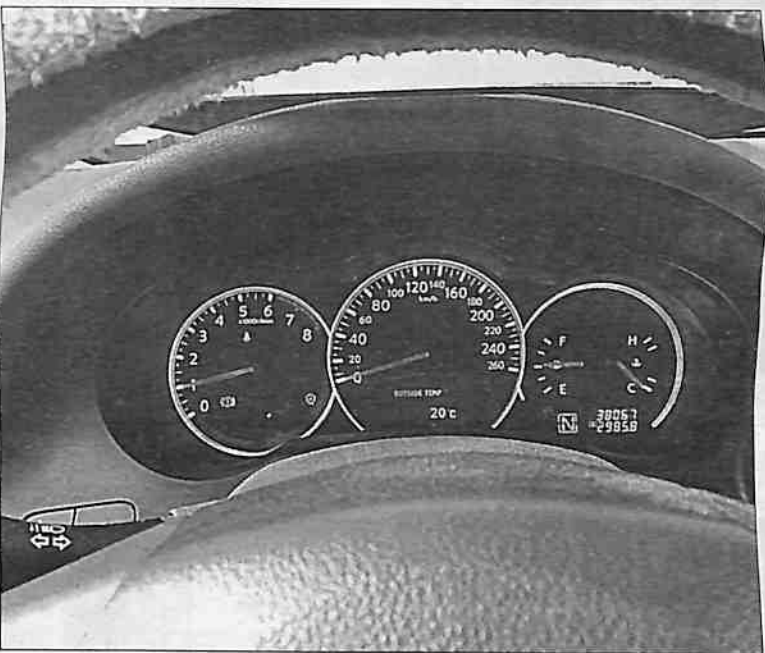
According to well placed sources, the car dealer of Asian origin has been practicing this ever since establishing the business in the country.

The name of the dealership is known to the Observer on Saturday, but cannot be published for now as no formal complaint has been forwarded to either the Police or Consumer Association of Swaziland.

The sources said, the dealer had even opened a workshop where he tempered with the odometers.

"We are worried because car buyers are being ripped off here as they purchase the cars thinking they are as good as new yet this is not so, something should be done about these people," said our sources.

What seems to be a major problem is that in most cases, some clients who purchase cars from this



car dealer have a problem when bringing them back due to mechanical faults experienced within a shortest period after purchase in what is commonly known in the Siswati term as 'thathile - thathile' (once bought you cannot turn it back).

It has been gathered that odometers on roughly 3.5 percent of all vehicles will be tampered with sometime during the first years of the vehicle's life, as tampering with a vehicle odometer in order to conceal the car's actual mileage can pay off by increasing the vehicle's value by thousands of emalangeni.

Money

The more the vehicle is worth, the more money can be made by shaving some miles off the odometer.

For example, a luxury imported car with 65 000km on it, about average for a four-year-old car, is worth about E30 000 to E40 000 more than one with 85 000km.

Taking those miles off is a relatively inexpensive plan as a dishonest mechanic can remove the vehicle's instrument panel, which houses the speedometer and odometer, and replace them with instruments from a lower-mileage car.

Vehicles

In many vehicles, that is all what is needed since the lower odometer number from the other car will show up in the new car's dashboard while in some cars, odometer data is stored elsewhere in the vehicle.

Common examples of odometer fraud include situations where someone tampers with the odometer by rolling it back or replacing the odometer and failing to provide the required notice on the vehicle. According to an independent evaluator of new and used vehicles, the incidence of odometer rollback for the purpose of misrepresenting the mileage of off-lease used vehicles has increased.

Contrary to popular belief, the evaluator said, suspending a running vehicle and running it in reverse will not reduce the odometer count. Late-model used vehicles such as those in lease and rental fleets that accumulate mileage very rapidly are generally thought to be more prone to odometer fraud than new vehicles.

There are a number of ways in which imported car buyers might determine existence of possible odometer fraud, as vehicle purchasers can obtain a title or certificate of registration from the government motor registry.

Information

These titles contain information about a vehicle's odometer history. The information can be accessed through each state's motor registry. Other options to detect odometer fraud include contacting the vehicle's former owners, conducting a mechanical inspection of the vehicle with particular attention to normal but harmless wear and tear such as to floor-mats and the rubber on pedals (or to suspiciously new such items), and checking the vehicle's history report.

Modern cars often employ digital odometers specially designed to be difficult to tamper with and these odometers are considered to be more secure than mechanical odometers due to the greater amount of technical knowledge required to manipulate the car's value, and potentially allow the odometer reading to be cryptographically secured to prevent alteration.

Despite that new technologies have made it harder for unscrupulous used-car sellers to get away

Report 'em to us - Consumers

- Association says they are aware of such a scam
- However no formal cases have been reported to them so far
- Invite odometer fraud victims to bring their cars for independent inspection following reports of odometer fraud that has hit some imported car dealers in the country, the Swaziland Consumer Association (SCA) has heard about such a scam.

In an interview with the Swaziland Consumer Association's Chairperson Bongani Bhanyaza Mdluli, he confirmed that they too have heard about such a scam perpetrated by some imported car dealers in the country.

However Mdluli said there has been no formal complaint brought to them as of yet regarding odometer fraud.

"We have heard of such cases related to odometer fraud, but so far there have been no formal cases reported to us, however we appeal to members of the public, especially interested car buyers not to hesitate but to come to us and report any odometer fraud suspicions as we view this as a serious commercial fraud affecting the consumer," Mdluli said.

He said those who suspect that the cars they have bought have been tempered with should come to them as they would provide an independent vehicle inspection to determine if the odometer has been tempered with.

It has been gathered that a female buyer bought an imported car from a local car dealer, undertook a trip to South Africa on the first week of its purchase, but was shocked when the car broke down while in that country.

She is said to have asked to leave the vehicle at a certain homestead and went to forward a complaint to the dealer but in vain. She deserted the car in South Africa up until this day as she called the owners of the yard she left it in, not to bother but to take the car.

with rolling back the miles on a car's odometer, car dealers are finding ways to meet those challenges, resulting in odometer roll-back remaining one of the most common scams around.

When sought for comment on the allegations leveled against them, the car dealers of Asian origin first refused to comment about the issue.

However when told about investigation carried out by this publication and how their company was fingered as the one involved in odometer fraud, one of the directors denied that they are involved in such a scam.



GREEN REVOLUTION: While there were fears that the spill had contaminated the river, there are mushrooming vegetable gardens owned by villagers along the Lusutfu River banks below the plant.

Booming vegetable gardens along Lusutfu riverbanks

Villagers are taking space, opened up after the shrinking of the Lusutfu River, due to the devastating drought that was brought about by the El Nino phenomenon these past seasons.

As a result, just adjacent to the USA Distillers plant are large tracts of land converted into vegetable gardens, where various different types of veggies are grown; much to the false alarm that a spill of the molasses in October 2014 could have contaminated the water and the environment.

USA Distillers conducts sampling of the water from the distillery site, upstream and further downstream and these results are evaluated on a regular basis by the Swaziland Environmental Authority, which also conducts its own evaluation.

"Nothing from those tests indicates any form of contamination," says Luis 'Mafutha'

Borrageiro, the operations director.

On the yard, where the spillage occurred grass and other vegetation are growing at alarming rates despite this being the winter season.

On the other hand, cleaning of the storage area is underway for new molasses, an activity that takes place every season, this is done to ensure zero contamination.

Interestingly, about a fortnight ago, bosses from the S.E.A. arrived at the plant and one of them commented that the place was so immaculate, he was impressed with the safety and emergency response measures being put in place. "Over the last five years this is a major development, from new ISOs to adherence to all environmental standards, we are seeing the results of the money we have spent, we conduct monthly compliance meetings and our minutes are provided to SEA."

After the spill: USA Distillers

...introduces emergency response plan in case of molasses spillage; puts to rest unfounded allegations that rivers, environment and community are exposed to contamination

Stories by Ackel Zwane

Ethanol producers USA Distillers has made great strides by not only preventing contamination of both natural water systems and the environment following the molasses spillage of October 2014, putting in place a world class emergency response plan.

At a tour of the plant on Thursday morning environmentalists explained how the emergency plan would make it so that such never happens again.

The spillage of molasses at the plant was caused by the elevated temperatures of the molasses received from the sugar mill, which initiated an exothermic (heat generating) reaction in the molasses storage tank, known industrially as the Maillard reaction, which causes the molasses to gas and foam; increasing its natural volume



EYE OF THE STORM: This is how the spill looked like in October 2014. (Pics: Ackel Zwane)

and overflow from the top of the molasses storage.

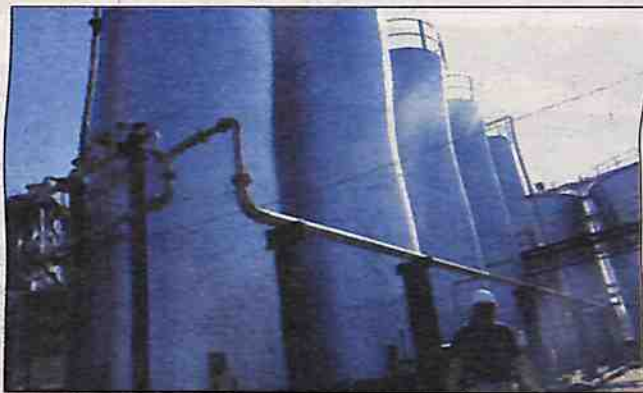
Unfortunately, it is a rare occurrence wherein molasses is not adequately cooled, prior to transportation from the sugar mill, and it is not a reaction that can be readily controlled once it has naturally started.

"USA Distillers promptly acted to contain the viscous overflow, thanks to the heavy plant on site, to erect sand walls stopping the spillage from going into the nearby Lusutfu River and the greater factory premises, and endeavoured to cool the reacting molasses by transferring it to the available dam capacity. The incident has highlighted the need to plan for any future condition that could result

in the Maillard reaction being initiated, and the control thereof, as well as the need to ensure that a plan is in place to address future molasses spills from any operational activity.

In this regard, USA Distillers has drawn up an emergency response plan in case of molasses spillage," announces management.

There are several scenarios or potential causes of a molasses spill, which may include but are not limited to: the Maillard reaction progression, due to elevated molasses temperature received from the mill, resulting in the molasses gassing, foaming and a volume increase, causing overflow of the molasses storage tank capacity; overflow of molasses



COMPLEX PLANT: The factory is one of the largest in the region, supplying many countries in Africa and Europe.



ENOUGH ROOM: This storage will see USA Distillers with enough supply of molasses for seasons-on-end.



EXPERTS: Administration Manager John Creamer, Operations Director Luis 'Mafutha' Borrageiro and Johan Smit the General Manager at USA Distillers.



CLEAN UP: Workmen preparing the storage tank to give way for fresh molasses coming with the new harvesting season.

THE SHOLOLO MUSIC & ARTS RENDEZVOUS

presents CYRIL MATSEBULA

HOW MARVELOUS THOU ART
THE ROMAN CATHOLIC CHURCH IN SD
CELEBRATING 100 YEARS OF GOSPEL 1914 TO 2014



A GARAGE ART EXHIBITION OF SERIOUS NOTE IN WHICH TO KILL THREE BIRDS WITH ONE STONE

1. To view and buy visual art work
2. To buy the latest CD of Cyril Matsebula
3. To buy the latest DVD of this marvelous artist

VENUE: Waterford Park, Opposite the School's IB Hostel
DATE: Running for 30 Days from the 26th OF MAY 2016

turns everything green



FRESHNESS: Today, June 2016 the area that was covered by smudge is home to a variety of plant species growing even in the dry season, dispelling all fears that the surroundings were contaminated by the spill.

storage tank or receiving tank at the molasses storage facility due to operator error in loading and transfer; leak or other failure of a molasses transfer vehicle; transfer hose rupture; leak or other failure of a molasses storage tank; piping break or rupture at molasses transfer vehicle; piping break or rupture at molasses storage facility; break/leak in molasses piping at the receiving tank; overflow of molasses at the receiving tank; spillage during maintenance of molasses transfer vehicle, molasses storage tank, interconnecting piping and valving systems, or receiving tank.

Other than the Maillard reaction proceeding uncontrolled, the other scenarios are operation and maintenance scenarios, for which mitigation and management measures should minimise the risk of a release of molasses in to the environment.

Because of the location of the molasses off-loading and storage facility, the surrounding topography, in the event of a leakage, it can be directed away from the receiving environment.

Such an ideal location ensures that any leakage or spillage is contained and timeously cleaned up.

Considering the normal molasses off-

loading and transfer pumping rates, with the procedures and safeguards in place during molasses transfers to detect releases, there should be minimal likelihood of discharge to the river, during normal transfer operations, (since transfer spillages should be immediately observed and transfers stopped and spillage contained). It is our belief that the decision by the SA public broadcaster not to show footage of people burning public institutions (such as schools and libraries, in any of its news bulletins) will go a long way to discourage attention-seeking anarchists threatening containment of the site.

During

Releases occurring during normal operational and maintenance practices, (when it is necessary to replace valves and clean transfer hoses and pipelines) should be limited to <100 litres, which can be readily contained and recovered into the molasses storage tank. All molasses storage and receiving facilities have been designed, constructed, and can be operated, according to applicable safety standards.

A catastrophic rupture of the molasses storage vessel or receiving vessel or pipeline is unlikely to occur.

High quality water for Mahlabaneni, Gamula

USA Distillers is installing a state of the art water system for the surrounding communities of Mahlabaneni and Gamula that have, over the years, covered under the weight of a stingy and prolonged drought.

At the plant the firm has already begun expanding the water treatment plant by introducing the reverse osmosis (RO) system.

This will ensure the bottled quality water served at high tables during conferences will

be dripping in droves from the taps of the villages. This will ensure a capacity of 415 000 litres per day.

The project is also a result of a private, public partnership, which also secured support from the Nisela area through the local Member of Parliament. The water will be pumped into the huge reservoir on Mahlabaneni hillock before descending to the villages with the generated velocity, commonly known as the Swazi gear.



BOTTLED WATER: The reverse osmosis (RO) pipes to deliver fresh and high quality water to the Mahlabaneni and Gamula communities near the plant.

NOW HERE COMES THE GAME PLAN

USA Distillers will coordinate the spill response actions.

It is responsible to ensure appropriate systematic-command, control and coordination of emergency response, in consultation with authorities, and other organisations. There should be a common organisational structure designed to improve emergency

response operations of all types and complexities.

The actual responding organisations typically grow to fit the level of response necessary for a specific incident, a small spill response may therefore only include the incident commander, along with the operations, planning and safety roles.

Army, security forces under intensive training for SADC summit

- Army officers, security forces undergoing intensive training in preparation for upcoming SADC summit in August
- King to become the next chairman at the regional Heads of State and Government summit

By Sandile Nkambule

Swaziland's King Mswati III is set to become the next chairman of the Southern African Development Community (SADC) at the regional Heads of State and Government summit to be held in Swaziland's capital, Mbabane, in August.

These were the screaming headlines in the Voice of America (VOA) News Africa channel this week, as the big SADC heads of state summit draws closer.

The Observer on Saturday has reliably learnt that the Umbutfo Swaziland Defense Force (USDF), the Royal Swaziland Police Service (RSP) and His Majesty's Correctional Services (HMCS) officers are currently undergoing intensive training in preparation for the historic event.

Launched

Launched by His Majesty the King late last year at the Mavuso Trade and Exhibition Centre, the SADC summit is expected to market the kingdom, as news about the King being the next chairperson, with Swaziland being the host country spreads within the international media.

According to well placed sources, the army and the security forces personnel, started training early this year. Training will be for officers in the catering department and security, with training expected to end at the end of June.

"The army and security forces have already started training at Lozitha in readiness for the SADC summit, and I must say the preparations are really at an advanced stage," said our sources.

Meanwhile VOA further reported that the King recently told a SADC Parliamentary Forum that the kingdom's established monarchical democracy is a democratic ideology that works for the country.

This was disclosed by the King's representative Acting Prime Minister Paul Dlamini, when officially opening the SADC Parliamentary Forum at the Royal Swazi Sun Convention Centre this week.

The hosting of the SADC summit, with His Majesty taking over Chairmanship, has come as a source of pride for Swazis, as reported by the VOA. The Resource Mobilization Team (RMT) headed by Ministry of Economic Planning and Development Principal Secretary Bertram

Stewart has continuously invited business people and the corporates to make contributions towards this event.

Stewart in his recent press briefing said business people should take this opportunity to be part of this initiative since the summit will also be focusing on business related issues, hence their contributions will go a long way in assisting His Majesty's Government in hosting the summit.

The summit is expected to be held in August 2016, and heads of states and their delegations within the SADC region are expected to descend upon the Kingdom. Those willing to make contributions can contact the Resource Mobilisation Team at the special number 76063201.

All those who have made contributions and have sponsored the summit will receive letters of acknowledgement, as a sign of appreciation as the RMT wants everything to be transparent and accounted for. An impressive E560 000 was raised during the launch of the 2016 SADC Summit, an event that was held at the Mavuso Trade and Exhibition Centre late last year.

The function was also graced by the presence of Deputy Executive Secretary (Finance and Administration) of the SADC Secretariat, Emilie Mushobekwa, who watched in appreciation as the nation joined hands and embraced their collective responsibility of assisting government host the Summit successfully. His Majesty had made it known that all Swazis should ensure that the summit is successfully hosted, since this is now a national responsibility.

Expected

The country is expected to be a hive of activity during the inaugural summit, as Swaziland will be holding other national activities such as the International Trade Fair as well as the annual Reed Dance during that period.

The RMT mentioned that so far things are progressing well, in terms of preparations for the big event; further appealing to those who might want to contribute in kind by offering stationary, deco, drinks and other things that may be needed for the summit, by contacting the team (that comprises amongst others Swaziland Sugar Association's Chief Executive Officer Phil Mnisi and Businessman Tum Dupont).

The media has been lauded for playing a pivotal role in marketing the summit, which is expected to attract more than 400 delegates from the SADC region. Although space will be limited at the summit, business people are expected to grab the opportunity to showcase themselves, as the summit will be focusing mainly on business related matters.



ATTENTIVE: SADC Parliamentarians listening to the King's speech this week.

OSWINS' TOWNSHIP IN THE OFFING IN MATSAPHA

Stories by Ackel Zwane

Another upmarket township adjacent the luxurious setting of Tubungu near the Matsapha International Airport is in the offing as already a proposal is out for the project.

River Ridge Township, as the township will be called, is a property measuring 400 hectares earmarked for subdivision into a residential township development of 1320 units for dwellings, schooling facility and related commercial areas. The project is situated southeast of the Matsapha airport. This farm is accessible along the road that runs outside the airport boundary and the road is accessible from the junction opposite the Sibayeni Lodge entrance along the airport road which connects to police college road. The property is enclosed by other known adjacent land parcels belonging to the airport airstrip, Tubungu Township, the Swaziland Railway Line track, and the Lusushwana River on the farm on its north-western stretch.

"The development of the area will strategically address accommodation demand for additional residential areas within Matsapha for the growing local population and beyond," said the proponents. According to the proposal it noted the impact on surrounding land uses, that should the residential development proceed as proposed, there would be a need to address the following in terms of the impact on the compatibility with surrounding land uses: The airport-the proximity of the proposed development to the current Matsapha



UP MARKET; The open land in which the River Ridge township will be established near Matsapha airport and Tubungu estate. (Pics: Ackel Zwane)

International Airport is likely to cause conflict as there will be excessive noise from aircraft taking off and landing nearby. As well as, the overhead water tank to be installed on site may be problematic in its height and location.

Aviation

Buildings near airports must conform to aviation principles structured in such a way as to prevent aircraft accidents. The roads leading to the residential development are gravel, hence dust will limit visibility to aircraft. Any incompatible development near the airport has implications on loss of life, loss of property and international reputa-

tion; this is regardless of the moving of civil aviation to the King Mswati III International Airport because the airport is earmarked for military operations, which may also require strict development controls in the surrounding lands.

Density

Tubungu Township- this township is a residential area for the middle class. The proposed residential area which comprises of high, medium and low residential density may impact on the standard of the existing Tubungu Township so that there should not be concerns of tenant mix which may lower the property values at Tubungu Township.

Bright side beckoning

However there are positive impacts coming with the project.

In a nutshell, even though on a short-term basis, construction of the township infrastructure will bring about jobs of the duration of construction for the locals.

Construction of the infrastructure will be part of the solutions to the unemployment problems in Swaziland currently being experienced as plus or minus 300 unskilled, semi-skilled, and skilled workers will be engaged. In addition it is likely that informal stalls selling foodstuffs will blossom during the construction period.

Aspect

However this aspect must be weighed against the fact that such employment or economic endeavour will be terminated at the end of the construction but his impact can be enhanced by the contractor publicising the number of people required for construction activities and the type of positions available to minimise false hopes. Available jobs will be for cement mixers, truck drivers, construction technicians, and repetitive non-physical works such as grassing and gabion mat filling for women; the contractor will give first preference to qualified local Swazi nationals from Mathangeni, Masundvini and surrounding communities.

There also shall be entrepreneurial opportunities in

that during construction certain aspects will be subcontracted formally to smaller business providing a specific service as leasing of construction equipment, drainage, grassing etc. Potentially, E20m worth of services can be subcontracted. Women from the local informal settlements may also benefit through sale of food to construction workers. The project is not just about housing but also presents entrepreneurial opportunities through the establishment of businesses at the commercial centre proposed.

Positive

As the commercial centre may have turnovers running into millions, this impact is a high positive, as it has a knock-on potential of creating about 300 jobs at full operation as well. At full operation, direct investment in the form of township shopping complex, malls will take place.

The investment opportunities that will be availed by the project will entice investors to the new township. On a permanent basis, the establishment of the proposed township will provide accommodation for the industrial workers as accommodation is scarce in Matsapha. This will also minimise the mushrooming informal settlements in the neighbouring communities around Matsapha, and will allow all prospective buyers to own homes in this prestigious address.

KAMDODI GANGS COULD CELEBRATE: 'TUBUNGU HERE WE COME'

The establishment and construction of the proposed township will encourage rural-to-urban migration, whereas the job opportunities are limited.

This will breed crime in and around Matsapha. Rural-urban migration is prompted by high expectations. However, it is not all migrants who get the chance of getting jobs in urban areas. Those that may not be employed may resort to various kinds of criminal activities. Prostitution is one of the crimes that may be committed by unemployed females. This may further cause the spread of HIV, STIs etc. The presence of valuable material and machinery within the construction site may make the place prone to criminal activity. Theft of project property by workers or even outsiders is possible. Theft



BOULEVARD: The junction to Tubungu upmarket estates which faces danger of being host to gangs to be brought about by a development next door.

of machinery and material may delay the project and further increase the cost of the project. The influx of plus or minus 4 160 people to the new township will raise crime levels in the Tubungu area. Murder, robberies, house-breaking, are the most common

crimes in the country's townships.

The study into the proposal notes that the proposed development will result in an influx of humans to the Tubungu area.

At full operation, the plus or minus 1300 plots will cause an

additional plus or minus 4160 people to permanently reside in the Tubungu area. Approximately 300 more will be added on top of this as a result of the accompanying support in the domestic/gardening employment stream, workers at the commercial area, school children, as well as security and transport operators. It is possible that the settlement pattern at Tubungu may be altered from the current low-density, to a mix of formal and informal settlement, as the additional supporting population is absorbed by the project.

Traffic

Plus or minus 1000 vehicles per day will be added to the existing traffic, and plus or minus 800 people to the water and sewer network. It has been ascertained that there is extra capacity in the

water supply network. Roads and sewer are the problematic areas.

Public and workers' health hazard is inherent in construction camps, where congestion leading to poor sanitation, diseases and discomfort, may occur. The most serious of such health risk is that of HIV and Aids in view of the campsite likely to be dominated by young single males who are often prone to drunkenness and promiscuity. The impact is a high negative as HIV and Aids is an incurable disease that has taken its toll on the manpower in Swaziland and has contributed a great deal to increased numbers of orphans and poverty. Currently more than 38% of Swaziland's one million people are positive, making the country the fourth largest carrier of the virus in the world.

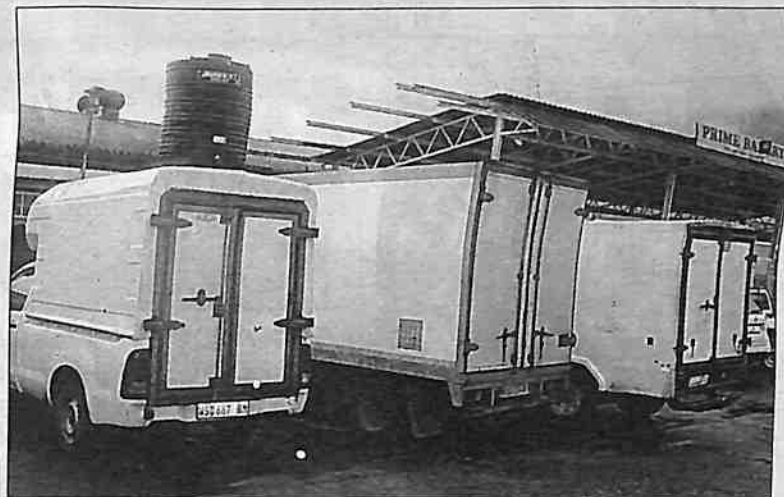
PRIME BAKERY WORKERS CRY OUT TO LABOUR COMMISSIONER

● Apart from taking long lists of grievances there is no feedback but inspectors come to secret meetings with management and are driven off in company cars turning their back on employees; union member accused of claiming 'food' money from employer after talks

Stories by Ackel Zwane

Following a series of attempts to have their grievances heard by the Labour Commissioner, the workers at Prime Bakery have written to a senior government official listing their misgivings.

This is the latest in a series of consultations with the labour office about irregular labour practices with the employer but without any recourse especially even after the employer had been summoned to the labour office on several occasions. "We have been underpaid since we started working for the company, we do the whole process but are not paid as bakers. We work every Sunday and not paid double as per the government gazette, we have tried to report this to our union (SPRAWU) and they never take any action, they only collect subscriptions. Since 2001 we worked under an A&J contract until 2008 then went on fixed term contract from 2008 to 2012. From 2012 we worked on full time contract until now, in all these changes there were no benefits. In 2012 June we saw labour officers



FOUL PLAY: Prime Bakery trucks parked at the bakery's parking lot.

introduce the human resource Manager for Prime Bakery one of them was Thuli Gama.

Management

She told us that if we have problems we must consult the HR. Five months later we saw her with the management but she never came back to address the staff."

The workers say another very senior

labour official came to the premises prior to the March 4 writing of the letter and interviewed them, taking down their grievances one by one.

She introduced herself as having been sent by the Labour Commissioner. This senior official never returned with feedback to the employees and each time they confront her they are told the employer

LABOUR OFFICER CHAUFFEURED IN EMPLOYER'S CAR

However, after the Easter weekend she arrived on a Tuesday of the 29th and spent over one and half hours with the employer, allege the workers. Thereafter she emerged and a held a brief meeting with the supervisor before leaving the premises without even bothering to look at where the workers peeped save to say she would bring feedback on the Friday.

The following Monday she again returned with some papers and entered the employer's office. Again the following day she arrived at around 10am and left 20 minutes later where she was now chauffeured in a Prime Bakery vehicle by one Mduduzi Matsebula, an employee, say the workers.

Their problems are that when presenting the NDZ human resource person to them by the labour commis-

sioner's officials in which Gama and two other ladies were present, they were told that their troubles were now over since the new HR would wipe their tears in that they shall report everything to him. They were assured he was a person conversant with the law but they were surprised when they were later to learn from correspondence with the labour commissioner that lawyers were not allowed in labour relations processes between employer and employee.

Letter

On March 4 after they had delivered their letter to the office of the labour commissioner the workers say Gama came to their workplace carrying a black file that seemed to contain some documents but entered the employer's office and emerge again 20 minutes later without addressing them.

needed to be given sufficient time to respond. However for six times they have been given this feedback with the employer insisting that he needs more time.

The last time they returned to the female official they claim to have been given stern warning to

desist from calling her but she would be the one calling instead. They were further told that they would not possibly bypass her and face the labour commissioner on their own, they would need her to take them to him. The senior official has not picked up his mobile when called.

SPRAWU REP ACCUSED OF ACCEPTING E70 LUNCH MONEY FROM EMPLOYER

As if their troubles were not enough the workers have alleged that a member of the union who had come to address them returned the following day to receive 'lunch money'

from their employee after the meeting failed to take off during the lunch hour. However the union representative denies ever receiving that money but acknowledges that this allegation

was raised by the workers at a meeting but the author of the allegation failed to own up by testifying before all and sundry. The workers have raised their concern to the labour commissioner that

"we work every Sunday and not paid double as gazette written, we have tried to report this to our union SPRAWU and they never take any action, they only collect subs." The union representative

however says it is unethical for them to receive any money from the employer denying vehemently the allegations insisting "these are mere allegations by some union members but were ironed out."

FULLY FLEDGED POLICE STATION FOR ST PHILIPS

By Sandile Nkambule

With the escalating crime rate that has worried Police National Commissioner Isaac Magagula within KaNgcamphalala chiefdom, what used to be a St Philips Police Post will now be a fully fledged police station.

This comes after Chief Mshikashika of KaNgcamphalala *umhakatsi* donated infrastructure to the Royal Swaziland Police Service (RSP) where the new police station will be situated within the chiefdom.

The infrastructure that was also donated to the *umhakatsi* by Gabriel Cutto, the construction company that had been awarded a tender for the 98 percent complete Siphofaneni- St Philips public road, is situated within the heart of Ngcamphalala area, about five kilometers from the police post at St Philips.

The structure that housed offices at what was used as a construction site, was handed over to Police National Commissioner Isaac Magagula early in April this year by Chief Mshikashika, indicating that the facility now belongs to the police.

It has been noted that the rate of crime within the area is on the increase, a thing that worried the

national commissioner who made mention of this during the official handover of the building and land at kaNgcamphalala area.

In an interview with some of the residents this week, they appreciated the fact that there will now be a fully fledged police station within the area adding that the kind gesture by both the construction company and the chief should be lauded.

It was the view of most residents that the chiefdom is now big and that having a police post as opposed to a station was no longer prudent owing to the fact that the few officers at the post have to service a larger community.

Happy

"With Sugar schemes growing within the area and a number of businesses being established, crime levels are also bound to rocket sky high, hence the need to have a fully fledged police station, and we are happy that our dreams have come true, thanks to the construction company and the chief," said one of the residents.

Visited on site, the offices that are air conditioned are strategically located for a police station as they are positioned along the newly constructed intersection of the Siphofaneni, St Philips and Big - Bend roads.

Apart from the offices, there are car ports and other structures and crown-

ing it all is the fact that the land is well fenced.

It has however been gathered that the police who should have already been in occupation, have been held by the fact that they have to make certain touch ups in order to make the facility to be in a police standard, with an arms room, holding cells and other security features to be included.

The construction company has already vacated the premises since they are about to round up their construction work, with the state of the art bridge linking Siphofaneni, Sithobela and St Philips nearing completion.

With government spending millions of emalangeni in constructing police stations around the country, such an initiative by the construction company and the chief, is appreciated by communities since they save government these millions.

Upgraded

Currently the construction of the E120 million Buhleni Police station is underway as Buhleni is soon expected to be upgraded into a municipality, owing to the fact that there had also been a police post which is servicing the area that is fast growing.

The country has a total of about 24 police stations positioned around the four regions while police posts are strategically positioned at various corners closer to the stations.



ITS OFFICIAL: The then-police post which is now a fully fledged police station. (Pic: Sandile Nkambule)

The Hhohho region has three police stations, Manzini with eight, Lubombo, with seven while the Shiselweni region has six police stations.

Construction

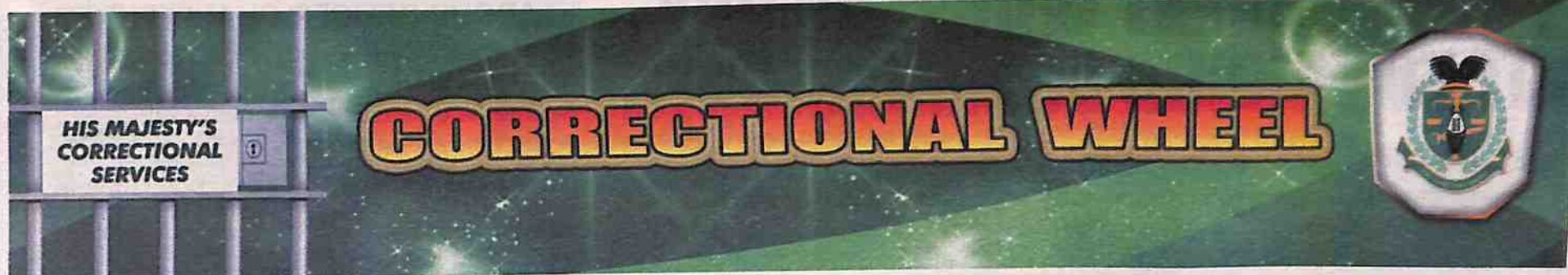
Khula Construction, a registered Mbabane-based construction company, won the E120 million worth tender for the construction of the new Buhleni Police Station opposite the Buhleni Royal Residence in the northern Hhohho region.

The construction was announced by Prime Minister Sibusiso Dlamini during the 2014 police day and pass-out parade at the Matsapha Police College, who promised that other pri-

ority areas will have stations constructed. Information gathered is to the effect that at least E15 million has already been disbursed by government as it was contained in this financial year ending on March 31, 2015.

The money has been used towards the design and drawing of the police station as well as landscaping. Another E15m was released for construction to continue.

Newly constructed police stations that now meet international standards, include Mafutseni, Hluthi, Matsapha and Mbabane while another is expected to be constructed at Sigwe with the assistance of Maloma Colliery.



CELEBRATION: Cabinet Ministers and Commissioner General Isaiah Mzuthini Ntshangase join the award winning choir in song and dance.

HMCS CHORAL CHOIR HONoured IN STYLE

Following the series of success stories of His Majesty's Correctional Services choral choir, director of the choir, Isaiah Mzuthini Ntshangase has found it fit to host an event in appreciation of the choir's continued success in the choral music domain.

The prestigious thanksgiving ceremony was held at the Correctional Staff College last week. The choir's successes were showcased in a full packed marquee hall. Amongst the high ranking guests who witnessed this glamorous event included the Prime Minister's representative, Minister Moses Vilakati, Minister for Justice and Constitutional Affairs Edgar Hillary and Minister for Sports, Arts and Culture David Cruiser Ngcamphalala. Other guests included Chairperson of the Swaziland National Council of Arts and Culture Busisiwe Simelane who was accompanied by the council's CEO Stanley Dlamini as well as the Chairperson of the Swaziland Choral Music Association Mbuso Shongwe.

Before invited guests took to the podium to express their remarks, the master of ceremonies Dan Jabulani Mavuso allowed the all-conquering Correctional Services Choral Choir to take to the stage to welcome the guests with a few songs. In the past three years, the choir remains unbeaten in many major choral music competitions held locally and outside the country. These include the Standard Bank Choral music competitions, Old Mutual National Choir Festival and the Melting Pot Choral competitions. In 2014 the choir won the



ACHIEVEMENT: Prime Minister's representative Moses Vilakati handing over the award to Commissioner General Isaiah Mzuthini Ntshangase while shaking hands with Minister of Justice and Constitutional Affairs Senator Edgar Hillary and Sports, Arts and Culture Minister Cruiser Ngcamphalala looks on.

Standard Bank Choral competition held in the country. In this competition, the choir emerged position one both in the Western and African pieces. They also came position one in the Melting Pot Choral Music competitions held in Witbank, South Africa. The choir also displayed an outstanding performance which saw them emerging number one in the Standard Bank Choral competition held in 2015. In the same year, the choir came position two in the Old Mutual Eliminations held at Esibayeni Lodge. However this did not stop the choir from qualifying to compete in the finals which were held in South Africa.

His Majesty's Correctional Services Choir also did the country proud last year by conquering other choirs to scoop position one in the Old Mutual Choral Music Festival held in Bloemfontein, South Africa. The choir came home with E50 000 prize money plus a trophy. The choir performed well in the

Indigenous song, entitled LOBO-LA. This year the choir has once again added a trophy in their cabinet by winning the inaugural Ntjilo Ntjilo Choral Music competitions with a huge margin.

Success

Prime Minister's representative Moses Vilakati thanked the department's authorities for celebrating the choir's success through hosting the event to enable fans and stakeholders to appreciate the choir's good work. He observed that the choir's success was playing a big role in marketing the country's image to the outside world. Minister for Sports, Arts and Culture David Cruiser Ngcamphalala congratulated the choir for its success saying it was making his work as minister responsible for Sports, Arts and Culture a lot more easy. Swaziland National Council of Arts and Culture's Busisiwe Simelane said as a council they were very proud of the choir's continued success in the



LIGHT MOMENT: Minister of Sports, Culture and Youth Affairs Cruiser Ngcamphalala sharing a light moment with Arts and Culture Chairperson Busisiwe Simelane and CEO Stanley Dlamini.



TRADITIONAL: Correctional Services Choral Choir members role play the kulobola tradition.



MY SUCCESS STORY: Conductor Melisizwe Zwane admiring some of the trophies the choir won.

choral music industry and promised that the council will support the choir's efforts and activities going forward.

Appreciation

Commissioner General Isaiah Mzuthini Ntshangase expressed appreciation to the choir's success and encouraged the choristers to continue working hard so as to hoist the department and the country's flags high. Ntshangase said he was very positive that the choir will remain a force to be reckoned with in the choral music competitions as long as the members remained focused and committed in their work. He highlighted that the choir's success was due to the fact that its members always work as a team, are disciplined and very respectful to one another as well as to the management team. The choir conducted by Melisizwe Zwane is made up of 80 members. In the same ceremony, teams which performed well in the various sporting

INMATES POPULATION

TOTAL POPULATION -	3126
MALES -	2900
FEMALES -	226
BABIES -	10

codes for Correctional services were also honoured.

Apart from out classing its local counterparts during the Ntjilo Ntjilo competition, the choir has also competed in other countries such as Zimbabwe and Lesotho.

Celebrating the experience of multi-generational singing, the choir which features an array of new selections, has also made history by being the first local choral music outfit to be invited to perform at the annual Bush Fire Festival where they performed before thousands of music lovers. The Bushfire Festival attracts thousands of spectators from around the world.

Analysis & Opinion

CENSORSHIP ENCROACHING THROUGH THE BACKDOOR

Editor's Pen



WITH: Ackel Zwane

Acting Observer On
Saturday Editor

As condemnation of the South African Broadcasting Corporation breaks many a frontier to penetrate even to our space we can only hope such a decision by the station is not copied by our policy and decision makers who are fond of importing just about anything that would make them look like thinkers.

The SABC has announced a blanket ban on reporting on destruction of property during poor service protest actions in the neighbouring country. We cannot just sit back and not join the world of reasonable voices to condemn such blatant censorship even though others feel it is coming from the backdoor masquerading as an attempt to reduce content that constitute gratuitous violence.

An impression has already been coined that once the public watches the violent footage they will then go all out in support of destruction of public facilities such as schools to vent out their anger at those elected to deliver services but have failed. Can we really blame the intelligence of the public to stoop so low as to destroy what is their own? Unless we are dealing with an irresponsible public, the very public we serve and from whom the right to occupy this media space is derived.

Guidelines

Journalism has advanced to levels of developing and living up to sets of guidelines without compromising the public interest. It would be therefore unthinkable if anyone would think the SABC position of banning coverage of carnage of the public institutions would actually be propelling the very members of the public into adding more destruction.

I was particularly disturbed by a comment coming from an information minister that "it is our belief that the decision by the public broadcaster not to show footage of people burning public institutions, such as schools and libraries, in any of its news bulletins, will go a long way to discourage attention-seeking anarchists." Now, what is news?

The media has reasonable latitude within which it operates and these latitudes are clearly defined by certain sets of standards and rules and institutions such as the broadcasting Complaints Commission of South Africa or the Media Complaints Commission in the case of Swaziland.

If the media begins to censor itself, the

Journalism has advanced to levels of developing and living up to sets of guidelines without compromising the public interest. It would be therefore unthinkable if anyone would think the SABC position of banning coverage of carnage of the public institutions would actually be propelling the very members of the public into adding more destruction.



public will always find alternatives especially with the proliferation of we-media. We have seen that the state needs not position its bulldogs in the running of news outlets to keep away news from the public because these will also find a way to the public the hard way as was the case in the aftermath of the spring revolution or the uprising against the ever rising costs of rice in neighbouring Mozambique.

Impression

Quite often politicians in particular have always lived under the false impression that because they are office bearers of the day they, by that borrowed muscle, can manipulate the operations of state broadcasters to their advantage. The tradition has been to threaten journalists in these media houses to either toe the line or ship out, especially in instances where there are defence mechanisms to safeguard media freedoms.

The security forces have been unleashed on populations whereby people have been severely assaulted for holding a dissenting view from those masquerading as the status quo of the day. The taxpayer, which provides the funding for these state media houses, are therefore denied the truth but instead are fed

lies or utter propaganda that will not serve the purpose for which those houses were founded but instead to promote the egos and agendas of politicians who have grown so potent even human rights groups fear to confront them on their abuse of office.

So much research has been done with many contributions all pointing towards propaganda replacing journalism. Reporters are often given lucrative assignments to cover politicians at the expense of state money, money that would otherwise develop journalism or simply feed the poor in the Lubombo region.

Effort

Over the years there has been a concerted effort to kill, especially print media curriculum, with dwindling investment in this noble profession. The University of Swaziland has only recently announced how exhilarated that government was considering reinvesting in journalism but after what cost? The state has, surprisingly, opted to invest huge monies and energies to activities that appear to be cultural yet they do not necessarily equip the nation as a matter of urgency with survival skills to confront the devastating effects of foreign domination and penetration of the

home market by sub-standard goods in exchange of hard earned foreign currency.

Now in the event of bad governance it is inevitable some form of dissent from the public and the security agents shall be called in at lucrative pay complete with modern gear and equipment to suppress all forms of protest. The media shall be expected not to air these goings on because by so doing they would be perpetrating violence in the society! However the public is already aware that the worst sin ever in journalism, in good journalism that is, is that of omission or censorship of the truth. What the public and technology are capable of is the making available of diverse and more reliant forms of accessing information, what used to be information monopoly in the yester year is nothing but a big lie in the tomorrow of today. The power of information is now cascading down to Joe public and no sooner would this need a journalist or a minister of information to supply information but would select where to get any information of their wish. May be if one may ask what do these politicians make of the digital migration around the corner, does it spell doom or an end to their leadership skills of falsehoods?

Dealing with Diabetes



WITH: Nomalungelo
Ginindza

Diabetes
Swaziland PR

Diabetes impairs your body's ability to produce or use insulin, which regulates blood glucose levels and generates energy.

In type I diabetes, the pancreas does not produce insulin. Without insulin, too much sugar remains in the blood and becomes toxic, leading to fatigue, neuropathy, headaches, blindness and death if left untreated. Type II diabetes is developmental and involves cellular resistance to insulin, which doctors usually don't diagnose until patients report obvious symptoms such as chronic headaches.

Hyperglycemic headaches

Hyperglycemia occurs when too much glucose circulates in the blood owing to either lack of insulin production in the pancreas or cellular resistance to insulin. Hyperglycemia is a hallmark of both types of diabetes and is a serious condition because high concentrations of glucose are toxic to nerves and blood vessels. According to the Mayo Clinic in America, headache is an early symptom of hyperglycemia and frequently includes blurred vision, fatigue and confusion. In the absence of insulin therapy, hyperglycemia can cause a buildup of ketones, which are waste products in the blood and urine, leading to coma and death.

Glaucoma headaches

If you have diabetes, especially type II, you are more prone to developing glaucoma, according to the 'Professional Guide to Diseases.' In glaucoma, the optic nerve is damaged, which leads to progressive, irreversible blindness. Diabetes is accompanied by a higher incidence of glaucoma because the optic nerve is sensitive to high levels of blood glucose.

Glaucoma is often associated with increased pressure within the eye, which can cause eye pain and headaches. Glaucoma-related headaches often feature stabbing or sharp pain above and behind the eye and sometimes include blurred or sudden loss of vision, halo-like visual phenomena, nausea and vomiting.

Neuropathic headaches

Diabetes often leads to neuropathy, which is nerve injury and irritation caused by high levels of glucose in the blood. The brain contains many neurons, including the larger cranial nerves, which can develop neuropathy as a consequence of diabetes. Neuropathy in these nerves results in severe, pounding headaches.

What is hypoglycemia?

To better understand how sugar triggers headaches, let's first talk about hypoglycemia. Hypoglycemia occurs when the body's glucose (or sugar) levels drop below 70mg/dL. This can not only trigger a headache, but also confusion, dizziness, shakiness, hunger, irritability, and weakness. If your glucose levels are not brought

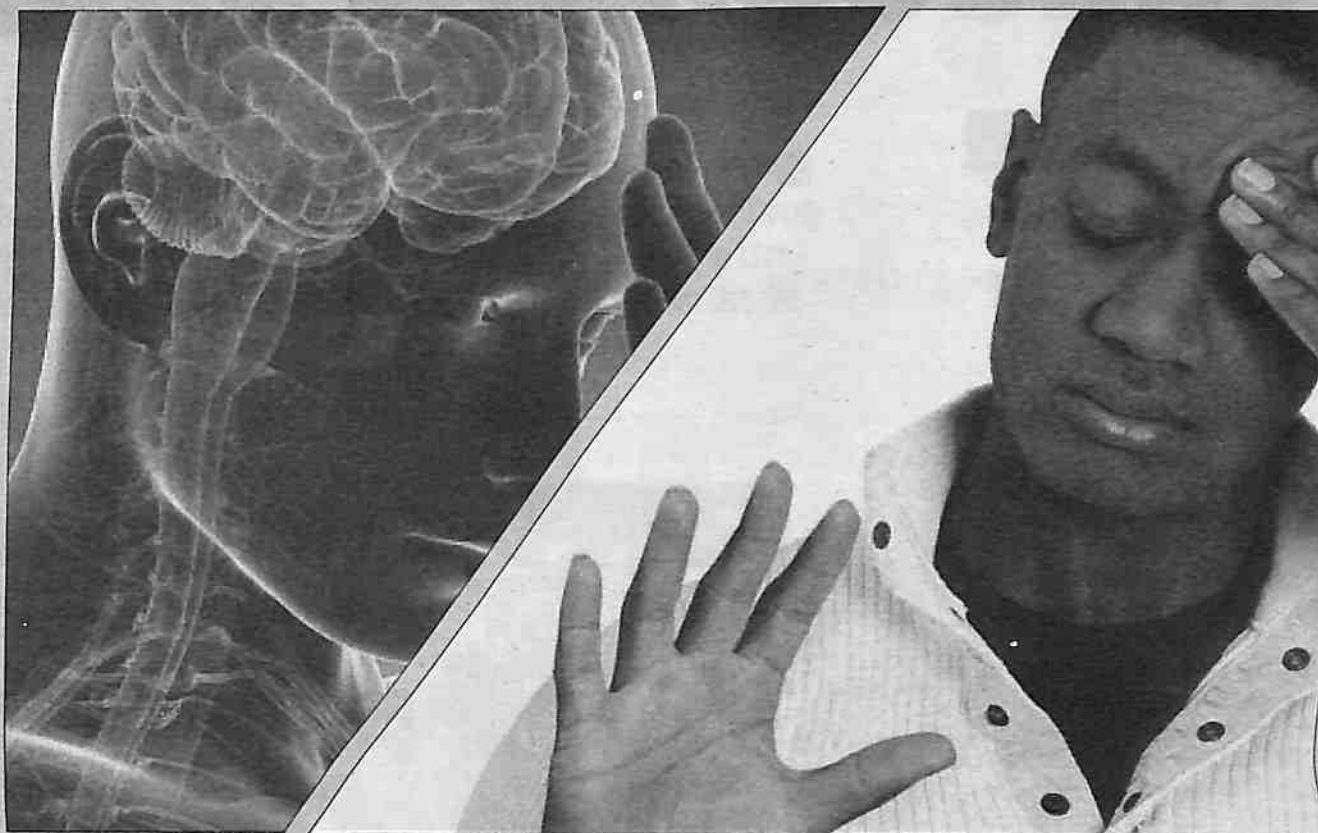
back up to 70-100mg/dL, then symptoms can worsen to include numbness, poor concentration, poor coordination, passing out, and even coma.

There are a few causes of hypoglycemia. One cause is fasting, as the body is not able to take in enough glucose to maintain proper levels. Hypoglycemia is also common in patients with diabetes and can occur when someone takes the wrong amount of insulin or diabetes medicine, takes the medicine at a different time than usual, waits too long to eat or doesn't eat enough, exercises at a different time of day, or drinks alcohol. Hypoglycemia can also occur without diabetes. It can come from excessive alcohol consumption, chronic illnesses like kidney disease, over production of insulin by the pancreas, and endocrine-related issues.

What does a headache caused by hypoglycemia feel like?

Headaches from hypoglycemia are usually described as a dull, throbbing feeling in the temples. The pain can occur with other hypoglycemia symptoms, like blurry vision, increased heart rate, nervousness, fatigue, irritability, and confusion. Hypoglycemia

DIABETES AND HEADACHE



● Headaches from hypoglycemia are usually described as a dull, throbbing feeling in the temples. The pain can occur with other hypoglycemia symptoms, like blurry vision, increased heart rate, nervousness, fatigue, irritability, and confusion.

can also trigger a migraine headache. In fact, some migraine sufferers report craving carbohydrates before the migraine hits, which may be the body's way of regulating blood sugar and preventing the headache. Migraine headaches caused by hypoglycemia will usually not be accompanied by typical migraine symptoms like nausea, vomiting, and sensitivity to light and sound. Instead, the migraine is more likely to be accompanied by the hypoglycemia symptoms noted above.

How can hypoglycemia-induced headaches be prevented?

To prevent your hypoglycemia-induced headache, it's best to prevent the hypoglycemia. Preventing blood sugar from dropping is the best route. If you have diabetes, it is important to follow the medical management plan established with your doctor. Be sure to check in regularly with your doctor so he or she can monitor you for any changes that may affect your treatment plan. If your hypoglycemia is not caused by diabetes, then it is important to change your diet to prevent low blood sugar. Doctors suggest that people who suffer from hypo-

glycemia eat smaller, more frequent meals and snacks throughout the day. It is advised to go no more than three hours between eating. A well-balanced diet rich in protein and fiber will also help to maintain your blood sugar levels. Foods that contain sugar and alcohol should be limited, especially on an empty stomach. Regular physical activity is another important management technique.

What do I do to treat a hypoglycemia-induced headache?

It is important for individuals with hypoglycemia to have their blood sugar monitor and a snack with them at all times. If your blood sugar dips, it is important to get your glucose level back up between 70mg/dL and 100mg/dL. Try:

- Eating 15 grams of a fast-acting carbohydrate, such as hard candy, fruit juice, honey, sugar, or syrup.
- Taking over-the-counter glucose tablets
- Eating a snack with carbohydrates and protein, such as crackers and cheese or peanut butter

FOR QUESTIONS AND MORE INFORMATION
e-mail us on: diabetesswaziland@gmail.com
CELL: 7607 1889 TEL: 2505 3487

WRITER'S NOTE

With Phumelele Mkhonta



So, this weekend I proved to myself that I am no girly girl; I just took my oestrogen and tossed it out the window and tapped into my masculine side. Yes, this publication is filled with the boys. Not just boys, but those who are very passionate about life, fashion, art and achieving goals. All of them yearned to share a story via L&E and I did just that; L&E with Izi-boys.

I actually took time out to fuse two styles; for Kasi boys and for the Cheeseboys. Khonz'ekasi will youch and elaborate for your Kasi boy and his style essence while Teddz Urban will be more lustrous and elaborate on your hi/hop 'music videos' kind of boys. *Hahaha, yoh!* I can't believe I went this deep with my masculinity.

I personally hope you guys are fully recovered from the hectic weekend; from Bushfire, Professor and all the other shows that were happening and I sincerely hope your pockets are still intact, LOL.

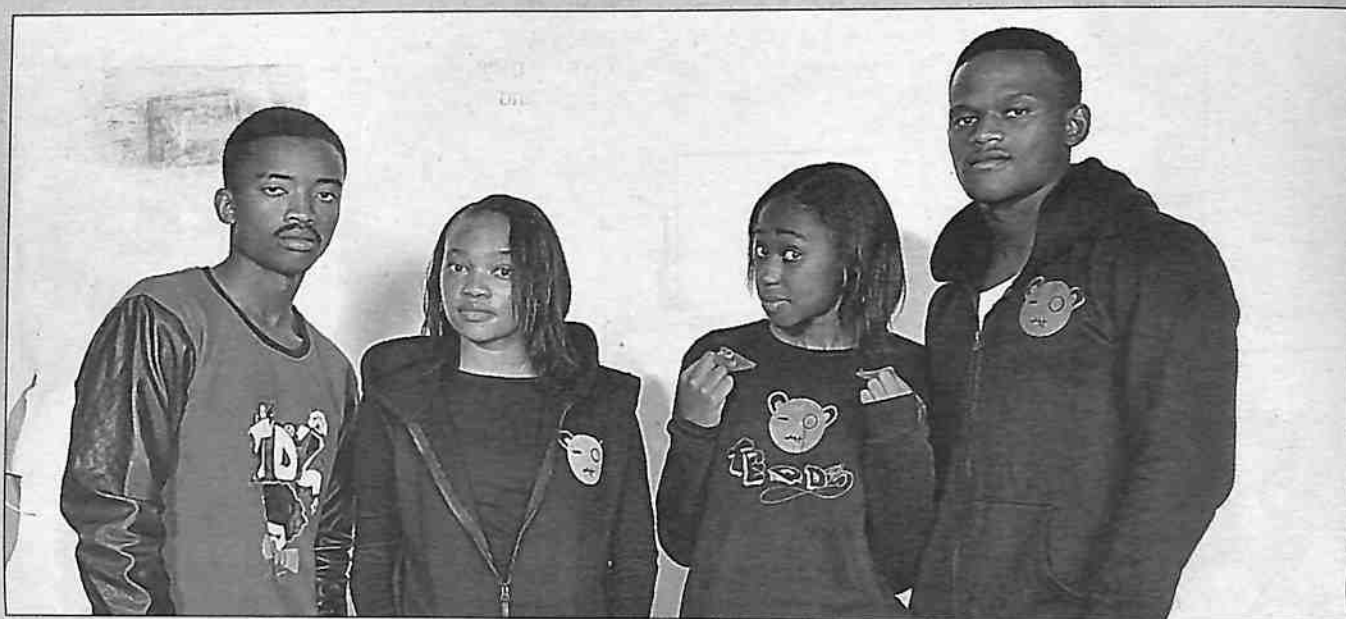
I did not completely marginalise you my fellow sweeties, we still have our Women's Corner and our back page is filled with very pretty models.

She is goofy and sentimental and writes for the soul more than anything. She has written songs for top Swazi artists, which went out to be hits. Her name is Tiara Geneva and this week she is giving us her sad story about relationships in her blog 'Diary of a working single mother'. Read through, maybe you can relate to them if not learn something from this.

Hope you enjoy this, am out!

Winter fashion

STAYING WARM WITH TEDDZ URBAN CLOTHING



● "I love looking good in a sense that every time I leave the house, whether heading to church, school or to work, I just have to look smart. And ever since I have always had a taste for fashion and I looked different doing it."

This winter is increasingly getting chilly with each week and yes, it is inevitable that we have to keep warm, if not warmer.

L&E loves its readers, so we saw it fit to incorporate Teddz Urban in this issue so that we are well equipped on how to keep warm this winter and by WHOM.

So, we talked to Mxolisi Baras (24) from Fairview North in Manzini. He did his schooling at St. Paul's Methodist and he is currently working at Royal Villas Hotel.

Please give L&E a brief detail of your clothing line

Well, this establishment emanated from the fact that fashion has always been my life since tender age. I have always been very cautious on how I look. I love looking good in a sense that every time I leave the house, whether heading to church, school or to work, I must always dress smart. And ever since I have had a taste for fashion and looked different in it. I eventually decided to start my own clothing line and branded it with my nick name 'D-Mxo'.

This all happened in January 2015 meaning my label is just over a year now.



The founder Teddz Urban clothing Mxolisi Baras.

When my friends got to see my designs they immediately fell for them.

They insisted on buying them and wanted me to inscribe their nicknames on the designs.

So it made me realise I can make money from this. My friend Lwazi Nhlabatsi helped me come up with the design of the

label, he actually conceived that came back with interesting drawing of Teddy Bears, from hip/hop inspired ones to cuddle teddies. That is when we eventually decided to label my brand Teddz Urban.

What inspires your Winter range?



THE FASHIONABLE KASI STREETS WITH KHONZ'EKASI

Khonz'ekasi Clothing is a brand wholly owned by a young Swazi man, Mfunwa Nhleko.

This brand makes clothing using the *Khonz'ekhaya* bag that is famously known in our household. They mainly produce; bags, bucket hats, T-shirts, sweaters, jeans and customised sneakers.

FOUNDER'S BACKGROUND

I am a 26-year-old adult male having been born on February 14, 1990. I am also known as *Khonz'ekasi* or 'Jimmaro'; all based on my business and named by my customers and fans.

I was born at Siteki and but grew up in Big Bend. I did my primary at Matsesa where it some form of a 'Kasi', and I grew to love this place; partly emanating to the name 'Khonz'ekasi. I am just a *kasi* boy.

I studied ICT but I am currently unemployed.

That is when I decided to be innovative and thus came up this brand. So I basically design clothes and sell these to the people.

SUPPORT FROM TEAM AND NATION

The nation and my team have been giving me tremendous support towards my brand. I have actually learnt a lot in this industry am hopeful I'm destined for bigger and better things. My brand shall reach an international level.

I am proud and grateful to my team of models, ambassadors and fans. I have been supported by Diba Diba, J-King, Eimsofly and *Make Simelane* my neighbour who is always there, helping me out and mentoring me to be a better someone.

ON UNIQUE HAT DESIGNS

I am very much aware that my designs, especially my hats, are unique. The reason is because I brainstormed hard on how I am going to set apart my fashion house from the rest. I use the *Khonzekhaya* bags and combine them with jeans and sometimes fabric.

I am also inspired by Louis Vitton *giggles*. You cannot believe that they have almost the similar concept but sell it at \$600, CAN YOU IMAGINE THAT. I mean it is the same *Khonzekhaya* that we use in our households every day. From this observation I just had to Google this label so I can derive tutorials on how to produce similar products, and even expand from then.

CUSTOMERS FROM OVERSEAS

I am not a tailor but I generate these ideas and they somehow work, I know, and this



inspires other people. I am simply a designer that does not do dressmaking. So when my customers request me to do more and be more innovative, I just go for it.

I am proud to say I have customers from the United States of America. Just recently, five of my hats were ordered there and I delivered them this week.

What I have personally learnt from this



experience is we can make something of ourselves from a vague and bleak situation. I can't thank my customers enough for believing in me. Who thought that *Khonzekhaya* can actually make great designs?

As Africans let us use what we have; be innovative and not rely on employment for livelihood as the youth.

(By Phumelele Mkhonta)

Where do you draw your inspiration from?:

My family and friends are a great support system. I do not even want to comprehend where I would be if it was not for them. I spent my whole salary in January in producing 10 T-shirts, from then... things are looking up.

(By Phumelele Mkhonta)

DEFINING ART WITH MAPENSELA



Cover story

People who have the guts to explore their artistic nature, and focus on it come very rare. L&E had the luck to sit down and have a chat with this artistic muse.

And yes, today we celebrate Ncamiso, who goes by the name of Music-Prince or Mapensela, Dlamini who is a 22-year-old artist from Manzini.

Mapensela is a fine artist and/or visualist. According to him.

It means that he has an eye for a great-looking environment.

"Most people I get to meet think I am a model, simply because I am very cautious about my image and how I present myself, ALWAYS," giggles Mapensela.

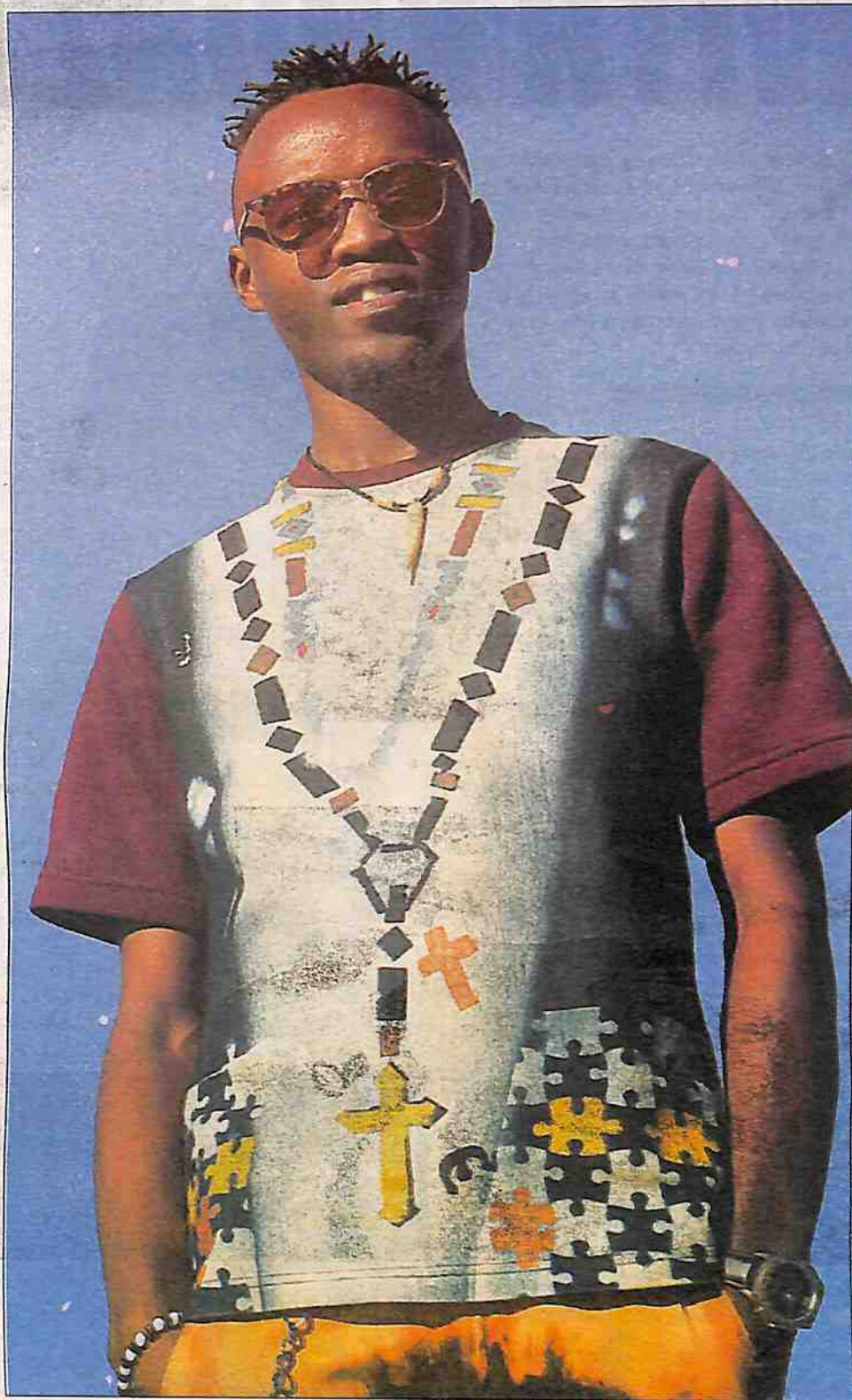
FINE ART VISUALS

Honestly, this used to be a hobby for me but it then developed into a business five years ago. I am trying to invest my craft with other brands/characters/artists like me.

So currently, I self finance and craft portraits mainly from framed A4 to A1 sizes, charging from \$25. I am still looking to explore more investors and clients globally into ME as a package and a brand.

ON FASHION

This is an area I developed interest in since I was a teenager; my motto was SWENK is who you are. That is why I saw it wise to have my INSTAGRAM account and collaborate my image with other brands. I am currently working with a brand called MAILANE; it produces great fashion and



● "Most people I get to meet think I am a model, not because I am but simple because I am very cautious about my image and how I present myself, ALWAYS,"

craftwork mainly outside the country.

WHY 'MUSIC PRINCE'

From a tender age I fell in love with music. Fortunately, while I was still in High School I found my sound in music and involved myself in performance arts in music. This is how I landed the name 'Music-Prince'.

HOW TO GET A PORTRAIT

Mapensela believes in social media to showcase his work and touch base with his followers and supporters;
 INSTAGRAM @musicprincebee
 TWITTER @musicprincebee
 FACEBOOK PAGE @MaPensela
 E-mail musicprince10@gmail.com
 (By Phumelele Mkhonta)

Once again the adage that dynamites come in small packages has been proven to be true, without a shadow of doubt, after a petite choral music giant landed an overseas trip with only his gift.

Yes, indeed scholar Zweli Msibi is off to the youth festival choral championships in Denmark where he will be representing not only his country but Southern Africa as a whole.

After conquering Swazi shores in the choral music front and taking his talent beyond our borders, it was time for the world to have a taste of the youngster's talents.

Inevitably he will be leaving the country next month, July 3 to be precise, for the event that starts on 6th until the weekend (July 10).

Joyce Meyer could have had Zweli in mind when she stated "a pencil and a dream can take you anywhere". The youngster is living the dream now as it were.

On Wednesday July 6, Zweli will be participating in the Wonderful Days Festival at the western part of Denmark. "This will be a live rendition, at the festival and am definitely looking forward to serenading my contemporaries, this being a youth event. I will be sharing with them what Swazis have to offer in the choral music genre," the ecstatic, but modest, Zweli says.

In fact that he will be performing before scholars which makes him even more energised and elated, especially this being an international forum.

He has been given seven days absence from school, as the youngster is a pupil at Elangeni High doing Form Five. The letter of invitation specifically details this and his authorities have approved the leave of absence, according to him.

Again on the night of July 9 he will be performing before a big congregation of choral music fanatics, prior to making the long and tedious trip back to the country. One might as well concur with another saying that "there are no speed limits on the road to excellence" as the gifted choral music youngster is seamlessly delivering at the top stage with relentless ferocity as if competitors were not there. Mind you he is felling giants along his path to success.

Work

"I'm hard at work though, both in my studies and giving it my all in the choral music front as I don't want to be a disappointment on either front. I know many are looking up to me, thus I must not be a let down to my fans and classmates.

"I can't wait to expose and espouse my talent at the international stage, having done well in Southern Africa," he says.

He believes he can shape and sharpen upcoming Swazi choral music stars, if given the chance, as he argues that locals are talented.

It would not be a strange phenomenon, as, after all, he's been doing such with aplomb and astuteness at Elangeni High whenever given the chance by his music teacher.

Often times he is called upon to lead or be the conductor of the school's choral music choir and that's a unique feat, uncharacteristic of just any other learner. But the stripes on Zweli's shoulders make his stand out tallest than the rest.

His talents and tactical abilities saw him landing the role of coaching, mentoring and grooming his colleagues in school on

ZWELI MSIBI'S STAR JUST KEEPS SHINING ON

...as tenor star off to Denmark



voice projection, diction, etc.

Those are the finer aspects of choral music, if you were to put it in another perspective.

In Swaziland he is the reigning Best Soloist in the schools choral music fraternity, sponsored by SwaziBank and after receiving a ticket to SA where he participated in a competition of similar magnitude, he still emerged the best still.

This was during the South African Choral Music Awards (SACMA), at a glamorous event held at the International Convention Centre (ICC) in Durban.

His participation in this competition was courtesy of him having emerged the best tenor soloist in the South African Schools Choral Eisteddfod (SASCE) finals (held in Midrand, South Africa), last year. Zweli graced the bigger stage after being crowned SwaziBank choral music Best Soloist.

Lest we forget, in December last year Zweli scooped the Best Soloist award during the NACAs (National Arts and Culture Awards) staged at Esibayeni Lodge in Matsapha.

No doubt he is on the verge of choral music greatness.

Asked whether such honours in extra-curricular activities were not distracting his attention on his studies, Zweli responded to the contrary.

"Not at all, I'm giving 100 percent dedication when in class and my



teachers can attest to this as well as my classmates. When I'm at the choral stage, it's the same thing, 100 percent commitment as well," he says.

Demonstrates

Evidently this demonstrates he is in accord with Robert Schuller who once observed, "Spectacular achievement is always preceded by spectacular preparations".

So you've heard the rest and seen them, it's now time to allow something new indulge and interest you in the choral music front.

The refreshing and rejuvenated young soul in Zweli would no doubt see his talent being enhanced and extolled by the world.

Clearly he's not your average chorister. He can perform for a certain

calibre or audience yet deliver with unparalleled distinction whatever the stage or arena.

It is not in doubt that Swazi choirs and choristers are no pushovers in continental contests. They have arrived on the international stage and big time, that is.

We've witnessed this with the exploits of His Majesty's Correctional Services Choir, themselves, taking after Manzini Choir who even reached Wales in the United Kingdom with their strength and superiority.

Time will tell whether or not Zweli's confidence could see him withstand the test of time on the international front as the countdown to July 3 has already begun.

(By Njabulo Dlamini)

We are Women



THE MAKINGS OF A WOMAN

Have you ever thought about your significant other, if you have a spouse or are in a relationship?

What about your female sibling, female cousins, not to mention, that one woman who carried you a good 9 months in her belly, feeding for two, keeping the precious gift she was carrying healthy and safe.

Women are such phenomenal beings, although widely known to weep easily and are known to be 'too emotional', this is one species God created to balance up the scales in a mad, loud and absolutely crazy world, be it at home, at work and everywhere else.

Career

I'm always in awe at how much strength it takes for single women or married ladies to single handily raise her children, while balancing a career amongst other things. It's unfathomable for most, even for the woman herself. 'My God, how does she do it?'

Women by nature are emotional creatures. Some may let the world view their emotions on display as they cry, yell, screech and yes nag on and on... While others may choose to retain their feelings, 'holding it in', it's called. However, don't be fooled, her feelings may as well be as audible as the other character, as she is weeping inside.

It often takes a very special kind of guy or man to understand a real woman or even a seemingly complex female. It's my firm belief that God in his 'all knowing ways', created the female's companion to understand her as

complex as she is. To complement her seemingly difficult nature which only the Creator knows.

I have seen marriages last 40 years, some just 4 weeks. Whether it is due to a clash of characters, yet again, only God knows. Personally I believe if the Almighty places two very similar characters, the world would be one very boring and predictable place. I believe opposites do attract and in some instances complement each other.

Another element that makes a woman what she is is her ability to forgive. The softening of the heart is a characteristic much to be envied and does not come easy. It is grace. It also takes time to forgive.

Pampered

Women are also known to enjoy being pampered, remembering her birthday for instance or your wedding anniversary and even that its mother's day. A simple message like hi, 'happy birthday' or happy mother's day means a lot, don't let another beat you to it when she could have preferred to hear that message from you! Think about it fellaz. A simple birthday card or anniversary card is all it takes, for it's the thought that counts. This, I believe is why there is some longevity in certain relationships. I personally idolise and I am inspired by those who are in it for the long term. Period. That's appealing.

However a little expensive fragrance or Spar voucher would be appreciated once in a while..hint, hint, wink, wink. This here, is the makings of a woman.



POETRY CORNER

P.O.E.T
(Person of Extraordinary Thinking)



...By Bhkentansi

DRIFTWOOD

We are like two piece of
driftwood.
Floating away from each
other
Down the river of no
return.
Our hug is an empty
hold.
We have lost our love...
But,
Not on my part.
I still love you from the
bottom of my heart.
The river of loneliness is
flowing so fast.
Soon our love will be a
fling of the past.
And when the river runs
to the sea,
There won't be me,
Nor you.

DIARY OF A WORKING SINGLE MOTHER FROM HERE TO CAIRO

Dear Diary

Tirelessly I'll walk towards you.
Persevere until I get there and see
you. For a week now all your phone
does is ring, unanswered.

For a week now I have been worried sick
about your well being.

For a week now I have been asking the
almighty to keep you safe.

Seven days of crying silently, wondering if
that heart still beats, at least for me.

You remember the promises we made to
each other before you left these tiny arms?

You remember the long good kiss you
gave me after you swore on your father's
grave that you will call me daily?

Well, that promise has not been fulfilled
for seven days now and I have cried my
eyes red.

I am willing to walk the miles up to where
you are, I won't rest until I take a sip from
the oasis of Shalm El Shekh.

I won't rest until I know you are safe.

I know, therefore, beautiful girls all over
the place and you are far from being an
angel but do you for a second consider my
feelings.

Silly me, I have been here waiting for you
since you left on that windy July evening.



The tears you wiped have been falling down
my face, as I keep my eyes to the skies hop-
ing that a plane, with you in it, will pass by.

Gosh..! all sort of thoughts have been cir-
culating my mind, I am about to pull my
hair out. Where on earth are you? Are you
even still in this miserable planet? If not,
show me a sign.

Rest

Do you ever think of me every now and
then over there? Or is Cleopatra with the
slim body all over you?

Look I will walk from here to Cairo for the
truth; I won't rest until I get there and see

you with these eyes.

From dusk till dawn I'll be walking
through the land of the sun. I will cross the
equator with my bare feet.

Pray I do not find you in Cleopatra's
hands. You better be preparing a very good
excuse because, when I get there, I want
answers.

Why break me so much? Why let my calls
just ring unanswered? You probably will be
dancing as it rings.

Drama queen I will not be, the only drama
I will cause will be my U-turn at that dusty
city. No! I won't fight for you.

Empty

Your time in Egypt will come to an end
and you will come home to an empty house
and empty life, because I and my thick pure
African ass will be gone for good.

I am halfway towards Cairo; you better
keep your things together boy, fire is on the
way. Your excuses better be of because
death or you are in a hospital bed, in a coma
because if not, I will pull your teeth out. I
am getting closer to the truth. You held my
face in your hands, looked at me straight in
the eyes and said you were going to serve
our country but now you are out there serv-
ing your dick. I bet you couldn't wait for a
year huh? Not unless you have been shot
dead, no apology will be accepted from this
side. None of your excuses will convince
me either, you lying skunk!

Youth on the move...

KasiSwaggBoi, otherwise known as
KSB for short publishes the art-work
of his upcoming music project, due
for release this June, CounterAct Extended
Play.

The project which has released 3 singles
thus far, commenced in September 2015, dur-
ing the time, when the first single titled
#3WhiteCups was released. It was then fol-
lowed by the single titled Mphelasontfo
released in December 2015, which yielded
massive air play on the radio and even made it
to the National Top 20 Charts. KSB continued
to release his new age commercialised sound
impressively grabbing the attention of his fol-
lowing when he dropped the third single of
the project in April 2016 titled Iy'nyawo,
which managed to debut on the National top
20 chart show, just a week after release, and is
still currently on the charts sitting on number
16 as of last week.

About KSB

Hassaradji 'KasiSwaggBoi' Figueiredo is a
26year old hip/hop star, from Mbabane, who
officially went on radio with his single
'AboRinga Mo'. He is a multi-lingual artist as
he has the ability to fuse SiSwati, Portuguese
and English lyrics.

He began his music career in High School
(2004) under the mentorship of Tallica Reeze,
who was a rap mogul then; at that time he was
also working with today's house hold name
rapper King Terry. In 2014 before moving to
Johannesburg to pursue his BSc. in Human
Resource Development, he worked on the
music video 'AboRinga Mo' hit single.

Consistency

KSB has proven to be one consistently and
rapidly growing artist in the local industry.
This is noted by the notch he picks on each
single project released. This has therefore cre-
ated the anticipation of the upcoming extend-

KSB PUBLISHES COUNTERACT EP ART-WORK



ed play project, CounterAct.

The Extended Play Project

KasiSwaggBoi's Extended Play Project fea-
tures 9 records, executively produced by Alex
Muti and Slate, also housing producers Neves
AOX and Bicubic.

It also features contributing acts such as
Tiyas King, Cody NeyyXoku, Marcus, Deo,
Dat Guy and King Terry. The project is
described as new age music and is a transition
of KSB from conscious 'rap type' of music to
commercial.

Art work

The art-work of the CounterAct EP project,
designed by Alex Muti, is one of the best and
impressive art works produced as far as the
music industry is concern. It holds a deep
meaning and rather a plain sited context
simultaneously. KSB always goes all out
when it comes to his work, one only antici-
pates what more surprises the young artist has
in store, and one the question that remains is
will the music project uphold the standard
already raised by the art-work. Catch up with
KSB on his FB page: KasiSwaggMusic.
(By Phumelele Mkhonta)

Blockword Puzzle

Words can go horizontally, vertically and diagonally in all eight directions.
Words may overlap but do not share letters.

Types of Dog

I	O	E	R	E	L	I	E	W	T	T	O	R	T
F	S	E	R	L	S	O	O	U	N	E	H	E	E
E	H	B	E	A	U	H	A	U	H	I	H	C	R
C	E	R	H	C	O	R	G	I	I	L	A	O	R
O	P	E	C	D	N	U	O	H	S	L	R	E	I
T	H	X	S	R	I	G	I	S	D	O	S	C	E
R	E	O	N	D	D	R	O	A	H	C	N	G	R
D	R	B	I	G	S	L	L	D	C	U	R	L	D
R	D	A	P	H	A	M	H	O	L	E	E	C	B
G	S	D	H	H	A	U	S	I	L	L	U	I	E
R	O	I	I	T	D	E	E	E	C	E	U	L	A
R	E	R	I	H	R	H	R	A	D	R	T	B	G
D	M	A	S	T	I	F	F	C	L	U	R	E	L
E	N	B	L	A	T	S	E	T	T	E	R	E	E

HOUND
 COLLIE
 DALMATIAN
 MASTIFF
 SHEPHERD
 BOXER
 CHIHUAHUA
 ROTTWEILER
 TERRIER
 PINSCHER
 BULLDOG
 BEAGLE
 SETTER
 CORGI

WIN WITH SWAZI OBSERVER AND LESERATO EVENTS

(Get the name correctly in the puzzle and stand a good chance at winning E100 worth of airtime, as well as a month long supply of Observer on Saturday copies, delivered to your door step. Have them dropped at Swazi Observer offices in Mbabane by Wednesday and be amongst the best candidates to win such prizes)

NAME:

CELL:

Cartoon Corner

Baby Blues



Blondie



Hagar the Horrible



SOAPIE WATCH | SOAPIE WATCH | SOAPIE WATCH | SOAPIE WATCH



Monday, 06 June Storm In Memel

While suspicion is cast on Samson, the Zungus decide they need a plan of action to address the storm brewing in Memel.

Tuesday, 07 June New Life, New Problems

The Ngwenyas up the pressure on the Memel Taxi Association, while Pam struggles to adjust to life in Protea.

Wednesday, 08 June Looming Doom

Mkabayi worries Mpiyakhe's plan to unseat Samson is doomed to fail while Fezile deepens his investigation into the Cobra headed squad.

Thursday, 09 June Problems for Pam

Samson receives unexpected support. Fezile's investigation leaves him with more questions. Pam has an unnerving encounter in Protea.

Friday, 10 June Call for Help

The Memel association returns to the negotiation table. Fezile's investigation bares fruit. Pam's attempts to get Kaone's help go horribly wrong.



Monday 06 June

James reduces Nthabeleng to tears. Vusi and Rendani are onto Sthe. Vele sees a side to Mmbosweni she never knew existed.

Tuesday 07 June

Nthabeleng leaves town without informing Ndalamo. Vusi and Rendani suspect Sthembiso of being a thief. Vele ups her game.

Wednesday 08 June

Ndalamo admits that he cannot accept Nthabi's leaving. Gizara says then he needs to get her back. Sthe reveals he works in people's gardens as a side job. Teboho has organized a radio interview for Mulalo and he is not happy.

Thursday 09 June

Vusi convinces Malose to give an interview about his life on air. Vele hijacks Khoroni to further her political agenda. Ndalamo arrives in Cape Town only to find that Nthabeleng has checked out of the hotel.

Friday 10 June

Vusi, Sthe and Rendani change Malose's life for the better. Ndalamo finally finds his way to the love of his life. Vele and Teboho equally go out of line with the elections.

ISIDÍNGO

Monday 06 June

Sizwe sees a way out of his predicament, Gabriel doesn't like it one little bit. Tyson finds Nina's weakness and exploits it. An unexpected show of kindness raises Samantha's spirits.

Tuesday 07 June

Morogwa cranks up the heat on Gabriel and Sizwe. Tyson hits a brick wall in his search for Katlego. Rajesh gives Barker a taste of his own medicine.

Wednesday 08 June

Sizwe feels the wrath of the miners on his shoulders. Tyson confronts Calvin about Katlego. Barker caves in and humbles himself to Rajesh.

Thursday 09 June

Zukisa surprises Sizwe by standing up for herself. Calvin and Tyson nearly come to blows. Brad complains that he doesn't want to be perceived as a nepotism appointment.

Friday 10 June

Gabriel is threatened by a dangerous mob. There's no running away for Zukisa. Gabriel sells Sizwe out. Bradley gets a confidence boost.



Monday 06 June

S'manga is thrilled about Ntswazi's decision even though no one else will be. Mazwi is on a mission and pushes too hard. Gadafi will do whatever it takes to get Kobus to talk, even if it means torturing him.

Tuesday 07 June

Cosmo is floored by an unexpected offer of help. Namhla is upset when Fana unwittingly offends her. Karabo steps in front of a gun to try and stop a murder.

Wednesday 08 June

Lucy dotes on Lesedi to spitefully prove a point. Getty's hopes are shattered when her family doesn't come through for her. Tshidi has the perfect plan to get herself out of the snake's lair.

Thursday 09 June

Ntswazi is not happy about the state of her relationship. Smanga is mortified about what Sipho wrote on his blog. Zondo decides to re-open the case around Zola's death.

Friday 10 June

Jack wants to tie up loose ends. Mazwi has to choose - his lover or his family? The vengeful trio celebrate a hollow victory.



Monday 06 June

Bab'Nkomonde fortifies Tsietsi before the trial. Buzwe cuts Nkonzo down during the cross examination. The Prosecution introduces a surprise witness. Reba pulls a gun on Solomon.

Tuesday 07 June

Buzwe tampers with matters of the heart hoping to turn Stich's deadly statement around. Reba has to ask for reinforcements from Mickey when Solomon places her in a difficult corner. Nkonzo puts Mpho under intense pressure.

Wednesday 08 June

Selo tries to stop Reba's increasing involvement in the gun running. Selo cheats on Mandlakazi. Tsietsi makes a recording to his unborn babies. Buzwe is not going to compromise on his work to make Reba happy.

Thursday 09 June

Mpho takes the witness stand and changes her statement. Selo takes the stand and testifies about the tough choice of having to kill one son to allow Mandlakazi to live. Nokulunga wants Selo to come clean about Makhoza to Mandlakazi.

Friday 10 June

Mpho is afraid to go home and face Reba. Reba clashes with Mandlakazi over her testimony. In court, Mandlakazi defends Tsietsi's actions. Buzwe humiliates Reba on the stand. Tsietsi awaits the final verdict.

LIVE SMART, BE ACTIVE, EAT WISELY

WITH:

Ministry of
Agriculture Home
Economics
Section



Obesity is a medical condition whereby a person has accumulated so much fat that it might have a negative effect on their health.

If your BMI is 30 or over you are considered obese. Most of the times we use the words obesity and overweight interchangeably yet they are not the same. Overweight is a condition in which a person's weight is 10%-20% higher than normal as defined by a standard height/weight chart, or as a body mass index (BMI) of 25 to 30.

Body mass index (BMI) is a simple index of weight-for-height that is commonly used to classify overweight and obesity in adults.

It is defined as a person's weight in kilograms divided by the square of his height in meters (kg/m²).

Symptoms of obesity

Weight gain usually happens over time. Most people know when they have gained weight. Some of the signs of overweight or obesity include:

- Clothes feeling tight and needing a larger size.
- The scale showing you've gained weight
- Having extra fat around the waist.
- A higher than normal body mass index and waist circumference.

What causes obesity?

Obesity has many causes. The reasons for the imbalance between calorie intake and consumption vary by individual. Your age, gender, genes, psychological makeup, socioeconomic, and environmental factors all may contribute.

Genes: Your genes may play a role in efficiency of metabolism and storage and distribution of body fat.

Family lifestyle: Obesity tends to run in families. This is caused both by genes and by shared diet and lifestyle habits. If one of your parents is obese, you have a higher risk of being obese.

Emotions: Some people overeat because of depression, hopelessness, anger, boredom, and many other reasons that have nothing to do with hunger. This does not mean that overweight and obese people have more emotional problems than other people. It just means their feelings influence their eating habits, causing them to overeat.

Environmental factors: The most important environmental factor is lifestyle. Your eating habits and activity level are partly learned from the people around you. Overeating and sedentary habits (inactivity) are the most important risk factors for obesity.

Sex: Men have more muscle than women, on average. Because muscle burns more calories than other types of tissue, men use

more calories than women, even at rest. Thus, women are more likely than men to gain weight with the same calorie intake.

Age: People tend to lose muscle and gain fat as they age. Their metabolism also slows somewhat. Both of these lower their calorie requirements.

Pregnancy: Women tend to weigh an average of two to three kilograms more after a pregnancy than they did before the pregnancy. This can compound with each pregnancy.

Obesity can be associated with other eating disorders, such as binge eating or bulimia. People who sleep fewer hours also seem to prefer eating foods that are higher in calories and carbohydrates, which can lead to overeating, weight gain, and obesity. Sleep helps maintain a healthy balance of the hormones that make you feel hungry (ghrelin) or full (leptin). When you do not get enough sleep, your level of ghrelin goes up and your level of leptin goes down. This makes you feel hungrier than when you are well-rested.

Healthy risks associated with obesity

Insulin resistance: Insulin is necessary for the transport of blood glucose (sugar) into the cells of muscle and fat. By transporting glucose into cells, insulin keeps the blood glucose levels in the normal range. Insulin resistance (IR) is the condition whereby the effectiveness of insulin in transporting glucose (sugar) into cells is diminished. Fat cells are more insulin resistant than muscle cells; therefore, one important cause of insulin resistance is obesity. The pancreas initially responds to insulin resistance by producing more insulin. As long as the pancreas can produce enough insulin to overcome this resistance, blood glucose levels remain normal. This insulin resistance state which is characterised by normal blood glucose levels and high insulin levels can last for years. Once the pancreas can no longer keep up with producing high levels of insulin, blood

glucose levels begin to rise, resulting in type 2 diabetes, thus insulin resistance is a pre-diabetes condition.

Type 2 diabetes (Adult onset diabetes)

The risk of type 2 diabetes increases with the degree and duration of obesity. Type 2 diabetes is associated with central obesity; a person with central obesity has excess fat around his/her waist, so that the body is shaped like an apple.

High blood pressure (hypertension):

Hypertension is common among obese adults. Weight gain tends to increase blood pressure in women more significantly than in men.

Heart attack: The risk of developing coronary artery disease increases three to four times in women who had a BMI greater than 29. In patients who have already had a heart attack, obesity is associated with an increased likelihood of a second heart attack.

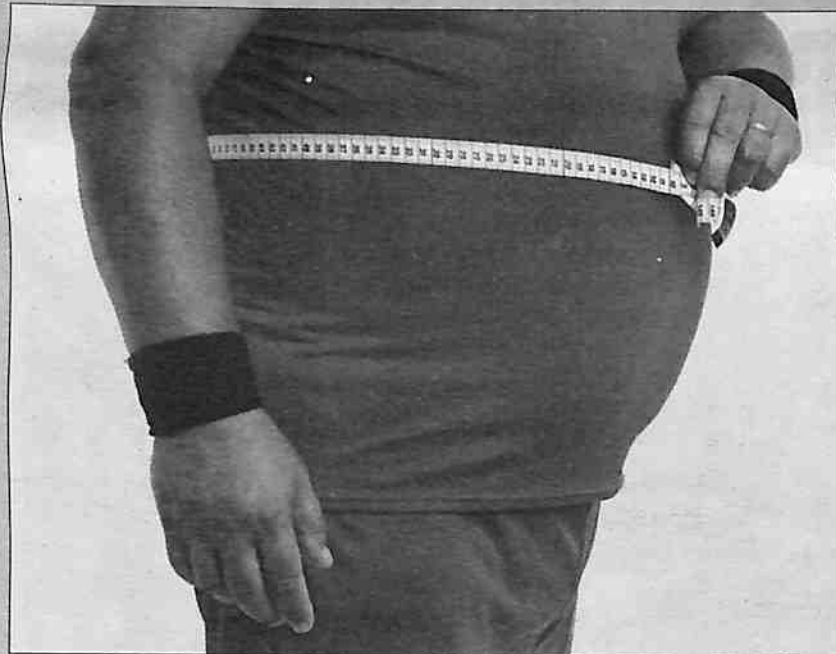
Osteoarthritis: Is a common joint condition that most often affects the knee, hip, and lower back joints. Carrying extra weight places extra pressure on these joints and wear away the cartilage (tissue that cushions the joints) that normally protects them.

Sleep apnea: Is a serious breathing condition that is associated with being overweight. Sleep apnea can cause a person to snore heavily and to stop breathing for short periods during sleep. It may cause daytime sleepiness and even heart failure. The risk for sleep apnea increases as body weight increases. Weight loss usually improves sleep apnea.

How can overweight and obesity be reduced?

Overweight and obesity, as well as their related non-communicable diseases, are largely preventable.

OBEESITY



At the individual level, people can:

- Limit energy intake from total fats and sugars.
 - Increase consumption of fruit and vegetables, as well as legumes, whole grains and nuts.
 - Engage in regular physical activity (60 minutes a day for children and 150 minutes per week for adults).
- The food industry can play a significant role in promoting healthy diets by:
- Reducing the fat, sugar and salt content of processed foods;
 - Ensuring that healthy and nutritious choices are available and affordable to all consumers;
 - Practicing responsible marketing especially those aimed at children and teenagers;
 - Ensuring the availability of healthy food choices and supporting regular physical activity practice in the workplace.

Treatment for obesity

Eating changes:

You will need to eat 500 to 1 000 fewer calories each day than you currently eat to lose one to two kilograms a week. The following changes will help you cut calories:

Eat smaller portions: Use small plates, no larger than nine inches in diameter. Fill your plate half full of fruits and vegetables. Measure your food using measuring cups until you know what a serving size looks like.

Eat three meals and one or two snacks each day: Plan your meals in advance. Cook and eat at home most of the time. Eat slowly.

Eat fruits and vegetables at every meal: They are low in calories and high in fibre, which makes you feel full. Do not add butter, margarine, or cream sauce to vegetables. Use herbs to season steamed vegetables.

Eat less fat and fewer fried foods: Eat more baked or grilled chicken and fish. These protein sources are lower in calories and fat than red meat. Limit fast food. Dress your salads with olive oil and vinegar instead of bottled dressing.

Limit the amount of sugar you eat: Do not drink sugary beverages. Limit alcohol.

Activity changes:

Physical activity is good for your body in many ways. It helps you burn calories and build strong muscles. It decreases stress and depression, and gives you an overall sense of wellbeing. It can also help you sleep better.

Exercise for at least 30 minutes 5 days a week: Start slowly. Set aside time each day for physical activity you enjoy and that is convenient for you. It is best to do both weight training and an activity that increases your heart rate, such as walking, bicycling, or swimming.

Find ways to be more active: Do yard work and house cleaning. Walk up the stairs instead of using elevators. Spend your leisure time going to events require walking, such as outdoor festivals and art fairs. This extra physical activity can help you lose weight and keep it off.

Contact me:

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FEATURE

Belief in witchcraft is linked to a lack of trust for people in sub-Saharan Africa, new research finds. And that lack of social trust may be a barrier to economic development in struggling nations.

In regions where witchcraft belief is high, people are less likely to trust others, including their family, neighbors and local institutions, American University economist Boris Gershman reports in the May issue of the *Journal of Development Economics*.

"What's more, the children of immigrants from countries with high prevalence of witchcraft beliefs are more distrusting than children of immigrants from other countries," Gershman found, suggesting that such beliefs may contribute to the formation of persistent antisocial attitudes.

"Economists and other social scientists have found a positive role of things like trust and cooperation in fostering business transactions, economic growth, trade and a variety of positive socioeconomic outcomes," Gershman told Live Science. "If witchcraft beliefs indeed contribute to the erosion of social capital, this is the channel through which they may adversely affect economic development."

Witchcraft and trust

Gershman's analysis focused on data drawn from a Pew Forum on Religion and Public Life survey conducted in 2008 and 2009 with more than 25,000 people in 19 sub-Saharan countries. The surveys revealed that about 57 percent of respondents believed in witchcraft.

Local beliefs in witchcraft vary, Gershman wrote, but the common thread is that people believe that misfortune (and disease, including HIV) are the result of malevolent spells cast by others. Case studies across sub-Saharan Africa and in other societies with witchcraft beliefs find that these beliefs spread fear in two ways, Gershman said. First, people may fear being bewitched. Second, and possibly more frightening for many, is the fear of being accused of witchcraft, which can sometimes lead to murder. These fears can prevent people from cooperating with one another.

"For example, in one case, people were saying they refuse to provide food assistance to their neighbors, because they were fearing that if something goes wrong, if their neighbors get sick, they were fearing witchcraft accusations," Gershman said. The more common witchcraft belief in a region, the less likely residents were to engage in charitable giving, Gershman found.

Gershman's analysis controlled for demographic and historical factors that might influence both witchcraft belief and trust, but the results are still correlational. They can't prove that witchcraft belief directly makes people less trusting. But combined with ethnographic case studies, the new research bolsters the idea that witchcraft beliefs really do breed distrust, he said. However, there is likely a feedback loop at play.

"I think it's quite likely that there is this self-reinforcing relationship between witchcraft beliefs and accusations and low social capital," Gershman said, using economics

WHY BELIEF IN WITCHCRAFT CAN DO HARM



A witch doctor in Zimbabwe, in sub-Saharan Africa where belief in witchcraft is widespread.

lingo for networks of trusting relationships. "Witchcraft beliefs and accusations erode trust, and eroded trust makes it more likely that witchcraft accusations will continue."

About 70 percent of people in the Pew survey said that one "can't be too careful" when dealing with others, picking that answer over "most people can be trusted." The variation in witchcraft belief accounted for about 7 percent of the variation in trust within countries.

The cost of witchcraft

Notably, other superstitious beliefs were not linked with trust, Gershman found. Believing in angels, miracles, shamans or taking a literal view of religious concepts like heaven or hell didn't correlate with people's trust levels.

The confluence of witchcraft and religious belief was somewhat complex, however. The vast majority of respondents — well over 90 percent — identified as Christian or Muslim, Gershman said. But in both religious groups, around 60 percent of people said they also believed in witchcraft.

"What we see is obviously a coexistence of what we think of as classical religion and local beliefs," Gershman said.

There's a strong body of research suggest-

ing that religions with high, moralizing gods promote cooperation, Gershman said. His study hints at the converse: Traditional belief in witchcraft stifles cooperation.

There may be reasons why witchcraft beliefs persist, Gershman said. They can act as an equalizing agent in societies without a welfare state or any mechanism for redistributing wealth; if a person gets too high and mighty, his fellow villagers might accuse him of witchcraft and strip him of his assets. But the survey and ethnographic data suggest that this comes at a high cost to development, Gershman said.

The results would likely apply to other societies where witchcraft beliefs are prevalent, he said. In another analysis, Gershman used data from 186 preindustrial societies around the world and found that those in which witchcraft was seen as an important cause of disease were also those in which parents encouraged toughness and aggression over trust, generosity and honesty. This may be an effort to prevent kids from being either witchcraft victims or alleged witches, Gershman said. A look at another round of data from the European Social Survey revealed that the children of immigrants to Europe from witchcraft-believing areas were less trusting than children of immigrants from elsewhere, bolstering the link

between witchcraft belief, parenting and trust.

Witchcraft belief is something that international aid agencies need to take into account when planning economic development programs, Gershman said.

"Imagine you provide people with some new technology and some people adopt it and other people don't, or some people are more successful than others, which creates a disparity in harvest," Gershman said.

"This, for a society in which witchcraft beliefs are prevalent, is a possible situation for conflict and accusations."

Superstitions we share

Some superstitions are so ingrained in modern English-speaking societies that everyone, from lay people to scientists, succumb to them (or, at least, feel slightly uneasy about not doing so). But why don't we walk under ladders? Why, after voicing optimism, do we knock on wood? Why do nonreligious people "God bless" a sneeze? And why do we avoid at all costs opening umbrellas indoors?

'It's bad luck to open an umbrella indoors'

Though some historians tentatively trace this belief back to ancient Egyptian times, the superstitions that surrounded pharaohs' sunshades were actually quite different and probably unrelated to the modern-day one about raingear. Most historians think the warning against unfurling umbrellas inside originated much more recently, in Victorian England.

In "Extraordinary Origins of Everyday Things" (Harper, 1989), the scientist and author Charles Panati wrote: "In eighteenth-century London, when metal-spoked waterproof umbrellas began to become a common rainy-day sight, their stiff, clumsy spring mechanism made them veritable hazards to open indoors. A rigidly spoked umbrella, opening suddenly in a small room, could seriously injure an adult or a child, or shatter a fragile object. Even a minor accident could provoke unpleasant words or a minor quarrel, themselves strokes of bad luck in a family or among friends. Thus, the superstition arose as a deterrent to opening an umbrella indoors."

666

A powerful number in Christian theology, 666 has the power to send chills down many people's spine. The number is seen as evil, thanks to Revelation 13:18. As the King James Bible puts it: "Here is wisdom. Let him that hath understanding count the number of the beast: for it is the number of a man; and his number is six hundred three-score and six." It won't surprise any math-minded reader of Revelation that the beast in question has seven heads.

10

When little kids learn to count, the goal is usually to get them to 10. Seems like a nice, complete number, right? That's no accident. Our numerical system is in base 10, probably because people have 10 fingers. Ten thus holds a sense of completeness for most people — 10-year anniversaries, for example, usually get an extra shot of celebration.

Ten also appears frequently in Jewish practices, including the 10 plagues of exodus and the 10 days of repentance between Rosh Hashanah and Yom Kippur.

LiveScience

Untipping The Societal Scales

WITH: Dumisa Dlamini



There is never a time in life when one can ultimately stop learning, studying in particular regardless of age, work position, basic college degree or wealth.

The world is a place of challenges that often times than not shake every body hard in and out of their comfort zones academically and professionally. Of all skills, one is better armed with education. For that reason, *wonkhe umuntu* today is busy studying this, learning that, enrolled here and admitted there in a ploy to upgrade themselves academically. This is a very expensive exercise, needful as it may be to the learner. It's a pain and frustration to the man who is husband to a studying woman or wife to a man, who in the middle of their married life, dusted his books and enrolled again. Be that as it may, many husbands and wives are out there studying. The imbalance is that they hardly undertake the exercise together, in the same institution or at the same time. *Nguloyo utifundzela kwakhe ngesikhatsi sakhe, esikolweni sakhe, nebangani bakhe*. That is the genesis of all the trouble that ensues till that pursued qualification is obtained.

A studying spouse would channel most of her/his resources towards tuition, books and any other academic expenses. No doubt the family budget is affected with one partner responsible for almost every expense the household has to incur. (S) he may not have even discussed the idea with you so that you properly plan monetary plans around it. Instead, your partner may have been inspired by *bangani bakhe* at work. Such plans, hopes for educational betterment may not involve or include you as her husband or his wife, *akanganelani nje nawe*. Or she could have learnt that *intombi yakho iyafundza* and may not want to be outshone, *ufucwa sikhwele* to go studying without her husband's consent. One such woman feigned a bended knee to the hubby asking for permission and financial assistance for her academic advancement, *wala lobabe*. All hell broke loose, *"Kodwa Hlobisile yena uyafundza, uyambhadalela?"* He didn't know she knew that and to avoid more fights, he agreed she enrolled and he paid the fees. Ultimately *ebasakhokhela bantfu lababili* and rumour has it that *abefeyila lomake* and insisted *ufuna kuphindza*. You will never know what motivates your wife to want to go to school.

Assignments

Once your spouse is enrolled and resumed studying, *sewute ke umfati noma indvodza* in the house. All her time, attention, effort and energy are for books, lectures, assignments, tests, examinations research and theses. He or she speaks in a language you hardly comprehended even if you were once a scholar yourself and does not expect to understand *ngoba vele awufundzi*. You are literally staying with an absent minded zombie in the house who is in your bed but will hardly warm you up. Studying men and women who are married are always absent minded and oblivious of what goes around *lakhaya*. Your dreams together and husband as wife may be seen drifting way, shrinking and withering as

THE PAINS AND PANGS OF BEING MARRIED TO A STUDYING PARTNER



● Once your spouse is enrolled and resumed studying, *sewute ke umfati noma indvodza* in the house. All her time, attention, effort and energy are for books, lectures, assignments, tests, examinations research and theses. He or she speaks in a language you hardly comprehended even if you were once a scholar yourself and does not expect to understand *ngoba vele awufundzi*.

make or babe are concerned about volumes of books to read, understand and write school work from same. When that diploma, degree, or doctorate is begotten, lots of love and lots sex and lovemaking would have been lost in the bedroom. It takes a genius to balance both and satisfy them all. Look around and see, the most accomplished, celebrated and renowned scholars are single, unmarried and even divorced. A lot happens that corrodes marital relationships when one is studying.

Learning

Some married students would even leave home and be resident learners in removed or abroad institutions of learning. They would become your 'Weekend Special' and even then come home loaded with books which they can carry to the bedroom. Believe Scales, as your partner gets to know and acquainted with people in the school, they will cite academic pressure, *akasabuyi ke lapho ekhaya*. In the interim academic continues (s) he will as well outsource sexual needs away from the bedroom by which time the partner's sexual desires are not his concerns in the marital bedroom.

Shongwe *wakuMaphilingo*, who had not gone to any college, was shocked by his wife who would dive into bed with a pile of books, *afundze kuse hlutfu*. However, upon further investigation and interrogation, it transpired that *kukhona kwembeva bekumeyama lomake lenyvesi*. The marriage went through an irretrievable breakdown. Or your spouse may be in a foreign country that makes it expensive and impossible for them to come home. Scales was in a company of friends when one boasted

that his beautiful wife was studying abroad. *"Mine ngati batsatfu bafati bebantfu"* who went to study abroad *bangabuyi, sebgane le*". The boasting Johnny went blue as an imaginary reality hit hard at him. It was only a joke, but it hit hard. Your very wife or husband left behind *angaganwa, agane*. Men, being so naughty, can even bring a girlfriend in the house for the three years you are studying in Cuba!

Confidante

The remaining partner at home stops being a friend and a confidante as the student wife/hubby would form acquaintances and academic partners - often times than not of opposite gender. He would spend more time with them than his wife or husband and they become very close all in the name of a subject they both pursue and study. One staunch Christian lady in a local college took a very strange liking of a male classmate because she claimed *uyakwati kuchaza* a concept eve *kahle*. She would require, request and procure study sessions *sabo bobabili*, far for the madding class, at night or quiet weekends. True to her assertions, lots of ground in academic work was covered in their dual study partnership and lots of sex as well was enjoyed therein. That affected their marriages as they were often together on weekends, *'badadisha'* and conveniently failing to go to their spouses. All they needed *lemakhaya* was within their physical reach. They were often seen together in class, in sports, in town and in dormitories and not a whisper of prayer ever escaped the woman's lips, but often times than not, the man's name was ever in her mind, tongue and soul. Things came to a head when in the still of

one cold dawn, in her house, whilst asleep with her husband, she called him by the name of the sparring study partner, *"Hhayi mani Mloni, uyangembula"*. The husband saw red and remembered he had heard a lot of that name associated with studying and was furiously keen to meet the character. *Akugcinanga kamnandzi*.

Answers

They would also form social network chats groups to aid their inter-communication as learners. If your wife's face ain't buried in books, she is gazing at her cell phone discussing and answering questions. What of the husband who will fail a test or that academic year, *kute lokusukumako kuye* in the bedroom or the wife who cannot get good grades and becoming so rude, irritable and untouchable in bed. You see, education comes with change, opportunities, growth recognition and new attitudes. Your absent wife gone studying may find her life perfect in Europe *atsi akasabuyi*. Or your hubby may want out of the union for a more educated and enlightened woman who complements his level of education. Some partners, husbands in particular may not be supportive, loyal and faithful whilst madam is studying. In the middle of a very challenging exams, *batakuletsela luswane lwababe* begotten from foreign sheets. He would claim he was lonely whilst you were studying; so he outsourced sex. Education comes at a heavy price to those whose spouses leave them in the house pursuant to their next level of qualification.

Catch Scales, if you can at
Dumisamlangeni@gmail.com

PET OBSERVER

HILLARY HAGUE
SWAZILAND ANIMAL WELFARE
SOCIETY (SAWS)
FOR VACCINATED AND STERILISED
PETS PHONE
MBABANE 2404 3446
MANZINI 2505 6231

MYTH: My dog will get fat and lazy.

FACT: Your dog will get fat and lazy only if he does not get enough exercise or is fed the wrong food.

MYTH: It's better for my pet to have one litter before being sterilised.

FACT: There is no medical evidence whatsoever to show that sterilising after one litter is beneficial to a cat or dog. Reproduction exposes your female pet to the inherent dangers of pregnancy and birth, sexually transmitted infections, ovarian cancer and uterine infections.

Neutered males don't get testicular cancer and have far fewer prostate problems (including cysts, abscesses, and prostate cancer) than do unaltered males. They are less likely to roam, fight, or display hyperactive behavior.

Neutered pets on average live longer, healthier lives.

MYTH: Children should experience the miracle of birth.

FACT: Most births occur at night and in

STERILISING MYTHS

a secluded area so your child will probably not see it. Having anyone, particularly a child, observing her will stress the mother (some dogs will eat their puppies as a result). The only lesson the child learns is that dogs can be created and discarded as humans see fit. The real miracle your child should experience is learning that by preventing your pet from having babies, you are saving the lives of hundreds of other pets.

MYTH: My dog is a pure bred / special mixed breed.

FACT: At least one out of every four dogs turned in to animal shelters around the world are pure bred. There are just too many dogs, whatever breed.

MYTH: My dog will not be protective if I neuter it.

FACT: Absolutely not true! A dog's natural instinct to protect his home and pack/family is not affected by sterilising. In fact a female with puppies will pay more attention to her own family than to yours and a reproductive male's attention will be distracted by every female on heat, scent of a female on heat arriving on the breeze from miles around, and competitive male.

MYTH: I don't want my male dog to feel like less of a male.

FACT: Dogs have no concept of sexual



identity or ego and neutering does not change a dog's basic personality. He doesn't suffer in any way when neutered.

MYTH: My dog is so special; I want a puppy just like her.

FACT: There is absolutely no guarantee that any of the puppies will inherit a particular characteristic. In fact the whole litter might get only the worst characteristics of your dog and its mate.

MYTH: Spaying and neutering is too expensive.

FACT: Neutering is a one-time cost and

cheap compared to the cost of raising puppies properly with vaccinations, correct food and possible veterinary costs for a natal emergency. It also brings cost savings from improved health throughout your dog's lifetime. Most importantly, the price is small when compared to the satisfaction of knowing that you are not contributing to the very real problem of strays and the illnesses, spilt litter, dog attacks and traffic accidents they cause.

MYTH: I have good homes available for all of the puppies.

FACT: Each of those puppies will make one less home available for a shelter dog which faces euthanasia.

MYTH: One litter won't make any difference.

FACT: The dog and cat overpopulation problem is created and perpetuated one litter at a time. In six years one female dog and her offspring can produce 67 thousand dogs. In nine years one female cat and her offspring can produce 11.5 million cats. Every puppy or kitten makes a big difference.

Sterilise all pets by six months of age.

If you honestly cannot afford to sterilise your pets please phone Debra at Swaziland Animal Welfare, as they have a Spay Project which helps you pay what you can afford.

Swaziland Standards Authority

By: Ntobeko
Dlamini

SWASA Marketing
and Communications
Officer



ISO 45001, which sets requirements for occupational health and safety management systems, has now reached approval stage and the expected publication date is October 2016.

This draft standard, inspired by the well-known OHSAS 18001, is designed to help companies and organisations around the world ensure the health and safety of the people who work for them. More than 70 countries are directly involved in the creation of this important document, being developed by project committee ISO/PC 283, Occupational health and safety management systems, with the British Standards Institution (BSI) serving as the committee secretariat.

Some of the major differences between OHSAS 18001 and the new ISO 45001

Well, obviously, the overall aim of the standard remains the same and those familiar with OHSAS 18001 will recognise many of the themes in the new ISO standard. However, there have been some very interesting developments related to the new rules for developing International Management System Standards. For example, there is now a much stronger focus on the "context" of an organisation as well as a stronger role for top management and leadership.

NEW HEALTH AND SAFETY STANDARD UNDERWAY



What do we mean by the "context" of an organisation?

In the new standard, an organisation has to look beyond its immediate health and safety issues and take into account what the wider society expects of it. Organisations have to think about their contractors and suppliers as well as, for example, how their work might affect their neighbours in the surrounding area. This is much wider than just focusing on the conditions for internal employees and means organisations cannot just contract out risk.

And how is the role of the organisation's leadership different?

Well, ISO 45001 insists that these occupational health and safety aspects now be embodied in the overall management system of the organisation, requiring a much stronger buy-in from its management and leadership. This will be a big change for users who may currently delegate responsibility to a safety manager rather than integrate this entirely into the organisation's operations. ISO 45001 requires health and safety aspects to be part of an overall management system and no longer just an added extra.



OHSAS 18001 is a widely adopted standard and has been very successful. Why are we developing an ISO standard?

There are a number of reasons for looking at this topic using the ISO system. Firstly, many organisations are already using a number of ISO management system standards, so an occupational health and safety tool that can be easily integrated into this makes things a lot easier. In particular, we have focused on easy integration with ISO 14001 as many organisations, especially small businesses, have one person that looks after both safety and environmental concerns. In addition, we hope that the ISO name and recognition will give further credibility to the standard and drive wider adoption.

However, one of the really fantastic things about this ISO project has been the involvement of a really wide variety of organisations and countries. There is also a strong involvement from the International Labour Organisation (ILO), who are experts on the topic and have some very valuable insights to bring to the table.

Of course, with this many stakeholders, the development work isn't always easy and there are disagreements. But to have so many people involved has been wonderful and

gives me hope we are on track to providing a tool that can be used by any organisation, within any regulatory framework, in any country.

So for any new users out there, the major benefits of using this standard?

If you implement the system and structure we suggest, and do it properly, you can reduce the risk of causing harm to the people working for you. Every 15 seconds, a worker dies from a work-related accident or disease, and 153 people experience a work-related injury. These represent an enormous burden for organisations and society as a whole, costing over 2.3 million deaths a year, not to mention the more than 300 million non-fatal accidents. These are shocking statistics and a heavy burden for society. Implementing a strong occupational health and safety management system helps organisations reduce accidents and ill health, avoid costly prosecutions, perhaps even reduce insurance costs, as well as create a culture of positivity in the organisation when its people see that their needs are being taken into account.

Want a sneak preview of ISO 45001?

The final draft version of ISO 45001 can now be purchased, giving you the opportunity to find out more about the contents of the new standard before the final publication date. Contact the Swaziland Standards Authority (SWASA) for more details.

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HEALTH FEATURE



Low carb, or low fat? Should you go Atkins, Zone or Paleo? Or does it even matter which diet you choose when you want to lose weight?

Most weight loss experts say that shedding pounds comes down to a simple formula: calories in versus calories out. In other words, if you burn more calories than you take in, you'll lose weight.

However, the question of exactly how to cut calories — in a healthy, sustainable way — has often perplexed dieters. To find the best diets for weight loss, Live Science conducted a months-long search for information. We spoke with many weight loss experts and dove deep into the most well-regarded studies on the topic done to date. We wanted to know what these studies found and, ultimately, determine the best approaches to healthy eating for weight loss.

We found that the calorie equation reigns supreme as the most important aspect of losing weight, but also that there's still plenty of room to choose a diet that fits your personal preferences. For example, Dr. Frank Hu, a Professor of nutrition and epidemiology at the Harvard University TH Chan School of Public Health, told Live Science that "the No. 1 factor is still a calorie deficit, so the question is, what kind of styles or what kind of foods can help people achieve a calorie deficit, and what can sustain the calorie deficit?"

So, what should you eat if you're trying to slim down?

"The best food someone on a diet should eat? The same foods they should eat when they're not on a diet, but just less of them," said Dr. Frank Sacks, a Professor of cardiovascular disease prevention, also at Harvard's School of Public Health. All of the experts we spoke with agreed that those foods should include the staples of a "healthy" diet — fruits, vegetables, whole grains and healthy fats. These foods are important not only for achieving or maintaining a healthy body weight but also for good health in general.

In this article, we'll highlight some of the most popular diets people turn to in order to lose weight, and explain what the science really says about how well they work. But before we delve into the diets, it's important to break down the macronutrients of the foods we eat — carbohydrates, fats and protein — and the roles they play in the body. Of course, individual food can contain more than one more macronutrient.

Back to basics

Carbohydrates

Carbohydrates are your body's go-to source of energy, and they're digested quickly. Glucose — the most basic unit of a carbohydrate — is the only type of carb your cells can use directly to make energy. But the carbs we eat come in three forms — sugars, starches and fibre — and when it comes to weight loss, these three are not equal.

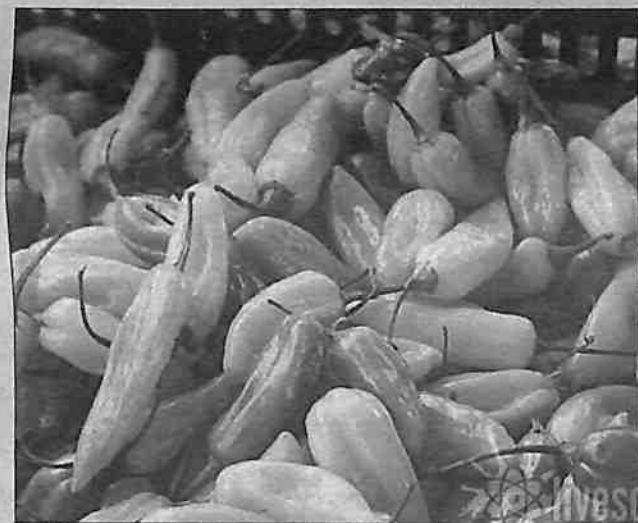
Sugars (found in fruit, vegetables and dairy) and starches (found in grains, vegetables and beans) ultimately suffer the same fate: They're broken down into glucose and are used by the body for energy. But your body can use only so much energy at once, so not all of the glucose you eat is immediately used for fuel. Some of the extra glucose can be stored in your liver or muscles and be used later.

As for the rest? It gets converted to fat.

The difference between sugars and starches — which are sometimes referred to as "simple" and "complex" carbohydrates, respectively — is the complexity of their structure.

DIET AND WEIGHT LOSS:

THE BEST WAY TO EAT



Sugars contain only one or two molecules, so it's very easy for the body to digest sugars and absorb them into the blood. Starches, in contrast, contain many simple carbohydrate molecules linked together. Because of their size and complexity, starches take longer to be digested into single molecules.

Is it okay to eat carbs if you're trying to lose weight?

Fiber is an entirely different ball game. Fiber is found alongside sugars and starches in fruits, vegetables, whole grains and legumes. Like starch, it's a complex carbohydrate, meaning it contains many carbohydrate molecules linked together. However, your body can't digest fibre, so this carbohydrate doesn't get absorbed by the gut. It never enters the bloodstream, and it is never broken down for energy. The stuff passes through your body relatively untouched.

The benefit of eating starches, and especially fiber, rather than sugars is they can help you feel fuller for a longer time because they are either broken down slowly or aren't broken down at all. And the idea is, if you're feeling full, you'll eat less. Of course, keep in mind that complex carbs aren't a free pass to eat as much as you like — extra calories consumed will still be stored as fat.

Compared with fat, carbohydrates are less calorie-dense: one gram of carbohydrates contains four calories, whereas a gram of fat contains nine calories. However, because carbohydrates are broken down and absorbed quickly, they can lead to a quicker burst of sugar into the bloodstream than fat does. Therefore, carbs may raise blood sugar levels more than fat does (when compared in equal amounts).

Proteins

Protein-rich foods are important for everyone, not just bodybuilders. Protein serves as the building blocks for our bodies, from the tiniest structures inside our cells, to the largest parts of our anatomy. Unlike carbs or fat, excess protein isn't readily stored by the body, so it's essential to eat enough of this macronutrient every day. Of course, just because your body doesn't store the protein doesn't mean you have free rein to eat as much as you'd like without gaining weight. The body can convert excess protein into glucose, or store it as fat.

When you eat protein, the large protein molecules are broken down into their basic components, which are known as amino acids.

There are 20 amino acids that are important in the body, and some can be converted from one type of amino acid to another as needed. However, there are also several amino acids that cannot be produced in the body by converting other amino acids, meaning you must get these amino acids from your diet. These are known as essential amino acids.

Both animal-based proteins (such as those found in meat, fish, dairy and eggs) and plant-based proteins (found in soy, legumes, nuts and some grains) contain essential amino acids. However, whereas all animal-based proteins contain all of the essential amino acids your body needs, plant-based proteins generally contain a smaller set of amino acids. That means that if you eat a vegan diet, you need to eat a variety of plant types to get all of your essential amino acids.

As with carbohydrates, one gram of protein contains four calories.

Fats

Fat does more than pad your waistline — in fact, your body needs some fat to function. For example, in addition to being a reserve source of energy that can be taken out of storage and converted into glucose if needed, fat can help your body absorb certain vitamins. And because fat is broken down more slowly than carbs, it can also help you feel full longer than carbs can. But there's no doubt that fat is high in calories. In fact, it's the most calorie-dense of the macronutrients, weighing in at nine calories per gram.

Of course, like carbs, not all fats are created equal. Unsaturated fats are typically found in fats that are liquids at room temperature — oils such as olive oil and canola oil — as well as foods such as nuts and fish. These fats are considered heart healthy, and can certainly be considered a part of a healthy diet for weight loss.

But saturated fats (such as butter), which are usually solid at room temperature, and trans fats (such as hydrogenated oils) are largely considered unhealthy, mainly because of their effects on heart health.

Fat that goes unused by the body ultimately has the same fate as carbs and protein: It's stored as fat.

The macronutrient wars

Though all three macronutrients — carbs, protein and fat — are essential to your diet, there's debate about exactly how much of each you should eat. Should carbs be the star of your diet, and fat be consumed sparingly?

Or should fat be fronted-loaded? Or do the relative amounts of macronutrients in your diet even matter at all?

There's an abundance of advice in books, magazines and online sources about the best way to diet, and there are anecdotes about the diet "trick" that worked miraculously for someone's mom's best friend's former next-door neighbour to be found everywhere. But how do we know if they actually work?

Enter clinical trials, which allow researchers to directly compare the effects of different diets. And even among these trials, some are better designed than others. Researchers consider many factors when looking at the quality of a trial, including the size of the trial (the more participants, the better) and the length of the study period (the longer, the better), when deciding how much stock to put into the results.

Are veggies important for weight loss?

The largest clinical trial that compared different diets was the Women's Health Initiative (WHI) Dietary Modification Trial, which included more than 48 000 postmenopausal women and had a follow-up period of seven years. However, the trial was not designed to look at weight loss. Rather, the goal of the trial was to see how fat in the diet affected the women's risk of cancer and heart disease. (Because the trial was only in women, it's unclear if the results also apply to men.)

The WHI Dietary Modification Trial was designed in 1990, when researchers were asking many questions about whether high-fat diets or low-fat diets were better for people's health, said Barbara Howard, a senior scientist at the Georgetown University Medical Centre in Washington DC. In a study published in the Journal of the American Medical Association (JAMA) in 2006, Howard took data from the original WHI Dietary Modification Trial and looked to see whether the two diets had different effects on weight loss. In the WHI, 40 percent of the participants were encouraged to reduce their fat intake so that only 20 percent of their total daily calories came from fat. (At the study's start, all of the participants had reported that at least 32 percent of their daily calories had come from fat.) The women were encouraged to increase their daily servings of fruits, vegetables and whole grains, and attended group sessions where they got advice about cutting fat. However, because the trial wasn't designed with weight loss in mind, these women were not encouraged to cut calories. *Live Science.com*



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men's clinic



LIFE line

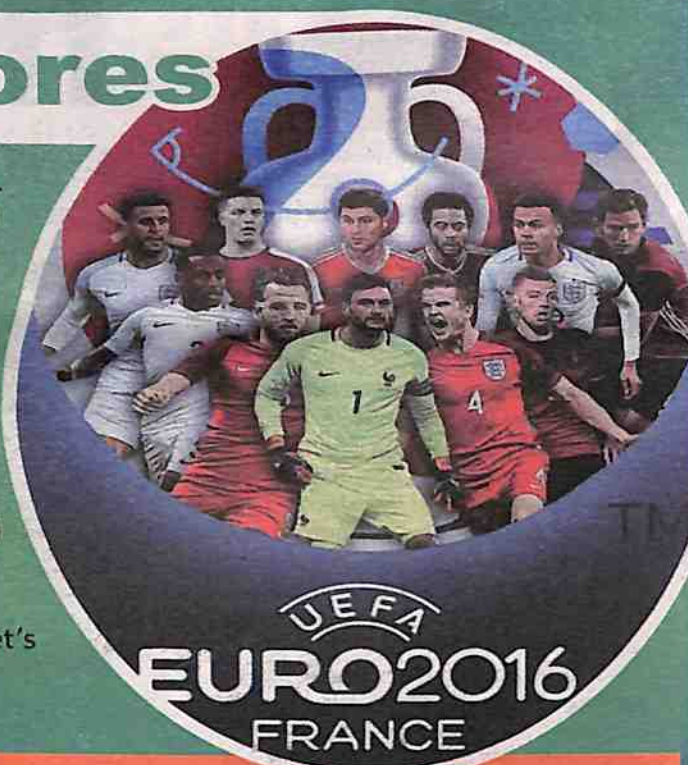
A real man scores

Every guy I know just can't stop talking about Euro 2016, the excitement is electrifying. It's the year of possibilities; any country can take the trophy home, just like the English Premier League.

It's all we talk about though, Euro this, Euro that, the guys don't even know that June is more than just Euro. Are you one of them? Or do you know that its way bigger than kicking a ball around and lifting up a trophy?

June is also **Men's Health** month. You heard right gents; this entire month is dedicated to all men who value their health and well-being. You can go to **Listemba Letfu men's clinic** and get all your health care needs, and when I say all your needs I really mean all of them, if you catch my drift.

So come on gents let's not just sit back and watch Ronaldo and Kane score this June, let's be part of the action and score some life changing goals.



For more information and updates please call 2518 7676/5 or 2505 3082

Don't forget to also connect on cyber space with us via:



ECONOMICS TODAY

WITH: George
Choongwa



According to one of the legends in entrepreneurship, Mario Rutten (2007), there are varied approaches to understanding why some individuals decide to venture into entrepreneurship and, thereby, 'break through traditional ways of doing things.'

However, The Intellectual Venture Capitalist: John H. McArthur and the work of the Harvard Business School, (1980-1995) states that notwithstanding numerous studies on 'entrepreneurial traits,' there are no 'well-defined psychological attitudes or profiles that describe all entrepreneurs or characteristics to which entrepreneurs generally conform'. From this idealist about what motivates people to do business or become entrepreneurs can be a list of many factors. However, some theoretical explanations of what motivates entrepreneurs include the following:

Achievement orientation

This can also be termed as the desire to achieve purely for the sake of achievement alone. Most people get motivated to do business for no other reasons but just to be called as achievers. This concept is common in African set up. Prestigious business is the way to go. Being asked what you do. One would be given respect to the nature of business he or she is doing. This mind set has disadvantaged most of the people who would otherwise make more money if they did not mind the business they ventured into. What matters is the not the type of business, but is what you get out of it.

Religion and other norms

As attributed to the sociologist Max Weber, The interrelation between religion, norms, values, behaviour and the economy in a particular epoch becomes one of the main issues of what motivates people to become entrepreneurs. This is real in the sense that every human being is a rational being. There are certain factors that motivates us as individual to attain certain specific goals. For example, if we are to talk of region. It is believed that Jews and Muslims are the best business people. These values and norms derived from their religious perspective. Such as it is lawful to do clean business, never lend money on interest, and so on and so forth. This by no doubt motivates people to do business.

Creativity

The other factor we can look at is creativity. Creativity is the ability to think not outside the box as it is always said, but to think around the box. It is the mental ability to come up with new workable ideas to mitigate the challenge. Peter Marris, 'The Social Barriers of African Entrepreneurship', Journal of Developing Societies (1968), as quoted in Thomas A. Timberg, 'The Marwaris: From Traders to Industrialists' (1978) said the ability to comprehend opportunity, i.e. 'to reinterpret the meaning of things, fit them together in new ways' and 'see what others may have missed, such as an unsatisfied demand'. More to this, Saras Sarasvathy states that the ability to make the best of what one has, in order to get what one needs, i.e. the capacity to innovate in figuring out the best ways to reach the market with minimum expenditure of time, effort and money. These individuals in



this group are the most privileged today. In our days of business, every one wishes to use their mental abilities as to bring innovation in every business environment. The power to fit things in new ways is what is called creativity and innovation.

Capacity

The next factor to consider is that of the capacity to sustain a high degree of interest in the advancement and technological development of the industrial process and in the improvement in the scale of industrial operations.

These days everything that works out more effectively is derived from a technological perspective. We are living in a 'dot com' world. Most people are motivated to remain in business just because of technological developments.

What excites entrepreneurs?

Based on the research done by Southern African Research Foundation for Economic development (SARFED). A cluster of entrepreneurs was asked about 'Where each one

of them saw themselves in five years from now?'. It was discovered that most entrepreneurs envision the future of their business in terms of the nature and quality of work (and other intangibles) rather than only in terms of turnover and growth rates. While some entrepreneurs spoke about getting more clients or venturing into the international market, others spoke about being leaders in their respective markets. Some said they see the future in terms of diversifying into newer areas, while others elaborated on dreams of building their current ventures into world-class enterprises. The vision of growth was found to vary according to both the age of the entrepreneur as well as the age of the enterprise.

This clearly shows that entrepreneurs are intensely involved with the work they engage in and view future possibilities through their work, rather than in financial terms alone.

Challenge

Challenge is the principal 'Motivation Driver', though not the main trigger, for Entrepreneurship.

While only 11% of those interviewed cited 'challenge' as the main motivating factor for starting a business, as many as 38% said they consider the challenge in Entrepreneurship to be the main driver for the excitement and satisfaction of doing business. On the other hand only 1% did not like it and would have preferred jobs for their survival.

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Southern African Research Foundation for
Economic Development - SARFED
Nurturing sustainable growth

Focus on SA scene

BLACK MUSLIM STUDENT TOLD TO REMOVE HIJAB BEFORE EXAM

POTCHEFSTROOM - A black Muslim student at the North West

University's Potchefstroom campus was allegedly told to remove her hijab (religious headscarf) before an examination on Monday, and then forced to sign an "irregularity" form when she refused to do so.

"I entered my exam room and was pulled aside immediately and asked to remove my scarf," the 18-year-old student, who did not want to be named, told News24.

She said the invigilator

told her she needed to check if it is allowed, and the student carried on with the exam with the hijab on.

After she had completed, she was presented with an "irregularity form" to sign, saying that she refused to remove her hijab.

"It kind of stung. Also other Muslim girls were not being asked to remove their scarves at other exams. I was the only one with a scarf in that exam, but I did ask my Muslim friends and they were not asked to remove them."

When asked if she felt she was picked out because of the colour of her skin, the student said, "I have no idea, but it seems like it."

Victim

She eventually brought the matter to the attention of the campus's Muslim Students Association (MSA).

The MSA's Hasan Varachia told News24 that the student was a victim of "racism through Islamophobia".

"Upon refusing to remove her hijab she was victimised in front of the venue and made to sign a paper as well as state her refusal on paper," he said.

He said he brought the matter up with the Student Representative Council (SRC),

who allegedly told him that "this is a small incident and the invigilators are uneducated". The SRC told News24 that the university stood by the principles of freedom of religion. "It is a matter that the university is looking into, and we are addressing it as soon as possible. It is a major issue. We also stand by the constitutional principles of freedom of religion," SRC chairperson Paul Maritz said. "The invigilators come from outside the university, and it's possible they were briefed that no headgear is allowed in the exam venues, but did not realise that the scarf is religious headgear, and that the university follows the constitutional principles of freedom of religion." *News24*



ANC branch chairman killed

PIETERMARITZBURG - An African National Congress branch chairman was gunned down a few kilometres from his home in Edendale near Pietermaritzburg, police said.

Police spokesman Constable Mthokozisi Ngobese said that Nathi Hlongwa was gunned down in a hail of bullets in the nearby Imbali township a few kilometres from his Edendale home.

It was not immediately clear why he was in Imbali or what the circumstances surrounding his killing were.

"Police recovered 11 cartridges from the scene of the shooting in Imbali. The deceased sustained gun wounds on (sic) his head," said Ngobese. Ngobese was the ANC branch chairman for Ward 12 in the Msunduzi Local Municipality.

Protests

The ward has been subject to protests over the nomination of candidates and last week a number of ANC members marched on the ANC regional offices in Pietermaritzburg to demand that the leadership intervenes in the candidate selection process.

Hlongwa who was an uMgungundlovu District Municipality employee, was part of the group organising the Mandela Marathon set for August this year.

"This is a clear sign that his killing was a hit, somebody wanted him dead," said one source who worked with him.

Police, however, would not be drawn into speculating on the matter.

"We have not been able to establish the motive for the killing and therefore cannot conclude that this was a hit," said Ngobese.

It was not immediately known if Hlongwa was a candidate for the upcoming local government election. *News24*

'You'll be worse off without ANC'

JOHANNESBURG - ANC is still your home, even if you have issues.

This is what ANC Gauteng chairman Paul Mashatile told Tembisa residents yesterday during a door-to-door campaign by the party ahead of its provincial election manifesto launch at FNB stadium on Saturday.

Mashatile said this after several residents had complained about poor service delivery from the Ekurhuleni metropolitan municipality and the lack of jobs.

The ANC Gauteng has vowed to fill up the 90 000-seater FNB stadium, something the ANC at national level failed to do at Nelson Mandela Bay Stadium in Port Elizabeth in April.



THIS IS HOME: ANC Gauteng chairman Paul Mashatile assured residents from Tembisa that the ANC was still the party to vote for.

"The ANC didn't do well in Port Elizabeth and people said the ANC is dead," *Sowetanlive*

"The ANC didn't do well in Port Elizabeth and people said the ANC is dead," *Sowetanlive*

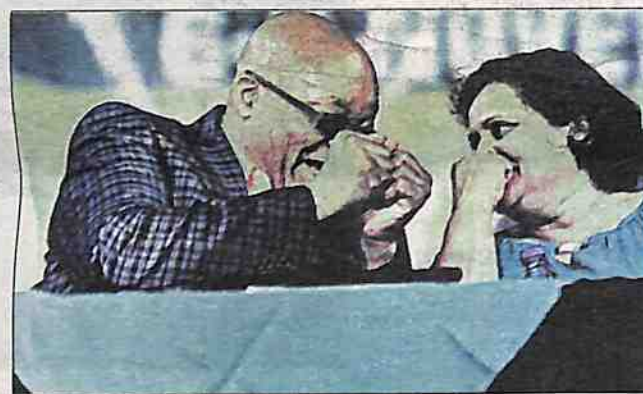
The ANC is in trouble - Duarte

JOHANNESBURG - The ANC is in trouble and faces a hostile take over of power similar to the one in Brazil.

So says ANC deputy secretary general Jessie Duarte.

Speaking at the central committee meeting of the National Union of Mineworkers, she said many of the protests were not about service delivery but fights over power and resources.

The sad thing about our country is that where the ANC has truly delivered you find the worst nature protests. The reality is that BRICS (Brazil, Russia, India, China and South Africa) is being attacked at the moment. What happened to Rousseff



WE ARE IN TROUBLE: ANC deputy secretary general Jessie Duarte and President Jacob Zuma.

in Brazil could happen so easily here because of what people call a colour revolution," she said.

"And the examination of those protests are less about service delivery and more

about a fight about resources and power and leadership greed. And so are we in trouble? Yes. And what must we do? We must close ranks now." *TimesLive*

More than 26 million voters registered for elections

JOHANNESBURG - More than 26 million eligible voters have registered for this year's local government elections.

The polls are set to take place on August 3.

The Independent Electoral Commission (IEC) said there has been an 11.3 percent increase to the voters' roll, compared with that for the 2011 polls.

This number is a first for municipal elections in South Africa.

Most of those registered are women, with Gauteng having the highest number of certified voters.

The IEC's chief electoral officer has certified the voters' roll.

eNCA

Krugersdorp church destroyed in massive fire

KRUGERSDORP - A ZCC Church in Munsieville, Krugersdorp was destroyed

when a fire ravaged the building on Thursday night.

Netcare 911 spokesperson Athlenda Mathe said firefighters battled the blaze until midnight.

Teams from the Krugersdorp Fire Department as well as Watchtower Fire officials took two hours to extinguish the fire.

"A check was done under the rubble and no casualties were located," she said. Further information on the fire was not immediately available.

News24

'Best friend' keeps widow's cash for six years

JOHANNESBURG - After pilot Basie Wessels died in a gyrocopter crash on his Limpopo game reserve in 2008, his friend and executor Barend du Toit promised Wessels' widow that the estate would make maintenance payments for their young daughter.

But for six years he refused to hand over a cent.

Eventually the widow, Elsabe Vermeulen, took him to the maintenance court, which ordered him to hand over R720 000 in back payments, as well as R10 000 a month. But after two monthly payments in 2014, Du Toit stopped paying again.

Approached

He then approached the Western Cape High Court, arguing that the maintenance court had no right to order payments from a deceased estate, and when he lost that case he approached the Supreme Court of Appeal.

Five appeal judges threw out Du Toit's appeal, called his stance "unconscionable" and ordered him to pay all the costs of the appeal personally, rather than out of Wessels' estate. "The appeal was pursued with no regard to the child's best interests or its prospects of success," the judges said.

Sowetan

BRIEFS

Poll observers to ensure fair vote

GABON - Civil society groups in Gabon are planning to train thousands of observers to help ensure a fair vote at polls this year when President Ali Bongo seeks a second term. A new "citizen's movement" known as Active Witnesses has been formed by several trade unions and civil society groups to help ensure transparency at the polls where Bongo may face at least three challengers.

eNCA

Six Gaddafi officials to be released

LIBYA - Libya's supreme court has ordered the release of six officials from ousted dictator Muammar Gaddafi's regime pending an appeal, the prosecutor general's office announced. Seddiq es-Sour of the prosecutor's office told Libyan news agency LANA they would be released "for reasons linked to their health and age" and at the request of their lawyer. He said that the appeal trial had also been postponed. Tripoli prison authorities would be informed of the decision for the defendants to be released, he said.

eNCA

Witchdoctors banned in Malawi

MALAWI - A Malawi court has banned witchdoctors from operating in the impoverished southern African country following a spate of albino killings linked to witchcraft, according to a court ruling. Judge Dingiswayo Madise granted an order late Wednesday stopping "all traditional healers, witchdoctors, charm producers..., magic users and fortune tellers from operating in the country to eliminate issues of albino attacks and killings," according to a judgement read out to AFP by a court official.

Timeslive

Nigeria to clean up oil pollution

MOSCOW - Nigerian Vice President Oluyemi Osinbajo announced an operation to clean up oil pollution in the southern Niger Delta after calls from a UN agency, local media reported. The clean-up in the Ogoni land in Nigeria's Rivers State followed a report by the UN Environment Programme (UNEP), according to Radio Nigeria. UNEP published its report back in 2011, asking Nigerian authorities to deal with multiple oil spills in the oil-rich delta that affected farmlands and fisheries of the indigenous Ogoni people.

eNCA

'Sub-Saharanans are dog, slaves'

CAIRO - Cairo has said it will investigate accusations that a senior Egyptian official referred to sub-Saharan Africans as "dogs and slaves" during a recent UN conference in Kenya. In a letter, Kenyan diplomat Yvonne Khamati, chairwoman of the Africa Diplomatic Corp Technical Committee, said the unnamed Egyptian official made the "uncivilised, undiplomatic, irresponsible, degrading and insulting" comments at the end of the UN Environment Assembly in Nairobi.

Allafrica



DOZENS OF REFUGEE BODIES WASH UP ON LIBYAN BEACHES

LIBYA - The bodies of at least 85 people who drowned trying to cross the Mediterranean Sea were found washed up on beaches near the Libyan city of Zuwarah, a Red Crescent official has said.

Al-Khamis al-Bosaifi said that most of the victims appeared to be from sub-Saharan Africa, though their bodies were decomposed and it was not clear when they had drowned.

The bodies of two children were among those recovered, he said. The UN refugee agency said at least 880 people drowned over the past week following a series of ship-



TRANSPORTED: Refugees being transported after being rescued.

wrecks as departures from the North African coast towards

Italy surged. Many of the boats are

believed to have left from the shore around Zuwarah and Sabratha in Libya's northwest.

A coastguard spokesperson in Tripoli said no boats had been intercepted over the past two days, with rougher seas preventing patrols. People smugglers in Libya have exploited political chaos and lawlessness to expand their activities along routes from sub-Saharan Africa, often working with local armed groups. The head of the EU's Mediterranean naval mission recently said that people smuggling was estimated to account for between 30 and 50% of the gross domestic product in northwestern Libya.

News 24



CUTE: The healthy male cub was born in the early hours at the Paira Daiza wildlife park in Belgium to six-year-old Hao Hao and her mate Xing Hui. The cub, to be given a name later, emerged as 'a little pink sausage' and gave a loud cry before being scooped up in Hao Hao's mouth, the park's zoological director Tim Bouts said. (AP)

UN chief seeks 2 500 more peacekeepers for Mali

UNITED NATIONS - Secretary General Ban Ki-moon is seeking some 2 500 more peacekeepers to reinforce the UN mission in Mali, which has seen 12 of its members killed in May alone.

Spokesperson Stephane Dujarric said the troops would include a rapid reaction force, an aviation unit and specialists in high security convoys among other things.

"I think it's clear to everyone that the security situation in parts of Mali have deteriorated. I think the UN staff have paid for it in blood," he said.

One UN peacekeeper from China was killed and three others were gravely wounded in an attack on the mission's



camp in the city of Gao.

Report

In a report to the Security Council, Ban said that although there have been no violations of the ceasefire since August 2015, the overall security situation in Mali has deteriorated significantly over the past year.

He said this was largely due

to extremist groups enhancing their capabilities to attack public targets, most notably in the November 2015 attack on the Radisson Blu Hotel in Bamako, which left 20 people dead, including 14 foreigners. Al-Qaida in the Islamic Maghreb has claimed responsibility for most of the attacks. News 24

Somalia hotel attack leaves at least 10 dead

MOGADISHU - Gunmen holed up in a central Mogadishu hotel for more than 12 hours killed at least 10 people in the latest attack in Somalia by the Al-Qaeda group, the Shabaab.

A huge car bomb that tore the front off the six-storey Ambassador Hotel in the heart of the capital signalled the start of the assault on Wednesday evening, with shooting continuing until when Somalia's security minister declared the attack over. "All the gunmen were killed by the security forces," said security minister Abdirizak Omar Mohamed. "More than 10 people are so far confirmed dead and many others are wounded," he told reporters, adding that rescuers were searching the badly-damaged building for survivors and bodies.

Security

Medical and security sources said late Wednesday that around 40 people were so far known to be injured.

As Mohamed spoke, the bodies of three suspected attackers were displayed in the dirt outside the hotel.

The Shabaab was quick to claim responsibility for the attack and has regularly in the past targeted hotels popular with government officials and wealthy Somalis. The African Union Mission in Somalia (AMISOM) which protects the internationally-backed government and fights the Shabaab said two parliamentarians were among the dead. Witnesses said the initial explosion, believed to be the result of a suicide car bomber ramming a vehicle into the hotel, was large by Mogadishu standards. Smoke rose from burning cars and debris was strewn across Maka al-Mukarama, the capital's usually busy main street. TimesLive



World News

TOKYO - A Japanese boy abandoned in a dense forest by his parents for being naughty was found alive and unharmed yesterday, nearly a week after his disappearance set off a massive search that kept the nation riveted.

Seven-year-old Yamato Tanooka was discovered in a building on a Japanese military base around 4 km (2.5 miles) from where he disappeared last Saturday after his parents left him by the side of a road, reportedly as discipline for throwing stones at cars.

"One of our soldiers was preparing for drills this morning and opened the door of a building on the base, and there he was," a member of Japan's Self-Defence Forces told NHK national television.

"When he asked 'are you Yamato?' the boy said yes. Then he said he was hungry, so

BOY ABANDONED FOR BEING NAUGHTY FOUND



NAUGHTY: Seven-year-old Yamato Tanooka.

the soldier gave him some water, bread and riceballs."

Yamato was taken to hospital for checks but was healthy

except for low body temperature and would be kept overnight as a precaution, a doctor told a news conference.

A tearful Takayuki Tanooka, the boy's father, thanked rescuers for their efforts and apologised for causing trouble.

"We've reflected on what we did and it was really excessive," Tanooka said, his voice shaking.

"We - well, we loved him before, but I hope to give him even more attention now," he said.

Yamato's parents first said he disappeared while they foraged for edible plants, but later told police they had left him by the road to discipline him after he threw stones at people and cars.

Reuters

SAUDI ARABIA HITCHES WAGON TO UBER

SAUDI ARABIA - Uber has received its largest investment to date from Saudi Arabia's sovereign wealth fund.

The \$3.5-billion investment cements Uber's position as the world's best-funded technology startup, having raised a total of \$10.7-billion from outside investors to date.

As part of the deal Saudi Arabia's Public Investment Fund will own around 5% of the private company, and the group's managing director Yasir Al Rumayyan will take a seat on Uber's board. Uber hopes the deal will help expand into 70 countries while encouraging reforms in the conservative country. Uber CEO Travis Kalanick said: "We appreciate the vote of confidence in our business as we continue to expand our global presence. Our experience in Saudi Arabia is a great example of how Uber can benefit riders, drivers and cities and we look forward to partnering to support their economic and social reforms."

Valuation

Previous backers of Uber, which received a \$62.5-billion valuation last December, include Microsoft, Russia's LetterOne and China's Baidu.

The funding from Saudi Arabia's Public Investment Fund closes Uber's Series G round in which it has raised about \$5-billion since it opened last year. Uber plans to use the money to expand both its geographical offering and its range of services.

The company recently joined forces with Toyota to enable Uber drivers to lease their cars from the car maker, helping Uber grow its fleet of dedicated workers. *timeslive*.



ARCHIVES: Never-before-seen pictures and footage of gorilla Koko and her trainer Penny Patterson who met in San Francisco in 1971 are set to form part of a new BBC documentary. The clips and images were taken by Dr Ron Cohn, who filmed more than 2 000 hours of footage showing how Ms Patterson and 300-pound Koko formed their incredible relationship. (*Dailymail*)

Ban Ki-moon puts Yemen on UN blacklist

YEMEN - UN Secretary-General Ban Ki-moon on Thursday placed the Saudi-led military coalition supporting Yemen's government on an annual blacklist over the deaths of hundreds of children in airstrikes.

Yemen's Shiite Huthi rebels who seized the capital Sanaa in September 2014 were also added to the list of children's rights violators released Thursday, detailing offences in 14 countries.

"Emerging and escalating crises had a horrific impact on boys and girls," said a statement from the office of

the UN envoy for children and armed conflict.

"The situation in Yemen was particularly worrisome with a five-fold increase in the number of children recruited (by armed groups) and six times more children killed and maimed compared to 2014," it said.

Coalition

The Saudi-led coalition is responsible for 60 percent of the total 785 children who were killed and 1 168 wounded last year in Yemen, said the report.

The coalition launched its air campaign to push back the Huthis in March 2015,

but the rebels still control the capital and many parts of the country. "In Yemen, owing to the very large number of violations attributed to the two parties, the Huthis/Ansar Allah and the Saudi Arabia-led coalition are listed for killing and maiming and attacks on schools and hospitals," the report said.

Of the 762 verified cases of recruitment of child soldiers, 72 percent were attributed to the Huthis, 15 percent to pro-government forces and nine percent to Al-Qaeda in the Arabian Peninsula, according to the report.

eNCA

BRIEFS

UK paedophile faces life in jail

LONDON - A British paedophile who preyed on impoverished children in a Kuala Lumpur slum and posted pictures of the abuse online faced life in jail yesterday when he was sentenced. Richard Huckle, 30, who has pleaded guilty to 71 counts of child sex offences, including rape, targeted children while posing as a volunteer working with Christian communities in the Malaysian capital. Huckle posted pictures of the abuse on website True Love Zone (TLZ), with the youngest victim believed to have been around six months old.

News 24

Boy in coma after bully punched him

HERTFORDSHIRE - A 13-year-old was left in a coma and suffered brain damage after a bully punched him repeatedly in a 'happy slap' attack at school.

Tommy Allery, 13, was filmed as a thug beat him over the head in a school corridor in Hertfordshire while four others watched. Footage shows the bully saying he will 'finish him off' before punching him in the temple - he collapsed 20 seconds later with a seizure caused by a brain bleed. Tommy, who is said to have kept his hands in his pockets throughout the beating, then had to wait 30 minutes for an ambulance because the school said the case was non-urgent.

Dailymail

Floods wreak havoc in Paris

PARIS - Parisians were urged to avoid the banks of the river which was expected to reach a peak of six metres (19 feet) Friday, while

deadly floods continued to wreak havoc elsewhere in France and Germany. In France a man on horseback died after he was swept away in a swollen river in Evry-Gregy-sur-Yerre, southeast of Paris, local authorities. And in Germany, a 65-year-old man was found dead in the flood-hit town of Simbach am Inn, bringing the total death toll in the country this week to ten. *Citizen*



Polish grandpa gives up crossing bid

NEW YORK - A Polish grandfather attempting his third solo trans-Atlantic kayak crossing has been forced to give up because of strong waves off the US coast. Adventurer Aleksander Doba paddled off from the tip of Manhattan Sunday. His goal was to reach Portugal in time to celebrate his 70th birthday on land in September. Doba reached shore safely with his kayak but it was too severely damaged to go out again, his land-based team said. *Citizen*

Father of 35 alms for 100 children

QUETTA, PAKISTAN - A Pakistani father of 35 is now searching for a fourth wife as he romps towards his goal of 100 children, a dubious ambition in the conservative Muslim country where polygamy is rare but still practiced. Sardar Jan Mohammad Khilji, 46, says he believes it is his religious duty to have as many children as possible.

Afp

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11 DEATHS



Annah Bindzile Mavuso, Mrs Lulane is late. Memorial service at Zakhele F.E.A on Friday 3rd June 2016 after a night vigil. Announcement by her children.



Kwatiswa tihlobo nebangani ba Sabelo Sifiso Fakudze lotalwa ngu Obed eGundwini kutsi akasekho emhlabeni. Kwatiswa baka Fakudze eMacetjeni Emdumezulu ngesheya kweSivokodvo, bekhabonina eBush, libandla lakhe eThile no. 2 kanye nebasemsebentini wakhe eBuyi'Save kaManzini. Kutawulindzelwa ngemgcibelo afihlwe ngelisonfo ekuseni mhlaka 05 June 2016. Simemetelo sikhishwa ngunina egameni lemndeni.



Relatives and friends of **Bhekuyise 'Jojobala' Nxumalo** are notified of his demise. Funeral will be held Saturday on the 4th of June 2016 after a night vigil at his home in Mbekelweni. Announcement by the Nxumalo Family.



Kwatiswa tihlobo nemndeni wababe Johane Khushwa Gamedze kutsi akasekho emhlabeni. Kwatiswa baka Gamedze nemphakatsi ePhonjwane eGundwini bekhabonina kaNdzinisa nebekhabonina kaNkhambule kuBulunga. Kwatiswa nebelibandla lakhe iDamaseko phansi kwemfundisi S.M. Dvuba. Utawufihlwa eGundwini emtini wakhe ngemgcibelo mhlaka 4 June emva kwemlindzelo ngalesihlanu. Simemetelo sikhishwa ngu Gideon Gamedze umnakabo egameni lemndeni.



Kwatiswa tihlobo nebangani baBabe Petros Sankweza Hlatshwayo kutsi akasekho emhlabeni. Kwatiswa baka Hlatshwayo kaLobamba lomdzala, baka Simelane Kontjingila ekhakhakhe nebakaMalinga ekhabonina eMakhungutja nebazalwane bonkhe. Ufihlwa ekhaya lakhe eNgongoni eMfabantfu kababe Gandagandza Hlatshwayo ngemgcibelo mhlaka 4 June emva kwemlindzelo ngalesihlanu. Simemetelo sikhishwa ngu Samson Bantana Hlatshwayo.



Friends and relatives of **Busisiwe Mavis Dlamini** are notified of her demise. Funeral will be on the 4th of June after a night vigil on the 3rd of June 2016 at her parental home kaHlatsi in a place known as Nkomonye Service starting at 18:00hrs on Friday the 3rd of June 2016. Rest in Peace Hlubi. Announcement by Celimphilo Mahlalela.



Kwatiswa tihlobo nemndeni ta Duduzile Cedigugu Kunene kaLogoba kutsi akasekho emhlabeni. Kwatiswa bekhabonina kaTfwala. Utawufihlwa ngemgcibelo mhlaka 4 June 2016 emva kwemlindzelo ngalesihlanu. Simemetelo sikhishwa ngumndeni.



Relatives and friends of **gogo Shabagu known as Sophie Salaphi Msibi** are notified of her demise. Funeral at Mankayane - Ekuthokozeni on Saturday 04 June 2016 after a night vigil on Friday. Announcement by Arloma Dlamini.



Kwatiswa tihlobo nebangani baNtombi Annastacia Dlamini, lobekendze kaZwane, kutsi akasekho emhlabeni. Ufihlwa ngelisonfo ekuseni mhlaka 05/06/2016 emva kwemlindzelo ngemgcibelo ekhaya kakhe, eMoyeni kuMaliyaduma. Simemetelo sikhishwa ngu Elizabeth Mkuwe Nhlabatsi egameni lemndeni.



Kwatiswa tihlobo nebangani ba Nokuthula Constance Dlamini/Nkhamule kutsi akasekho emhlabeni. Ufihlwa eMliba ekhakhakhe ngemgcibelo mhlaka 4 June 2016 emva kwemlindzelo ngalesihlanu. Simemetelo sikhishwa ngu Vusie Nkhamule umyeni wakhe.



Kwatiswa tihlobo takaMabuza bakaZikalala eMangcongco, bakaDvuba ekhabonina, bangani nebangani nabobonkhe labamati nga Nozipho Treasure Mabuza (laZikalala) kutsi

akasekho emhlabeni. ufihlwa ekhakhakhe eNhlambeni. Inkonzoyesikhumbuto ingalesihlanu mhlaka 3 June 2016 nga 1pm eSwedish Free Church, Manzini bese kubangumlindzelo. Simemetelo sikhishwa bakaMabuza ekhakhakhe.



Relatives and friends of **Metthie Phumzile Jele (nee Zwane)** are notified of her demise. Her homegoing service will be held on Saturday 4 June 2016 at 6:00am after a night vigil at the Jele homestead next to Buy Hardware in Hluti.



Relatives and friends of **Jabulile Accurate Shongwe** known as Tima, are notified of her demise after a short illness. The funeral will be on the 5th of June 2016, after a night vigil at her parental home at Siphofaneni. Service starts at 1800hrs on Saturday. Announcement made by her mother Bridgette Mdzandza Mngometulu.

JOB 13:15
Though he slay me,
yet will I hope in him;
I will surely
defend my ways to
his face.



Kwatiswa tihlobo nebangani baNtombi Annastacia Dlamini, lobekendze kaZwane, kutsi akasekho emhlabeni. Ufihlwa ngelisonfo ekuseni mhlaka 05/06/2016 emva kwemlindzelo ngemgcibelo ekhaya kakhe, eMoyeni kuMaliyaduma. Simemetelo sikhishwa ngu Mshiyeni Zulu egameni lebaka Zwane nebakakunene.



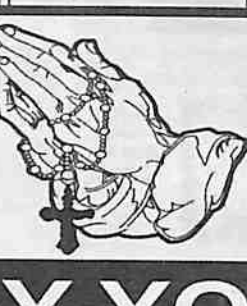
Kwatiswa tihlobo nemndeni wa Nichodimus Matsebula Mnyoni kutsi akasekho emhlabeni. Kwatiswa baka Matsebula esigangeni nase Lundzi ekhabonina, nebantfwabakhe kutsi utawufihlwa eSigangeni ekhaya kubo ngelisonfo mhlaka 05/06/2016, ngemuva kwemlindzelo. Simemetelo sikhishwa ngu Florence Twinsie Dlamini / Matsebula, egameni lemndeni.



Kwatiswa tihlobo tagogo Magagula Lozincwadi Hlakata kutsi akasekho emhlabeni. Utawubekwa endzaweni yakhe kekugcina ngelisonfo mhlaka 5 June 2016, emuva kwemlindzelo ngemgcibelo mhlaka 4 June 2016. Umsebeni utoba sekhaya lakhe engcina kaMlomo Magagula. Simemetelo sikhishwa ngumndeni.



Kwatiswa tihlobo nebangani baVusi Allen Fakudze, lobekahlala eLudzeludze atiwa ngekutsi ngu Stress kutsi akasekho emhlabeni. Ufihlwa ekhaya kubo kaMdangane ngelisonfo mhlaka 05-06-2016 ngemuva kwemlindzelo, sitieshi kukaMakama emabhasi atsi Mahhonwane. Kwatiswa nebekhabonina baka Nhleko. Lokhipha simemetelo ngumake wakhe Julia Madzandza Fakudze.



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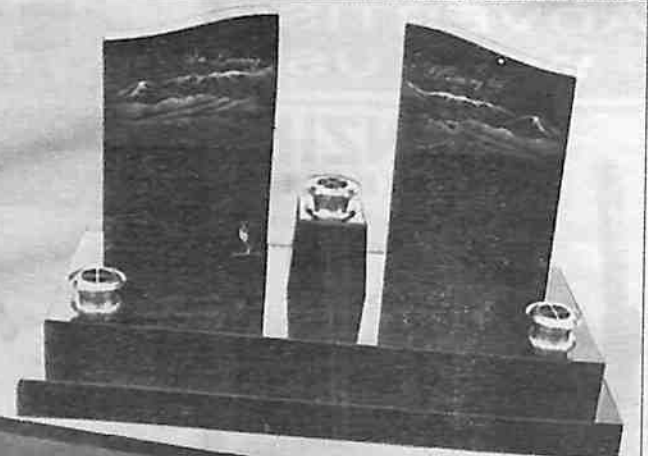
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AFCON 2017 QUALIFIERS FIXTURES

TODAY		
15:00	Burundi	v Senegal
15:30	Rwanda	v Mozambique
15:30	Sao Tome	v Cape Verde
16:00	Namibia	v Niger
16:00	Tanzania	v Egypt
16:00	Botswana	v Uganda
16:30	South Sudan	v Mali
16:30	Sierra Leone	v Sudan
18:00	Guinea-Bissau	v Zambia
19:00	Gambia	v South Africa
19:30	Ivory Coast	v Gabon
TOMORROW		
13:00	Mauritius	v Ghana
14:00	Kenya	v Congo
14:00	Benin	v Equatorial Guinea
14:00	Liberia	v Togo
14:30	Madagascar	v Congo
15:00	Swaziland	v Guinea
15:00	Zimbabwe	v Malawi
15:00	Comoros	v Burkina Faso
15:00	Lesotho	v Ethiopia
16:00	C. African Republic	v Angola



RULED OUT: Nyasha Mushekwi.

MUSHEKWI RULED OUT OF MALAWI TIE

ZIMBABWE - Warriors forward Nyasha Mushekwi will miss Sunday's 2017 Afcon qualifier against Malawi at the National Sports Stadium, due to club commitments.

Mushekwi plays for Chinese second tier side Dalian Yifang who could not release him for international duty.

The Chinese League One is ongoing despite the current international period and Dalian Yifang will host Tianjin Quanjian as they press for promotion into the Super League.

With 11 games having been played so far in the League One, Dalian Yifang are on position four with five points behind leaders Qingdao Huanghai.

Mushekwi has so far scored nine goals, making him an important asset to Warriors coach Callisto Pasuwa had he made it for international duty.

Big game

"Of course Nyasha is a player we would have wanted considering we have a big game ahead of us. But his club wants him to play as they have a game at the weekend," Pasuwa said.

"There is nothing we can do about it. We understand their position even if we felt he was going to be a big boost to us. We will just try to make do without him."

Mushekwi's absence might not be much of a headache for Pasuwa who still has Knowledge Musona, Evans Rusike, Tendai Ngoro and Matthew Rusike to select his strikers from.

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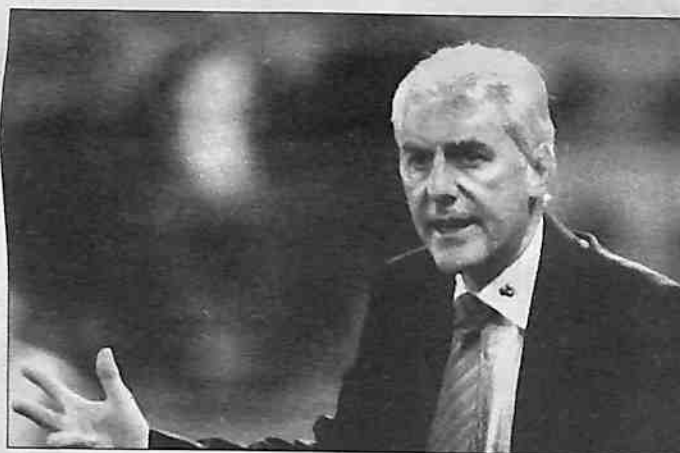
MAURITANIA, CAMEROON TO END BAFANA HOPES

JOHANNESBURG - Victory for either Mauritania or Cameroon yesterday at the Stade Olympique in Nouakchott will end South Africa's hopes of qualifying for the 2017 African Cup of Nations in Gabon.

The Indomitable Lions will qualify for next year's showpiece with victory over Les Mourabitones, who themselves can close in on a first ever Afcon appearance with a win in front of their home fans.

Cameroon top group M with eight points from four matches, one more than Mauritania who have won both their home matches in the qualifying matches thus far.

The desert nation beat Bafana Bafana 3-1 last September before a stoppage time winner from Moulaye Ahmed secured a 2-1 win over Gambia.



TASK AHEAD: Cameroon coach Hugo Broos.

Ahmed has been the country's star player with three goals in the group stages, including a brace against the 'Scorpions' last time out.

Mauritania, though, will be without Guidileye Diallo, who has failed to arrive for the match. The defensive-midfield-

er failed to explain why he didn't make the journey to the Mauritanian capital.

Successive

Hugo Broos took over the reins from Volker Finke in February, guiding Cameroon to successive draws against South Africa, edging the four time

Afcon champions closer to a second successive continental showpiece.

Cameroon prepared for this weekend's game with a 3-2 loss to France, on Monday.

Porto forward Vincent Aboubakar and Schalke ace Maxim Choupo-Moting found the back of the net for the Africans.

Benjamin Moukandjo and Nicolas Nkoulou are doubts for the clash having missed the game in Nantes. Captain Stephane Mbia also missed the clash against the 2016 European Championship hosts and will also miss the qualifier as he was not picked.

In the reverse fixture in Yaounde last June, Aboubakar scored an 89th minute winner to guide the West Africans to a narrow 1-0 win.

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ALL SET: Tunisia national team.

TUNISIA OUT TO ADD TO DJIBOUTI'S WOES

TUNISIA - Tunisia will hope to close the gap on leaders Liberia as they travel to honour their 2017 CAF Africa Cup of Nations Qualifier against Djibouti on Friday at Stade El Hadj Hassan Gouled in Djibouti. Kick-off is at 2:30pm.

The Carthage Eagles are favourites to go back home with a victory following their 8-1 win over the shoremen of the Red Sea at home last year.

However, a win is not guaranteed away for the Henryk Kasperczak-coached side. They will have to dig deeper and ensure they close the gap on leaders Liberia.

Tunisia have amassed seven points from four matches having won two, drew one and lost once. Moreover, they will hope

the Liberians stutter against Togo on Sunday in the other Afcon qualifier group match.

The Tunisian coach will be hoping to see his stars such as Yassine Chikhaoui and Ferjani Sassi spearhead their attack and put pressure on Liberia.

In their two matches in March, the North Africans beat Togo 1-0 and drew 0-0 in the return leg, but will now hope to continue with their fine form.

Looking at the hosts, the Shoremen of the Red Sea will be out to restore their pride and get a win despite their poor run in the qualifying campaign.

Failed

Djibouti have failed to win a single match in their run so far having lost all four of their matches to Liberia, Tunisia and Togo.

Coach Noureddine

Gharsalli will be under pressure to motivate and ensure his charges retain the full three points or at least get a draw as their campaign is drawing to a close.

The hosts occupy the bottom place in the group with zero points and their dream of reaching Gabon next year is quickly fading away.

Advantage

In their previous two matches against Togo in March, they conceded six goals and failed to score as they lost 5-0 and 1-0 respectively.

Although home advantage could be on their side, facing Kasperczak's men will present a tough assignment and will now hope to avoid a demolition with a score similar to the opening leg.

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MAURITIUS HOPE TO CAUSE FLUTTER AGAINST B. STARS

MAURITIUS - Mauritius have concluded 10 days of preparation ahead of their African Nations Cup qualifier against Ghana under coach Joe Tshupula, hoping to cause a flutter against the powerful Black Stars.

"The most important is to work and to look to take our opportunities," said the Mauritius coach ahead of the Group H match where just a single point will be enough to ensure that Ghana finishes top of the standings and qualifies for next year's finals in Gabon.

Progress

Mauritius, who also have an eye on the Cosafa Castle Cup in Namibia later this month, want to show some progress. "This is the opportunity to evaluate ourselves facing a top nation in world football."

The 25-man Mauritius squad sees a return for Aboobakar Augustine and Christopher L'Enclume but the omission of experienced Andy Sophie, who has been dropped after being unable to get regular game time at club level for St. Louisienne on the nearby French island of Reunion. Arnaud Stafford misses out because of injury.

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Mourinho to be 'Pope'

MANCHESTER - Jose Mourinho always said he was a "special one" and now, after fulfilling his dream of becoming Manchester United manager, he is turning his hand to films. The Portuguese will lend his voice to the character of Pope Francis in an animated film due for release in 2017 for the centenary of the apparition of the Virgin Mary in Fatima, Portugal. Mourinho will be the voice of the Argentine pontiff in Portuguese, English, Spanish and Italian - "the languages of the countries where he (Mourinho) has already been a champion", said the Portuguese production company Imaginew. **Supersport**



production company Imaginew. **Supersport**

Serena survives scare against Putintseva

PARIS - Serena Williams survived a major scare to move to within two wins of equalling Steffi Graf's Open era record of 22 grand slam singles titles.

Williams headed into the quarter-finals as a huge favourite to successfully defend her title but was panicky throughout the first two sets against 60th-ranked Yulia Putintseva and was lucky to escape with a 5-7, 6-4, 6-1 victory.

Williams had won considerably more matches at grand slams than all of her fellow quarter-finalists put together.

Putintseva, 21, was making her first appearance in the last eight at a slam but it was Williams who looked nervous.

The Kazakh saw an early break snuffed out but did not let that worry

ALMOST: Serena Williams.

her and broke again for 6-5 before serving out the set to love.

A feisty character, she whipped up the crowd on Court Philippe Chatrier, who were huddled under blankets in the unseasonably cold and damp conditions.

It was the first set Williams has lost on clay this year and the first time Putintseva has won a set against her.

The top seed looked to have put the danger behind her when she won four of the opening five games in the second set but back came Putintseva.

Williams could not get her feet moving in the heavy clay, although the culprit appeared more her head than the conditions. Having seen her calendar Grand

Slam hopes ended by Roberta Vinci at the US Open last year, Williams then allowed the occasion to get the better of her in the Australian Open final against Angelique Kerber in January. When Putintseva twice forced break point at 4-4, Williams was staring at her worst slam loss since she was beaten by Virginie Razzano in the first round here four years ago. That was the catalyst for her to hire coach Patrick Mouratoglou, since when she has won eight slam titles. Williams must have been a relieved woman when she sat down on her chair having finally held for 5-4, and it proved to be the end of Putintseva's hopes. The 21-year-old, who stands only 5ft 4in, double-faulted to lose the second set and, with Williams now calmer if still a bit leaden-footed, did not win another game until it was too late. In the last four, Williams will play another unseeded player in Dutchwoman Kiki Bertens, who continued her remarkable run by upsetting eighth seed Timea Bacsinszky 7-5 6-2.

DailyMail



Djokovic lucky to avoid disqualification

PARIS - Novak Djokovic had his way with Tomas Berdych, beating him 6-3, 7-5, 6-3 in clinical fashion to reach his sixth consecutive French Open semifinal.

The world No. 1 was in complete control for the majority of the match, but at one point in the quarterfinal he lost his cool—and it almost cost him.

In the second game of the third set, the Serb angrily threw his racquet in frustration. It violently jolted backwards, and it just

missed hitting—and severely injuring—a line judge. Thankfully the judge was able to get out of the way and avoid the flying object.

Djokovic, seeking his fourth consecutive major title and a career Grand Slam, could have been disqualified from the match and the tournament had his racquet hit a line judge.

Following his straight-sets victory, the 11-time

Grand Slam champion admitted that he's lucky no one got hurt—and he still has an opportunity to win his first French Open.

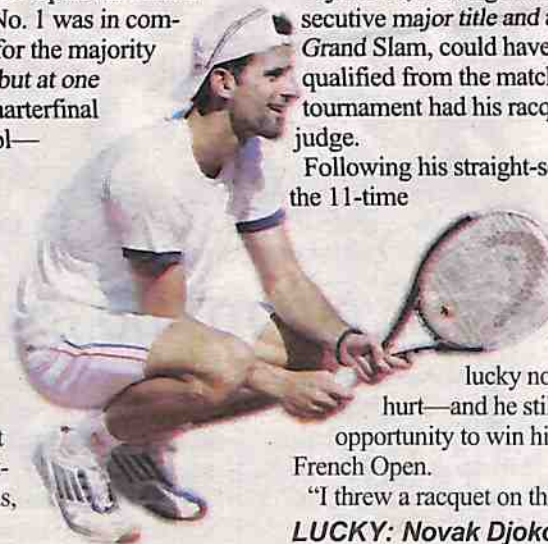
"I threw a racquet on the ground

LUCKY: Novak Djokovic.

and it slipped and almost hit the line umpire," a clearly bothered Djokovic explained in his post-match press conference. "I was lucky there. That's all."

This isn't the first time that Djokovic's anger has gotten the best of him and put him on thin ice. In the final in Rome last month, Djokovic accidentally flung his racquet into the stands.

tennis.com



McIlroy set for Olympics despite Zika scare

CAPE TOWN - Four-time major champion Rory McIlroy will represent Ireland in Brazil, as golf is included in the Olympics for the first time since 1904.

Last month the world number three voiced his reservations about travelling to South America due to the ongoing Zika epidemic.

Vijay Singh and Australian Marc Leisham have already insisted they will miss the games, but McIlroy appears to have been swayed by health professionals.

"I've sought out some advice and I had two dead shoulders for about four days last week because I got my shots and whatever I needed to get for going down there," he told

reporters.

"Obviously, there's no vaccination for Zika. I think what the health experts are really worried about, it's not the individual cases.

"It's the fact that 500 000 people go to Rio and they spend three weeks at the games, they go back out of Rio and some might have contracted Zika and don't know about it, and then all of a sudden instead of it being this virus that's contained in a certain part of the world, it's now a global epidemic.

"And I think that's the real concern. So for me to go down there, even if I was to get Zika, its six months and it's a virus and it works its way out of your system. Masters champion Danny Willett is one of a number of

players who has yet to decide whether they will compete, with the Zika virus linked to birth defects in new-born babies. "It's nice that we can come back, and [if you] feel like you've had some of the symptoms down there, you can get tested for it, and it's either a yes or a no you've had it," McIlroy added.

"I'm ready to play. I feel like the advice I've sought out over the past 10 days has put my mind at ease and makes me more comfortable going down there knowing that, even if I do contract Zika, it's not the end of the world.

"It takes six months to pass through your system and you're fine."

news24.

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MARQUEZ, LORENZO IN HOME TURF BATTLE

ITALY - Just 10 points separate Spaniards Jorge Lorenzo of Yamaha and Marc Marquez of Honda ahead of what promises to be another epic struggle at the fast and challenging Montmelo track at the Grand Prix of Catalonia today.

It will not be lost on current world champion Lorenzo (115 pts) or the 2014 winner Marquez (105 pts) that 15 of the last 19 winners here went on to lift the world crown.

And anyone who watched the pair overtake each other several times during the last lap of an Italian GP won last time out by a wafer-thin 0.019sec by Lorenzo will know a swashbuckling show will likely be laid on for the locals.

"I've watched the Mugello last lap a few times since," smiled Lorenzo on Thursday, referring to their Italian showdown.

"But here we are now. I'm going to be racing at home. I lived in Barcelona for many years and this is like coming home for me," said Lorenzo, who is from the nearby island of Mallorca.

"The Italian GP was super important for the title and I'll be fighting every inch of the way again."

Lorenzo is targeting a third straight victory in the championship after clinching wins at Le Mans and in Italy and can claim a fifth top-level win at Montmelo.

Catalan native Marquez may look tough when flying

into corners but revealed a softer side when he admitted: "Nothing is more motivating than being in competition in front of a crowd of admiring fans."

Marquez won here in 2014 and is doubly desperate to bounce back after he fell in last year's edition. A win would put him back in charge of the championship race ahead of the France GP in two weeks.

Also in the mix is the veteran nine-time world champion Valentino Rossi, whose Yamaha M1 suffered a rare engine failure in Italy.

The affable Italian is third in the standings on 78 points and while he has won here six times, the 37-year-old biker's last win in Catalonia dates back to 2009.

"There is a lot to regret looking back at what happened in Tuscany two weeks ago," he said.

"But for me what I have to focus on and build on is just how amazingly fast we were

incident.

There is also the prospect of another Catalan rider winning here in the form of Dani Pedrosa of Honda, fourth in the standings 12 points adrift of Rossi and a winner here in 2008.

"The title is my greatest dream and I'll be fighting for it," vowed Pedrosa, who has struggled to find his full flair this season on new tyres, but who has just signed an extended deal with Repsol Honda.

"But I have nothing to prove, I have achieved so many of my childhood dreams," he told Motogp.com.

Returning to the issue of new tyres, Ducati's Andrea Iannone, third in

Italy, feels his team will do much to end a four-year poor spell on the Montmelo track because "the tyres and electronics suit us better now".

"The podium in Italy is very good, but I had the potential to fight for the victory."

Suzuki are also hoping for success after Aleix

Espargaro got on pole last year and Maverick Vinales registered the second-fastest lap.



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Gatlin digs deep, Ayana misses world record

ROME - Controversial American sprinter Justin Gatlin dug deep to edge to victory in the men's 100m at Thursday's Diamond League meeting, but Ethiopian Almaz Ayana just missed out on a new world record in the 5000m.

Gatlin, the 2004 Olympic 100m gold medallist who has served two doping bans, produced a savage dip at the line for victory by one-hundredth of a second in 9.93 seconds.

That dip was

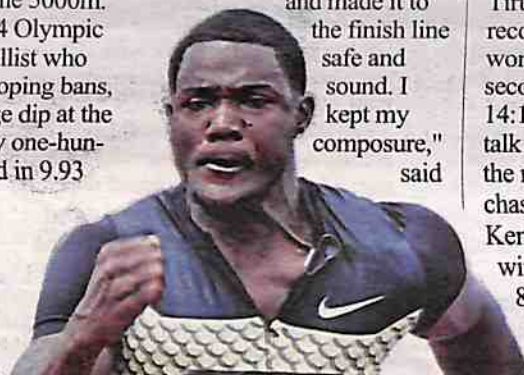
DIGGING

DEEP:

Sprinter

Justin Gatlin.

enough to deprive American teammate Ameer Webb, who had earlier won the 200m (20.04), a sprint double on a balmy night in the Italian capital. Frenchman Jimmy Vicaut also dipped under the 10sec mark with 9.99. "I executed this race and made it to the finish line safe and sound. I kept my composure," said



Gatlin, 34. But it was not an American sweep of the blue riband event, Jamaica's Elaine Thompson, in a season's best 10.87sec, outstripping English Gardner in the women's race. In a top-quality meet, Ayana fell just short of toppling compatriot Tirunesh Dibaba's world record of 14:11.15 in the women's 5000m, clocking a second-ever fastest time of 14:12.59. There was also talk of a record attempt in the men's 3000m steeplechase, but that petered out, Kenyan Conseslus Kipruto winning in 8:01.47, almost 8sec off Saif Said Shahin's best.

DailyMail

SAPP

SOUTHERN AFRICAN POWER POOL

Vacancy: Coordination Centre Manager

1. BACKGROUND

The Southern African Power Pool (SAPP) was created in April 1995 through the SADC treaty to optimise the use of available energy resources amongst the countries in the region and support one another during emergencies. At the time of creation, the SADC governments agreed to allow their national power utilities to enter into the necessary agreements that regulate the establishment and operation of the SAPP. SAPP membership was therefore restricted to national power utilities of the SADC member states as indicated in the Inter-Governmental Memorandum of Understanding (IGMOU). In the revised IGMOU of February 2006 SAPP membership was also made possible for other Electricity Supply Enterprises.

The SAPP is seeking the recruitment of a Coordination Centre Manager who will report to the Coordination Centre Board Chairperson.

2. DUTIES OF THE COORDINATION CENTRE MANAGER

Under the general direction of the Coordination Centre Board Chairperson, the Coordination Centre Manager shall manage the operations of the Coordination Centre and interface with SADC, SAPP members and International Stakeholders. The duties of the Coordination Centre Manager are as follows:

2.1 General Management

- Compile a business plan for the SAPP Coordination Centre in alignment with overall SAPP strategic direction.
- Develop policies and procedures for the SAPP Coordination Centre in alignment with the business plan
- Design and propose for approval and implementation, a robust governance framework with policies relating to: appropriate financial controls, delegation of authority for proper decision making, human resource management, and reporting.
- Identify, document and implement business processes for the coordination centre.
- Manage the Coordination Centre in an efficient manner

2.2 Financial Management

- Provide strategic and financial guidance to the SAPP Coordination Centre staff
- Develop policies and procedures to ensure the sound financial management and control of the SAPP
- Administer the Coordination Centre accounting structure to include preparation of the Coordination Centre budget
- Oversee the compilation and dissemination of audited financial statements
- Perform financial management by ensuring all costs and expenses are within budget
- Conduct internal audits and ensure corrective action and non-repeats

2.3 Human Resource Management

- Recruit staff to resource the Co-ordination Centre on such terms as approved by the Management Committee
- Direct the Chief Engineer, Chief Market Analyst, Senior Transaction Advisor and other staff, as applicable
- Co-ordinate the training of CC staff and SAPP Members
- Set annual performance targets and manage performance of all staff

2.4 SAPP Operations Management

- Provide secretarial services to include the keeping of minutes and decision register of the SAPP governance bodies such as the Co-ordination Centre Board, Management Committee and the Executive Committee
- Represent SAPP at various public forums, as appropriate and pre authorized
- Be the focal point for SAPP's interface with SADC, donors, DFIs, other Power Pools in Africa and institutions in Africa
- Evaluate the impact of future infrastructure projects on the operation of the Pool
- Identify and obtain funding and support for all the capital projects of the Co-ordination Centre
- Reports on key performance indicators of the SAPP operations
- Identify trends and recommend interventions to resolve problems with the Coordination Centre
- Prepare a summary of the proceedings of the Management Committee and in conjunction with the Management Committee Chairperson and refer deadlocked resolutions to the Executive Committee Chairperson

2.5 Stakeholder Management

- Perform relationship management with donors and stakeholders
- Ensure publication of appropriate monthly reports covering the activities of the SAPP Co-ordination Centre
- Other duties, as assigned

3. QUALIFICATIONS AND EXPERIENCE

- Minimum and ideal qualifications:
- Minimum of a Bachelor's Degree
- Preferably a Master's Degree in Electrical Engineering or equivalent.
- A degree in Business Administration or Business Leadership would be an added advantage.
- Leadership and management skills
- SADC national
- Passport valid for travel to SADC countries
- Ten years of experience in electric power systems and operations

4. PERIOD OF THE CONTRACT

The duration of the contract is five (5) years. Interested candidates should submit their applications and curriculum vitae by 17 June 2016 to:

The SAPP Human Resource Working Group Chairperson
Southern African Power Pool
24 Golden Stairs Road
P.O. Box EHS2
Emerald Hill
Harare
Zimbabwe
Tel: +263 4 335517/48/58
Email: info@sapp.co.zw
Website: www.sapp.co.zw



ENGLISH PREMIERSHIP



ROONEY UPSETS THE BALANCE

... England star belongs in midfield, not attack

LONDON - Chris Smalling spares the blushes with late Wembley winner after a three-man attack of Wayne Rooney, Harry Kane and Jamie Vardy falter, they came as the awesome foursome and the embodiment of a cavalier attitude that Roy Hodgson has evidently spent his life hiding.

They left to Mexican waves and a sense this could be the same sorry tale of talented players who don't quite add up to the sum of their parts.

How deflating and, worse, how baffling. In Harry Kane, Jamie Vardy, Dele Alli and Wayne Rooney was an attacking quartet worth 67 goals and 22 assists last season. Just one of either would have done.

Instead, it fell flat and felt flat. The most aggressive selection of Hodgson's tenure succeeded

only in leaving its creator with an almighty headache and more questions than answers.

Alli started well and faded badly. The remaining three lions were not quite sure who was meant to prowl which bit of territory and each had been substituted by the time a centre half headed the winner.

Rooney was more No 9 than 10, so far forward from the tip of the diamond that he forced Vardy and Kane out wide into a long-distance relationship that was never going to work, two great scorers scratching around on the flanks. Most damningly, Vardy had only nine touches in his 66 minutes, a marvellous striker looking in vain for the party. The confusion of it all was

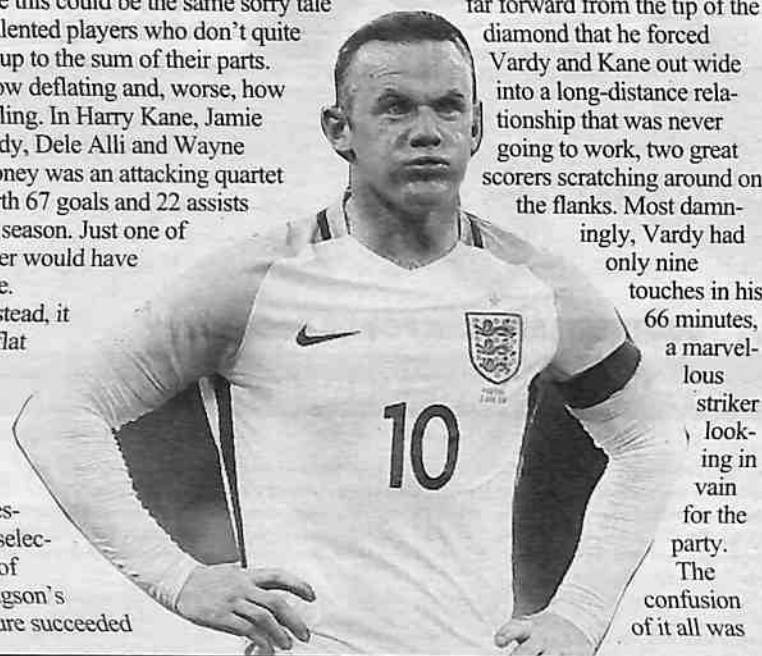
compounded by the sight of Kane taking corners. It was almost farcically appropriate — a barrel of premium gunpowder and no clear evidence that anyone knew how best to light it. With the opening fixture in France a little over a week away, Hodgson has plenty of thinking to do.

For his part, he had said what sounded like the right things in the build-up. He revealed he would pick a side 'tilted towards attack' and added 'there is no reason why it shouldn't work'.

Of course, that is not strictly true. There are numerous reasons why it might not, as learned through a decade of watching Frank Lampard and Steven Gerrard shuffle through games in one another's company, never quite free enough for England to do what they each did so well for their clubs.

Here, the glorious components of this attack simply could not quite find a way — or enough space — to get along. Clearly, Rooney's positioning was an issue, whether it was by design or an accident against Hodgson's tactical plan. By being so far forward, he effectively turned Kane and Vardy (right) into wingers.

Perhaps it was a case of old habits dying hard for the elder statesman who has made most of his wonderful career as a striker. But that flies in the face of the evidence from the recent FA Cup final, in which Rooney was a wrecking ball in midfield. *dailymail.*



UPSETS: Wayne Rooney looks on in frustration as England struggled to break down 10-man Portugal at Wembley

Smalling gives England edge over Portugal

WEMBLEY - An 86th-minute header from centre-back Chris Smalling spared England's blushes as they squeezed past 10-man Portugal 1-0 at Wembley on Thursday in their final Euro 2016 warm-up game.

While Portugal captain Cristiano Ronaldo was rested following his involvement in Real Madrid's Champions League final victory over Atletico Madrid last weekend, England manager Roy Hodgson was effectively able to name a full-strength line-up.

But with his side's Group B opener against Russia in Marseille just nine days away, it took Smalling's first international goal to secure victory after the hosts had toiled badly despite playing against 10 men following the 35th-minute dismissal of Bruno Alves.

Having previously beaten Turkey and Australia, England managed to prevail in all three of their pre-tournament friendlies, but they will travel to France on Monday accompanied by more doubts than certainties.

There was little for Portugal's fans to cheer on a chilly night in west London as their team lost to England for the first time in six games, but coach Fernando Santos will have Ronaldo back in his ranks for their final warm-up match against Estonia in Lisbon on June 8.

England's fans have been clamouring for Wayne Rooney, Harry Kane and Jamie Vardy to be aligned together in attack, but although Hodgson selected the trio in the same team for the first time, Kane and Vardy took up wide positions, with Rooney in the centre.

With new Manchester United manager Jose Mourinho in attendance, keeping a close eye on both Rooney and Smalling as well as his Portuguese compatriots, the initial chances England created stemmed from right-back Kyle Walker.

Crossed

The Tottenham Hotspur player crossed for Rooney to head into Rui Patricio's hands and later slammed narrowly wide from 25 yards.

Portugal, with Nani wearing the captain's armband and starting up front in Ronaldo's absence, saw old-stager Ricardo Carvalho head over from a Joao Moutinho free-kick.

The momentum lurched in England's favour 10 minutes before halftime when Alves was shown a straight red card for a dangerous, studs up, head-high challenge on Kane near England's right-hand touchline.

Fortunately, the Tottenham striker emerged unscathed and shortly after he worked Patricio with a drilled shot from Rooney's pass.

sport24.

Di Matteo confirmed as Villa manager

CAPE TOWN - Former Chelsea manager Roberto di Matteo has been appointed the new manager of Aston Villa and will succeed Remi Garde.

Garde, who only managed the club for 147 days, was sacked in March before the club's relegation from the Premier League.

Di Matteo led Chelsea to their only Champions League title in 2012 and was sacked later that year and replaced by Rafael Benitez. According to the BBC, the Italian will get assistance from former Blues teammate Steve Clarke, where he will take a hands-on responsibility in crafting their underachieving players. The former Scottish player has an impressive CV, boasting multiple experiences in the Premier League by assisting or managing teams, such as Liverpool, Chelsea, West Brom and Reading. *sport24.*

CEO backs Wenger to deliver success

LONDON - Arsene Wenger is the right manager to lead Arsenal forward, the club's chief executive Ivan Gazidis has said, despite doubts over the Frenchman's contract at the Premier League club.

Wenger, 66, has one year remaining on his current deal but has not yet committed to extending it.

He took over as Arsenal manager in 1996 and has led them to a top-four finish in every season since.

Wenger has denied British media reports that Arsenal have offered him a new contract, but Gazidis indicated that the Frenchman would continue at the helm for the foreseeable future.

"The reason we have Arsene as

our manager is because our board believes he can deliver success," he told the Daily Telegraph. "He is in fantastic shape. He is deeply engaged and excited." "He is going to be managing us next year and we are planning and making many decisions for the long term."

Wenger, who last won the Premier League 12 years ago, faced hostility from the fans towards the end of last season. "I know Arsene wouldn't stay on if he thought the club wasn't heading in a good direction and thought he wouldn't be able to deliver what the fans want," Gazidis said. Arsenal finished second in the table last season, 10 points behind champions Leicester City. *supersport.*

Chicharito points finger at United, Madrid

CAPE TOWN - Bayer Leverkusen striker Javier Hernandez has criticised former clubs Manchester United and Real Madrid for not trusting him enough to lead the line.

The Mexico international has enjoyed one of his best seasons to date as Leverkusen number-one marksman, which he rarely got at Old Trafford or the Santiago Bernabeu.

After scoring 26 goals in all competitions for the Bundesliga outfit,

'Chicharito' feels it's all down to being able to create a level of consistency when receiving regular game-time. "If I had more opportunities in Manchester United or Real Madrid I could have been the star," he told FourFourTwo.

"I've never had the chance to play 20 games in a row.

"At Real Madrid I started 12 games and I scored nine goals. At Leverkusen, I started 37 games and I scored 26 goals.

"The difference is that at Leverkusen they want me on the pitch. The others didn't." *sport24.*



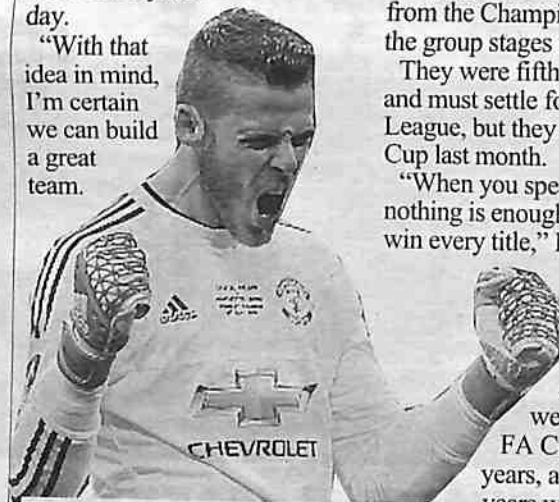
Mou will be a hit at United - De Gea

MANCHESTER - Manchester United goalkeeper David de Gea is excited about the new era that is about to begin at his club with coach Jose Mourinho.

The former Chelsea manager last week signed a contract until June 2019 with the record 20-times English champions.

"To speak of Jose Mourinho is to talk about a winning coach and that is United's philosophy and mine," De Gea told Marca yesterday.

"With that idea in mind, I'm certain we can build a great team.



CELEBRATES: Manchester United goalkeeper David de Gea.

I welcome him."

Titles have been scarce for De Gea since the Spaniard moved to Manchester from Atletico Madrid in 2011.

He won the Premier League in 2012-13, Alex Ferguson's last season in charge of the team.

David Moyes was then sacked 10 months after replacing Ferguson and his successor was Louis Van Gaal.

United finished fourth in the Premier League in the 2014-15 campaign and were eliminated from the Champions League in the group stages this season.

They were fifth in the league and must settle for the Europa League, but they did lift the FA Cup last month.

"When you speak of United nothing is enough if you don't win every title," De Gea said.

"Not qualifying to the Champions League was a big blow but we have won the FA Cup after 12 years, and after three years without lifting a trophy." *sport24.*



Erasmus reveals his biggest Pirates regret

JOHANNESBURG - Former Orlando Pirates striker Kermit Erasmus has revealed the biggest regret from his time with the Soweto giants.

The 25-year-old took part in a Twitter Q&A on his own account last week and was asked about his biggest regret from donning the Buccaneers jersey.

Erasmus responded saying that losing out in the final of the CAF Confederations Cup in 2015 was his biggest regret.

Back then, Pirates had a brilliant run on the continent, which saw them eliminate teams such as URA (Uganda),



REGRET: Former Orlando Pirates striker Kermit Erasmus.

CF Mounana (Gabon), AS Kaloum (Guinea) as well as AC Leopards (Republic of

Congo) and CS Sfaxien (Tunisia).

In addition, they beat Egyptian giants Al Ahly 5-3 on aggregate in the semi-final with Erasmus being on the score-sheet away from home.

However, the Buccaneers lost the final 2-1 to Etoile du Sahel from Tunisia.

Erasmus, who finished the 2015 CAF Confederations Cup campaign with five goals, also labeled his goal in the semi-final against Al Ahly as the best of his career to date and mentioned the late Senzo Meyiwa as the best goalkeeper he has played with in SA.

laduma.



GRATEFUL: Keagan Dolly of Mamelodi Sundowns.

Dolly acknowledges those who helped him on his football journey

PRETORIA - Mamelodi Sundowns midfielder Keagan Dolly has given credit to people who have supported him in his football career, including the late Ted Dumitru.

The national Under-23 captain and Bafana Bafana player spoke to Safa.net, where he reminisced about his football journey, stating his parents were his biggest heroes and inspiration.

"They have insisted that I maintain a cool head and not to be big-headed. My girlfriend too has been there for me," said Dolly. "And on top of that I want to thank the coaches who I have worked with in this short journey, the likes of the late Ted Dumitru, he had a lot of influence in my career. Muhsin Ertugral who taught me to be a complete footballer, Owen da Gama, Shakes Mashaba and of course coach Pitso Mosimane among others. All these coaches have played a huge role to be where I am today." The 23-year old player adds that his rise started the first time he was called out for the Amaglug-glug.

"It all began when I was called up for the Under-23 and goals started to come and one thing led to the other, all of a sudden my career started to flourish," he added.

"From the Under-23s, I won my first trophy (the Telkom knockout) with Sundowns, then the league title, got nominated for three awards during the recently held PSL Annual Awards and now a Bafana Bafana call up."

The Downs midfielder is currently in camp with Shakes Mashaba's men for their African Nations Cup qualifier match with Gambia at the Independence Stadium.

Citizen.

Orlando Pirates set to sign James Okwuosa from Chippa United

JOHANNESBURG - James Okwuosa is set to depart Chippa United and join Orlando Pirates, club sources say.

The Chippa captain, who proved a bedrock of their best-ever season as they finished the recent Premier Soccer League campaign in sixth place, is at the end of his contract and has been on offer in the market place since January.

But while league runners-up Bidvest Wits were among those who turned down a chance to sign him, the Nigerian international is now set to be unveiled as a new Buccaneer, filling the gap left by the recent retirement of Siyabonga Sangweni.

This comes after an impressive season as Chippa finished



SET: Orlando Pirates in one of their games.

sixth in the standings with Okwuosa skippering the team and rarely missing a match.

Okwuosa won a first cap for the Super Eagles against South Africa in Durban in 2013 and was in contention for a place at 2014 World Cup in Brazil but eventually did not make the

final 23-man Nigerian squad.

He came to South Africa as a trialist for Ajax Cape Town in 2012. He played for the club in a dream debut against touring Manchester United but surprisingly, Ajax decided in the end not to sign him.

Citizen

We will make Chiefs fans happy next season - Bobby

JOHANNESBURG - Kaizer Chiefs football manager Bobby Motaung has vowed that the club will make their supporters happy next season.

'Amakhosi' endured a disastrous 2015/16 season, ending the campaign without any silverware despite reaching two cup finals.

The Soweto giants finished the season in fifth spot on the Absa Premiership log, a whopping 25 points behind champions Mamelodi Sundowns.

Chiefs responded by announcing on Tuesday evening that they intend on parting ways with

as many as 20 players in the off-season.

Motaung explained that the club were eager to announce the list as early as possible as they brace themselves for a

busy transfer window.

"The list that was

sent out is the final list, unless any other major developments or recruitment come our way, but so far that it is," Motaung said on Metro FM.

"Later we will make announcements about players coming in.

Furthermore, Motaung revealed that he and coach Steve Komphela will not be going on holiday as they aim to work on mistakes of the past season.

"I am not excited, we have a bigger challenge coming next season," Motaung continued. "I am not even taking leave, I am not taking off... even the coach is around, working to make sure we start next season on a good note."

goal.



TO PLEASE FANS: Kaizer Chiefs football manager Bobby Motaung.

SAFPU to challenge Chiefs dismissals

CAPE TOWN - The South African Football Players Union (SAFPU) has revealed that they have been approached by several players who were affected by the clear-out at Kaizer Chiefs.

'Amakhosi' released a total of 20 players with immediate effect on Tuesday as they look to completely revamp their squad in preparation for next season.

The list also included players whose contracts have been terminated or have been put on the transfer list.

According to the Union,

some of the players believe their deals were cancelled without a valid reason and are now looking for representation to help them challenge the decision.

"I've never heard of a club sacking 20 players at a go, this doesn't make any sense," SAFPU general secretary Thulaganyo Gaoshubelwe told The Sowetan.

"We have received calls from some of the affected players and we'll be meeting them to seek a way forward. Complaints are that the club did not consult with them when taking this drastic

decision. Surely they are in breach of players' contracts?"

"How do you release a player from contract without engaging them first?"

When a player signs a contract, it is binding to both parties. If it's for three years, a player makes plans for that period.

"But if a club decides to end it, then they must agree to pay a portion of the remaining contract. There's nothing wrong with putting a player on transfer, but he must still be allowed to report for duty and get paid as per normal until he's sold to another club".

Sport24.

One more season for Eric - Jele

JOHANNESBURG - With the rumours of former Nigeria's head coach Stephen Keshi being lined up for the Orlando Pirates head coach job for next season flooding in, vice-captain Happy Jele has remained in support of Eric Tinkler to lead the Buccaneers

for one more season.

"I think Eric Tinkler is a good coach, he has been doing well for the team and we have been playing well for him."

I believe if they can keep him for another season he will do well," said Jele. The Pirates mentor's future at the club has been hanging on by a

thread since the loss in the final of the Caf Confederation Cup, which was followed by poor results in the league and domestic cup campaigns, losing his second final as the Buccaneers head coach in the Nedbank Cup after a 3-2 loss to SuperSport United at the Peter Mokaba Stadium.

citizen.

PMT PRIZE PRESENTATION



CHAMPS: PMT Knockout champions Mbabane Celtics celebrating after they were officially handed their trophy and E5000 cheque prize. This was during the PMT prize presentation at Sigwaca House on Wednesday. (Pics: Sanele Jele)



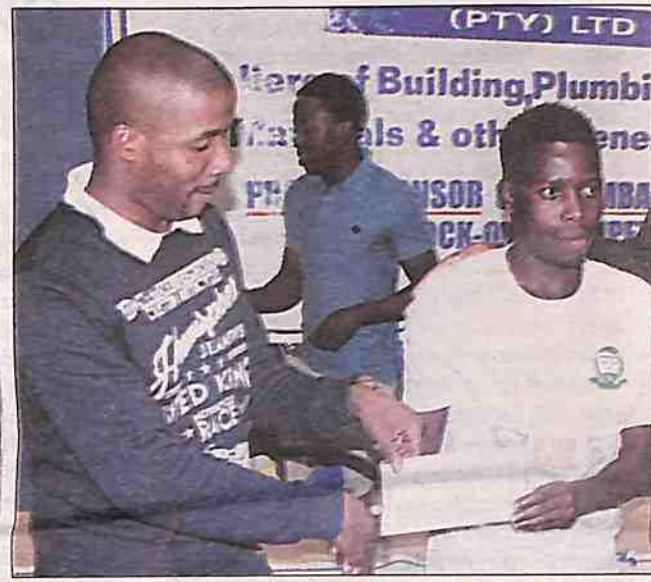
PRESENT: National Football Association of Swaziland's Sonnboy Mabuza, Hhohho Regional Football Association (HRFA) chairman Comfort Shongwe and PMT Manager Simphiwe Nxumalo during the event.



THERE YOU GO: Best match official Themba Kunene receiving his prize money from PMT assistant manager Mlungisi Ginindza while HRFA chairman looks on.



BEST GOALIE: Double Action's Guide Manyika receives his prize money for top goal scorer award from PMT's Mlungisi Ginindza while PMT General Manager Simphiwe Nxumalo looks on.



BEST OF THE BEST: Mbabane Celtics' Lettie Ntamela was named the best player of the Tournament.



WE TRIED: Semi-finalists 'Amawele's Siphso Dlamini receiving the prize money on behalf of the team.



NOT LEFT OUT: Double Action's Ayanda Mazibuko receives the award for runners up award.



TAKE IT: PMT's Mlungisi Ginindza hands over the trophy to Celtics' Ntokozo Seyama and Ayanda Mazibuko.



SUPPORT: A section of the crowd during the prize presentation.



WELL DONE: Seyama smiles for the camera as he receives his prize money from Shongwe on behalf of the team.



IT'S OURS: Champions Celtics pose for a group photo with the sponsors and HRFA officials.

GUINEA JETS IN TO TAKE ON SIHLANGU

WE ARE HERE: Arrival of Guinea national team at King Mswati III International Airport yesterday, in readiness for the 2017 AFCON Qualifier second leg against Sihlangu at Somhlolo National Stadium tomorrow. Guinea National Football team interim Coach, Mohamed Bongoura, declared war on Sihlangu. The nation's pride will be looking to compete a double over the West Africans, whom they beat 2-1 in the first leg match played in Casablanca, Morocco in September last year. The two teams are tied on five points with Guinea having a better goal difference over the locals. (Pics: Lucky Simelane)



SNSRC APPOINTS DUMISANI NTIWANE AS MEDIA OFFICER

By Sabelo Majola

SPORTS – Former Swazi Observer Senior Sports Reporter Dumisani Ntiwane is the new Swaziland National Sports and Recreation Council (SNSRC) Media Officer.

The appointment was announced by SNSRC Chief Executive Officer Darius Dloomo yesterday. Ntiwane assumed his duties at the Council on June 1.

"It pleases the Swaziland National Sports and Recreation Council to announce the appointment of Mr. Dumisani Ntiwane as our new Media Officer. Ntiwane brings with him a wealth of experience having been a practising sports journalist for close to 20 years," he said.

Dloomo said pursuant to the call for business unusual by the head of Government, the Council was on another critical phase in its development.

"To steal from our Minister of Sports Culture and Youth Affairs, David 'Cruiser' Ngcamphalala's words; 'We are alive to the fact that our underlying performance as a Sports Ministry and that of our organs is what will ultimately constitute a new story about the impact of sport on the people of Swaziland. We seek to unveil a visible positive impact of



IT'S OFFICIAL: SNSRC Chief Executive Officer Darius Dloomo and new SNSRC Media Officer Dumisani Ntiwane.

sport to human development. We intend to usher in a new story and song on the perception our people have on sport."

"Indeed, with Ntiwane's appointment we have taken just one of the million steps we intend taking as we move forward towards 2022," he said.

The CEO said, with his valuable experience, they are positive that a host of people, partners and stakeholders including sports associations, recreation, wellness sports clubs, Tinkhundla sports committees, the media and other partners would find dealing with Council easier and a pleasant experience.

"We do hope that you will give Ntiwane all the cooperation he needs as Council seeks to usher in new public perceptions about sport in Swaziland and most importantly in also bringing a meaningful contribution by sport to human development and a contribution to the realisation of the national VISION 2022," he said.

Sought for comment, Ntiwane said he was thrilled to be joining the Council.

"I am happy to be part of the SNSRC team. I am looking forward to the new and bigger challenge and hope to work well with all stakeholders of the Council," he said.

SSSA gets slot in AAS Board

By Sabelo Majola

ATLETICS-The Swaziland Schools Sports Association (SSSA) PRO Victor 'Mavikane' Dlamini has been appointed the association's representative in the Athletics Association of Swaziland (AAS) Board.

The move is aimed at strengthening the partnership between the two associations with the view of developing sports in the country.

The development was effective as of last month following a Board meeting convened by the AAS.

AAS Secretary Thoba Mazibuko confirmed the development, stating that it is aimed at strengthening the link that the two associations have.

"We have common objectives with SSSA and we share the same vision so we saw it fit to work together hence the decision to offer them a slot in our Board.

We do hope that the initiative would bear fruits to the interest of all stakeholders," he said.

Dlamini said he was grateful to SSSA for having confidence in him and choosing him to represent the schools' sports association in the AAS Board. He stated that he would carry out his duties to the best of his capabilities.

"Athletics are not new to me. I was once a coach in schools like Ka-Schiele mentoring athletes and I do believe that I would add value to the Board. I am confident we will work well together with the AAS," he said.



NEW MEMBER: SSSA PRO Victor 'Mavikane' Dlamini.

High absenteeism due to lack of exercise

By Sabelo Majola

SPORTS -Public Sector HIV/AIDS Coordinating Committee (PSHACC) Chairperson Felton Mhlongo has emphasised on the importance of workers to adopting a healthy lifestyle in order to maintain high productivity in the workplace.

Mhlongo was standing in for the Principal Secretary under the Ministry of Public Service Evert Madlopha during the Public Sector Wellness Programme held at Prince of Wales sports ground yesterday. Multiple government ministries and organisation employees gathered at the sports ground to participate in different sporting activities including aerobics,

soccer, volleyball and netball.

Mhlongo said due to lack of exercise, performance at the workplace was greatly affected as workers are not in good physical shape hence the initiative aimed at encouraging workers to exercise and keep healthy.

"There are multiple sick sheets submitted by workers who asked to be excused so that they can attend to health issues affecting them and as a result, absenteeism is on the rise. Common sicknesses are Hypertension (BP) and Diabetes among others. With this programme, we want to ensure that everyone is at the workplace at all times and the nation gets the assistance they require from the workers," he said.



FOCUSED: St Christophers High School, Mzwakhe Fakudze aiming for the Bull's eye.

Darts Schools Champs start on a high

By Dumsani Mnyakeni

DARTS-The Swaziland National Darts of Swaziland (SNDA) Schools Championship kicked off on a high note yesterday.

The tournament held at Zakhele Community Hall was well attended on its first day, where multiple schools around the country competed in this growing sport. Over 300 players competed during the tournament where the best player will walk away with E1000, courtesy of Plus and Minus Accounting.

The tournament was divided into two categories, the under 15s and the under 17s.

Worth noting is that the defending champions Mhlathane High School did not start very

well as their under15 team B, both boys and girls received a 5-2 thrashing from Elangeni High School. The association's Vice President Musa Manyatsi said he was happy with the turnout as well as the commitment shown by the players from the various schools. "I am very happy to see young children taking part in these Championships. It really shows that the sport is moving toward the right direction. It also plays a good role in a young-fresh mind as it can strengthen the brain muscle, improve decision making and also help in maths as there are lot of calculations used in this game," he said.

The Championships will be played over three days with the second and final session being held on June 10 and June 17, respectively.

Scandza a game away from clinching sixth title

By Sibusiso Masilela

DARTS – Five times Darts League champions Scandza are one match away from clinching their sixth consecutive title in the Swaziland Royal Insurance Corporation (SRIC) E50 000.

The team will welcome second placed Correctional in a title decider slated for the Zakhele Community Hall this afternoon.

This is a must win game against the Matsapha based side who will be out to close the gap on the log

leaders who are sitting on top of the table with 75 points in 25 games. Correctional will have to beat Scandza in order to reduce the five-point gap between them and their competitors if keeping their title hopes alive is anything to go by.

Swaziland National Darts Association (SNDA) Public Relations Officer Mduzuzi

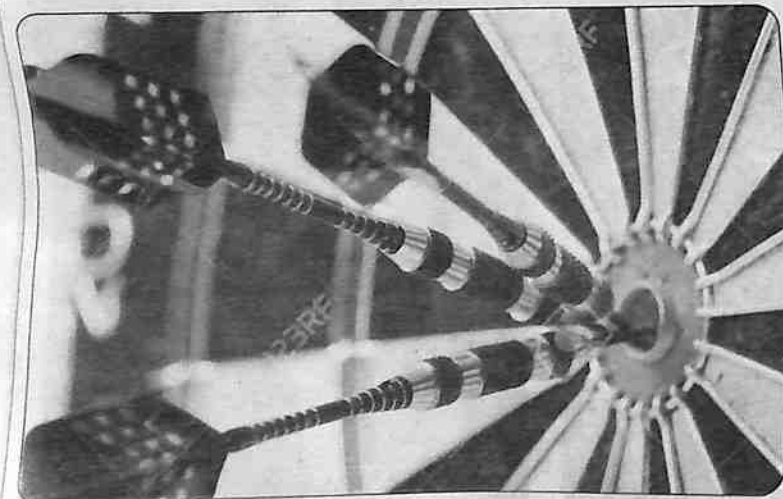
The fixture			
Correctional	vs Scandza	4pm	
Mbabane City Council	vs RSP	4pm	
Railway	vs RSP	4pm	

Masango invited all darts fanatics to attend the games without fail.

"The title is likely to be decided today during the match between Scandza and Correctional and is a must watch clash between the two sides.

Supporters can be guaranteed of fireworks in this encounter. We are looking forward to a great and exciting action throughout the afternoon as there will be two other interesting games taking place," he said.

The SRIC E50 000 Log Top five standings										
	P	W	D	L	LF	LA	LD	PTS		
1.Scandza	25	25	0	0	446	111	335	75		
2. Correctional	25	23	1	1	461	129	332	70		
3.Killowats A	23	20	1	2	377	140	237	61		
4.Ecco Water	25	18	0	7	347	219	128	54		
5.Giant A	26	13	0	13	271	292	-21	39		



GUINEA COACH DECLARES WAR AGAINST SIHLANGU

... Appointment of Normalisation Committee affected team - coach

SOCCER – Guinea interim Coach Mamadou Bangoura has admitted that the installation of the FIFA normalisation Committee affected their AFCON 2017 qualifiers preparations for the game against Sihlangu.

The coach said they had to do a lot of counselling in order to keep the players focused ahead of their

trip to the Swaziland.

"It is true we had a challenge ahead of this tie.

Managed

But we have since managed to keep them focused for this match. All this has been put to rest and the focus is now on the game on Sunday."

The committee was appointed by

FIFA following internal wrangles affecting the Federation, which resulted in all football competitions in the country being halted.

The committee members were selected by FIFA and the Confederation of African Football (CAF) and were tasked with organising the FGF elections by 28 February 2017.

artificial turf at the Somhlolo National Stadium, Bongoura said they have been training on the facility in South Africa throughout the week.

"My players will not have any problems of playing on the artificial surface. They are professionals and must do the job no matter what the circumstances," Bongoura further said. Bangoura appointed the interim coach following the resignation of French born coach Louis Fernandez two weeks ago.

The nation's pride will be looking to compete a double over the West Africans, whom they beat 2-1 in the first leg match played in Casablanca, Morocco, in September last year.

The two teams are tied on five points with Guinea having a better goal difference over the locals.

Stories by Sibusiso Masilela

SOCCER – Guinea National Football team interim Coach Mohamed Bongoura has declared war on Sihlangu, ahead of their AFCON 2017 qualifier slated for the Somhlolo National Stadium tomorrow.

Speaking upon their arrival at the

King Mswati III International Airport yesterday, Bongoura said they were here for nothing but a win, in order to boost their chances of making it through to the continent's showpiece finals in Gabon.

"We are ready for war, following our intensified preparations of the match in South Africa. We want to overturn the first leg loss and further

fight for the qualification spot. We are ready for the challenge, that will be thrown by the opposition, as my team is geared up for the match.

Respect

"We respect Swaziland as one of our group opposition teams but we have a reputation and mission to fulfill at a country" he said.

When asked about the effect of the



DECLARES WAR: Guinea Interim Coach Mohammed Bangoura.

Swaziland Beverages' sponsors Sihlangu

By Sabelo Majola

SOCCER – The national team Sihlangu received a timely boost from Swaziland Beverages, who donated cases of energy drinks and water to be used during their AFCON qualifiers clash on Sunday.

The Hydration sponsorship worth over E3 000, comprising of nine cases of Bonaqua water and Powerade energy drink, was handed over to the team during an event held at Sigwaca Football House yesterday.

Presenting the donation was the company's Beer Manager, Nqobile Fakudze, who said the company saw it fit to support the national team, as they engage in both the AFCON qualifiers tomorrow and the COSAFA Cup, in Namibia next week.

Players

"We want the players to have something to drink and enhance their energy, as they train in preparation for the game tomorrow as well as the upcoming COSAFA Cup.

We believe in the team and believe they will make us proud in both assignments," she said.

National Football Association of Swaziland (NFAS) Media Officer Muzi Radebe expressed gratitude to the company for their kind gesture. He said the sponsorship would go a long way as the team prepares for both tournaments.

Add that they come a long way with the company. we hope that the partnership will only continue to grow and also benefit the game. We challenge business people to emulate SB and contribute towards sports development in the country," he said.

YUKI ONE OF THE BEST COSAFA CUP PLAYERS

By Qondile Ntwane

SOCCER – Retired soccer star Dennis Yuki Masina has been described as one of the players that has had a huge impact on the COSAFA Castle Cup.

The retired Mpumalanga Black Aces star has made 14 appearances for Swaziland in the competition over eight years, after playing his first tournament in 1999 and his last in 2007.

According to a statement released by COSAFA yesterday, the player enjoyed some outstanding performances in that time, and led Swaziland to some famous wins, even though he could not quite take them to the title.

The former Manzini Wanderers star is said to have made his debut in the competition in a 3-1 victory over Mozambique, in which he scored the

third goal for Sihlangu and also played for the side in a 1-1 draw with Zimbabwe, that saw Swaziland take the tie in a post-match penalty shoot-out for another famous victory.

"That set up a tie with Namibia in Windhoek, but although Masina grabbed a late equaliser for Swaziland, they lost on penalties after a fine in the competition. The following year he played, as Swaziland lost to a strong South Africa side, but in 2001 they roared back with another huge win," reads the statement.

The dreadlock striker was again a star in 2002, which proved another successful campaign for Swaziland in the COSAFA Castle Cup. The squad defeated Namibia 2-1, before going on to defeat Zimbabwe 2-0 in one of their finest ever performances in the competition.

"Masina returned to the competi-

tion in 2006 after a spell playing in Belgium, but lost against South Africa before beating Madagascar in their first round pool third-place playoff."

"After a penalty shoot-out loss to Mauritius, the following year, Masina's final game in the COSAFA Castle Cup in 1997 came with a 1-0 victory over Malawi, to see him finish on a high note."

Masina started his club career with Manzini Wanderers in his homeland before a move to South African side Umtata Bush Bucks in 2000. He later joined SuperSport United before heading to Belgium, where he turned out for Mechelen.

He returned to SuperSport in 2006 and spent two seasons with Orlando Pirates, before joining Mpumalanga Black Aces, (initially on loan) before making the move permanent.

"After such a long and distin-



STAR: Dennis Yuki Masina.

guished career, he can look back on the COSAFA Castle Cup as a competition that provided a boost to his career, and as a tournament of discovery," reads the statement.

Carmichael's future at 'Downs' to be known next Sunday

By Sabelo Majola

SOCCER – Mark Carmichael's future with Manzini Sundowns will be officially known next week Sunday.

This will be during the team's Annual General Meeting (AGM) to be held at the Manzini Club.

Sundown's AGM was scheduled for this coming Sunday, but due to the national team assignment with Guinea in the AFCON qualifier game, slated for the same day at Somhlolo National Stadium, the event was postponed to next week Sunday.

Patron

"Sundowns is governed by a Board of patrons who have the responsibility to appoint the team's MD.

If the MD decides to part ways

with the team, he hands over his resignation to the Board and as far as I know, the Patrons have not received any resignation letter from Mark and he hasn't said anything to me as the team's spokesperson in that aspect.

Coming

It is only this coming Sunday in our AGM, that we will get to know his future in team stands as he is expected to make an official statement," he said.

Matsenjwa then urged Sundown's supporters to cramp Manzini Club, tomorrow at 9.30am, to support the team's Reserve League side as they lock horns with Midas City, before heading to Somhlolo to support Sihlangu, particularly the team's captain Phumlani Dlamini, who is part of the national team.

Beckoning moment for Buffs in Reserve League

By Sibusiso Masilela

SOCCER – Two times PLS Reserve League champions, Young Buffaloes, will be out to clinch their third straight title of the development league, when they visit Royal Leopard today at the Manzini Club.

The army side have, in the past three years, dominated the youth league, introduced by the PLS Chairman, Victor Gamedze, to try and produce players for the elite league teams.

'Amathole Ezinyathi' as Buffaloes is fondly known, has also managed to clinch the 2015 Charity Cup Under 20 and the 2016 SwaziBank Cup Under 20, making them the development powerhouses in the local football scene.

Buffaloes today need a point or a win in order to maintain their pedigree, in what has been another exciting 2015 / 16 season, at the expense of the revamped Leopard, who have had their best campaign in three years.

The police service ensemble need

nothing but a win in order to end the Buffaloes dominance and clinch their first league title, as they are sitting second with 23 points; a point behind the current log leaders.

The league has already produced several national Under-20 players in the likes of Manzini Sundowns trio: Justice Figarreto; Lwethu Simelane; and Senzo Shongwe, Mbabane Swallows' Sizolwethu Shabalala and Young Buffaloes' striker, Sanele Ngcamphalala, who took the premier League by storm recently, ended campaign after scoring seven goals for his side in his maiden season and also scooping a Player of the Month for the month of November.

Teams	P	W	D	L	GF	GA	GD	PTS
Young Buffaloes	10	8	0	2	12	3	9	24
Royal Leopard	10	7	2	1	20	8	12	23
Manzini Wanderers	10	7	1	3	12	6	6	19
Mbabane Swallows	10	5	2	3	19	5	13	17
Manzini Sundowns	10	4	3	3	9	8	1	15
Red Lions	10	4	2	4	9	11	-2	14
Green Mamba	10	3	4	3	16	11	5	13
Sea Birds	10	4	1	5	7	6	1	13
Malanti Chiefs	10	3	3	4	11	14	-3	11
Mbabane Highlanders	10	3	2	5	10	11	-1	11
Midas City	10	0	3	7	6	26	-18	3

AFCON 2017 QUALIFIERS FIXTURES

Today

15:00	Burundi	v	Senegal
15:30	Rwanda	v	Mozambique
15:30	Sao Tome	v	Cape Verde
16:00	Namibia	v	Niger
16:00	Tanzania	v	Egypt
16:00	Botswana	v	Uganda
16:30	South Sudan	v	Mali
16:30	Sierra Leone	v	Sudan
18:00	Guinea-Bissau	v	Zambia
19:00	Gambia	v	South Africa
19:30	Ivory Coast	v	Gabon

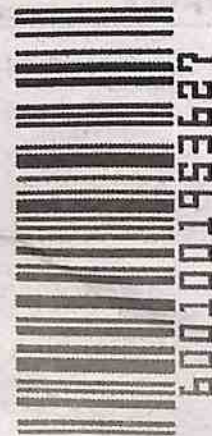
Tomorrow

13:00	Mauritius	v	Ghana
14:00	Kenya	v	Congo
14:00	Benin	v	Equatorial Guinea
14:00	Liberia	v	Togo
14:30	Madagascar	v	Congo
15:00	Swaziland	v	Guinea
15:00	Zimbabwe	v	Malawi
15:00	Comoros	v	Burkina Faso
15:00	Lesotho	v	Ethiopia
16:00	Central African R	v	Angola



IF SPORT IS YOUR BIBLE, THEN WE'RE YOUR CHURCH

SPORT



JUNE 4, 2016

HIGHLIGHTS

- **BOOST**
SWAZILAND
BEVERAGES
SPONSORS
SIHLANGU



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- **ALL SET**
DARTS SCHOOL
CHAMPIONSHIPS
START ON A HIGH,

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- **KODAK**



GUINEA NATIONAL
TEAM ARRIVAL IN
PICS

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- **JOSE THE 'POPE'**
JOSE MOURINHO
TO BE 'POPE'

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AFCON 2017 QUALIFIERS:



... Guinea Coach declares war against Sihlangu, ahead of their clash at the Somhlolo National Stadium tomorrow